

# **ANNOUNCING:**

## **Grants Available to Cities and Counties for Tobacco Cessation Programs**

### **AVAILABILITY OF FUNDS AND REQUIREMENTS:**

The North Dakota Department of Health Tobacco Prevention and Control Program announce the availability of \$7,000 in funds for tobacco cessation programs for city and county employees and their dependents.

We are currently requesting proposals for the July 1, 2015 to June 30, 2017 funding period for these funds. Funds are available on a one or two year contract basis. The match requirement is three to one, meaning for every three dollars of grant funds, one dollar in local, non-federal matching funds is required. Funds may be used for staff time, supplies, promotion, cessation medications, etc.

All applications will be funded upon receipt and approval of an acceptable application.

### **WHY CESSATION PROGRAMS ARE NEEDED:**

Tobacco use is the leading preventable cause of death and disease in the United States today. Tobacco use increases the risk for lung and other cancers and for cardiovascular and respiratory diseases. The Centers for Disease Control estimates that cigarette smoking and exposure to secondhand smoke are responsible for more than 480,000 deaths per year, 1,000 of them being North Dakotans. Tobacco use is costly to North Dakota. Each year smoking costs the state an estimated \$558.6 million in direct medical expenditures and lost productivity.

According to the **2013** Behavioral Risk Factor Surveillance System (BRFSS), North Dakota adult smoking ranks slightly **higher** than the national rate (**19.0**) at **21.2** percent. Of those, **51.0** percent have tried to quit for one day or longer (**national rate is 59.7**). North Dakota adult male smokeless tobacco rates are also above the national rate. According to the **2013** BRFSS, **13.9** percent of North Dakota adult males currently use chewing tobacco (**national rate is 7.8**).

### **REPORTING REQUIREMENTS:**

Request for Reimbursement

Grantees are required to submit request for reimbursement at least quarterly. Grantees may file monthly requests for reimbursement to facilitate budgeting and accounting efforts. The request for reimbursement will not be processed if progress reports are not submitted by designated deadlines.

#### Reporting Period

July 1, 2015 – December 31, 2015  
January 1, 2016 – June 30, 2016  
July 1, 2016 – December 31, 2016  
January 1, 2016 – June 30, 2016

#### Required Deadline

January 15, 2016  
July 15, 2016  
January 15, 2017  
July 15, 2017

## Progress Reports

Quarterly and final progress reports are required.

### Reporting Period

Reporting Period

July 1, 2015 – December 31, 2015

January 1, 2016 – June 30, 2016

July 1, 2016 – December 31, 2016

January 1, 2016 – June 30, 2016

### Required Deadline

Required Deadline

January 15, 2016

July 15, 2016

January 15, 2017

July 15, 2017

All progress reports must be sent by email to the North Dakota Department of Health Tobacco Prevention and Control Program.

### **HOW TO APPLY:**

To apply for the funds, communities must submit a plan for a cessation program. The plan should include the following:

1. Name, address and phone number of contact person(s).
2. Time frame for the project.
3. Itemized budget and budget narrative.
4. Estimated number of individuals the program will serve.
5. Identification of the source and amount of matching funds.
6. Description of the program.
7. Monitoring and evaluation plan for the program.

### **NOTIFICATION OF GRANT AWARDS:**

Programs will receive notification of approval of their applications within 90 days of submission.

Approval or continuation of a contract resulting from this solicitation is contingent upon continuing appropriation. The contract may be terminated by the state or modified by agreement of both parties in the event funding from the state is not obtained or continued at sufficient levels.

### **APPLICATION DEADLINE:**

Communities may apply at any time during the July 1, 2015 – April 15, 2017 funding period and applications will be considered dependent on the availability of funds.

### **For further information about the grants, contact:**

Kara Hickel

Communications and Disparities Coordinator

Tobacco Prevention and Control Program

North Dakota Department of Health

600 E. Boulevard Ave., Dept. 301

Bismarck, N.D. 58505-0200

Telephone: 701.328.3419

Fax: 701.328.2036

E-mail: [khickel@nd.gov](mailto:khickel@nd.gov)

