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Working Together

Preventing and Managing Chronic Disease in North Dakota

May 20 and 21, 2013

Best Western Ramkota Hotel * Bismarck, N.D.



Sponsored by:

- North Dakota Department of Health
- Healthy North Dakota Worksite Wellness



NORTH DAKOTA
DEPARTMENT of HEALTH



May 20 Conference Agenda

8:00 - 9:00 a.m.	Registration and Continental Breakfast
9:00 - 9:15 a.m.	Welcome Terry Dwelle, M.D., State Health Officer, and Karalee Harper, M.Mgt., L.A.C., Director of the Division of Chronic Disease, North Dakota Department of Health
9:15 - 10:30 a.m.	Keynote Speaker – <i>What Is Chronic Disease Collaboration?</i> Nikki Hayes, M.P.H., Acting Branch Chief, Comprehensive Cancer Control Branch, U.S. Centers for Disease Control and Prevention
10:45 - 12:00 p.m.	Keynote Speaker – <i>Early Life Lasts a Lifetime: Chronic Disease Prevention Starts at Conception</i> Stephen Bezruchka, M.D., University of Washington
12:00 - 1:15 p.m.	Lunch / Vendors Cancer Coalition business meeting (box lunch)
1:15 - 2:15 p.m.	Breakouts 1) <i>Communicating Prevention: Making the Case for Prevention and Health Equity</i> – Sana Chehimi, M.P.H., Prevention Institute 2) <i>Making the Case for Chronic Disease Programming Through Surveillance and Evaluation</i> – Nikki Hayes, M.P.H. 3) <i>Healthy Choices</i> – Joan Enderle, R.D., M.B.A., American Heart Association - Midwest Affiliate
2:30 - 3:30 p.m.	Breakouts 1) <i>HPV/Oral Health/Tobacco</i> – Anu Grandhi, D.D.S., Sanford Health 2) <i>Integrating Public Health and Primary Care To Improve Diabetes Control</i> – Donald Warne, M.D., M.P.H., NDSU, Public Health Graduate Program 3) <i>Working with the Media</i> – Stacy Eberl, Public Information Officer, North Dakota Department of Health
3:45 - 4:45 p.m.	Closing Session – <i>The Intersection of Health Services & Community Environments</i> Sana Chehimi, M.P.H.
4:45 - 6:00 p.m.	Social Hour

Monday's Keynote Speakers

Nikki Hayes, M.P.H., joined the U.S. Centers for Disease Control and Prevention as a Public Health Advisor in 2002. She is currently the acting Branch Chief in the Comprehensive Cancer Control Branch of the Division of Cancer Prevention and Control. She is responsible for the management of the National Comprehensive Cancer Control Program. As a public health professional, Ms. Hayes is committed to identifying and resolving the challenges and factors that influence poor health outcomes as they relate to health disparities in largely underrepresented and underserved communities.

Stephen Bezruchka, M.D., is a graduate of Harvard, Johns Hopkins and Stanford universities and practiced as an emergency physician for 30 years. He has spent more than 10 years in Nepal setting up community health projects and training Nepali doctors, as well as consulting on public health. He is currently a Senior Lecturer in the Departments of Health Services and Global Health at University of Washington where he teaches courses in population health. He received the 2002 Outstanding Teacher Award and the 2008 Faculty Community Service Award in the School of Public Health. Dr. Bezruchka lectures widely about the determinants of health to diverse audiences ranging from the homeless to middle- and high-school students to professional organizations. He directs the Population Health Forum at the University of Washington, a group that tries to engage Americans in questioning why they die so much younger than people in all the other rich nations and a few poor ones, despite spending close to half of the world's health care bill.

May 21 Conference Agenda

7:00 - 8:00 a.m.	Healthy Community Walk Audit: Building Community Engagement Mark Fenton, M.S., Adjunct Associate Professor, Tufts University (Friedman School of Nutrition Science & Policy)
7:45 - 8:30 a.m.	Registration and Continental Breakfast
8:30 - 10:00 a.m.	Keynote Speaker – <i>Creating Healthy Communities with Stickier Designs</i> Mark Fenton, M.S.
10:15 - 11:15 a.m.	Breakouts 1) <i>Improving Mental Health and Chronic Disease</i> – Craig Degree, Ph.D., Archway Mental Health 2) <i>Good Oral Health is Good Health</i> – Monique Morisseau, M.D., St. Mary's Family Practice Residency 3) <i>Using Motivational Interviewing to Help Patients Manage Their Chronic Disease, Part 1 of 2</i> – Stephanie Ballasiotes, M.C., 2 Steps Forward Training
11:30 - 12:30 p.m.	Breakouts 1) <i>Creating Healthier School Environments</i> – Mark Fenton, M.S. 2) <i>Using Motivational Interviewing to Help Patients Manage Their Chronic Disease, Part 2 of 2</i> – Stephanie Ballasiotes, M.C. 3) <i>Worksite Wellness</i> – Pete Seljevold, M.S., M.M., Blue Cross/Blue Shield of North Dakota
12:30 - 1:30 p.m.	Lunch / Vendors
1:45 - 2:45 p.m.	Keynote Speaker – <i>Chronic Disease Disparities in North Dakota: Strategies from the NDSU MPH Program</i> Donald Warne, M.D., M.P.H., NDSU, Public Health Graduate Program
3:00 - 4:30 p.m.	Closing Speaker – <i>Generational Differences</i> Pam Sagness, L.A.C., Prevention Administrator of Mental Health and Substance Abuse Services, North Dakota Department of Human Services

Tuesday's Keynote Speakers

Mark Fenton, M.S., is an independent public health, planning and transportation consultant with an engineering background, as well as an author, adjunct professor and former PBS television host. He speaks regularly on topics ranging from personal health and fitness programs to local, state and national-level initiatives to create more livable, sustainable and successful cities and towns. He works frequently with public health, planning and engineering agencies, along with worksites and schools to create healthier settings and more active populations. He has a particular interest in creating more bicycle- and pedestrian-friendly communities.

Donald Warne, M.D., M.P.H., is the Director of the Master of Health Program at North Dakota State University. Dr. Warne is a member of the Oglala Lakota tribe from Pine Ridge, S.D., and comes from a long line of traditional healers and medicine men. He received his M.D. from Stanford University in 1995 and his Master of Public Health from Harvard University with a focus on health policy in 2002. He has completed fellowships in Alternative Medicine from the Arizona Center for Health and Medicine and in Minority Health Policy from Harvard Medical School. Dr. Warne's work experience includes several years as a primary care and integrative medicine physician in Arizona, and three years as a staff clinician with the National Institutes of Health in Phoenix. He currently serves on the National Board of Directors for the American Cancer Society and is on the National Advisory Council on Breast Cancer in Young Women for the Centers for Disease Control and Prevention.

Objective of the Conference:

The objective of this coordinated chronic disease conference is to provide participants with the knowledge necessary to apply the presented concepts in prevention and care of patients with chronic diseases including heart disease and stroke, cancer, diabetes, oral health diseases and arthritis. The concepts include current guidelines, mental health concerns, health disparities, motivational interviewing and the successful implementation of health interventions in daily life.

Who Should Attend:

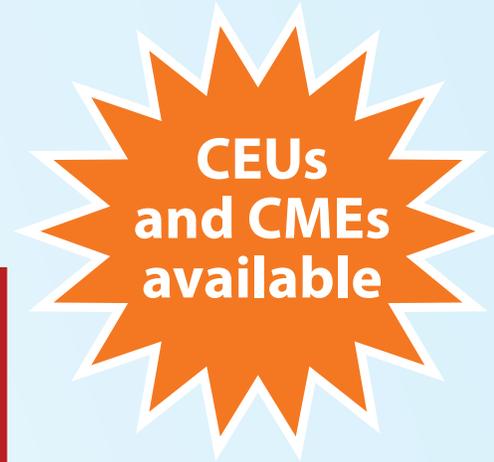
Public health professionals, physicians, health-care professionals, community members, partners and others working towards the goal of reducing and controlling chronic disease in North Dakota.

Registration Information:

Two-day conference pass: \$75

One-day conference pass: \$50

Breakfast and lunch are included in the registration fee.



Register Online Only

To register, go to:

www.chronicdiseaseconference2013.eventbrite.com.

Hotel Information:

A block of rooms has been reserved at the Best Western Ramkota Hotel, 800 S. 3rd St., Bismarck, N.D. 58504. These rooms are reserved at the North Dakota State rate of \$69 plus tax (for state employees) or \$89 plus tax (for non-state employees).

To reserve a room at the Ramkota, call 701.258.7700 and ask for rooms reserved under the North Dakota Chronic Disease Conference. To ensure you receive the state rate, reservations must be made by May 1, 2013. After that date, the rooms will be released. You are responsible for making your hotel reservations.

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of North Dakota School of Medicine and Health Sciences and the North Dakota Department of Health. The University of North Dakota School of Medicine and Health Sciences is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of North Dakota School of Medicine and Health Sciences designates this live education activity for a maximum of 10 Category 1 Credit(s)™. Physicians should claim credit commensurate with the extent of their participation in the activity.