

Stepping On

Instructions for Implementing Stepping On Evaluation

Program evaluation for Stepping On (SO) is needed to document the program effectiveness and to assist in developing program improvement. The evaluation for SO has been designed to be easy for class leaders to implement and for class participants to complete. There are two steps to the evaluation.

First, there is an evaluation tool to be administered at the end of the last SO class. It includes some basic demographic information and a post-then-pre design. This design is being used so that class leaders do not need to match pretest (given at the beginning of a program) with posttest (given at the end of a program). This design gives a better assessment of the true gains participants make on sensitive topics.

After the first evaluation tool has been given, you may want to summarize the demographic information for your records. Summarize the open-ended questions to help you in planning for future classes. For the post-then-pre questions on the second page, look at each question to determine if the posttest responses are better than the pretest responses. If they are, the participants made gains by being in the program.

Second, there is an evaluation tool to be administered at the 3-Month Booster Session. It includes questions on the actual behavior changes made or actions taken since the workshop. After the evaluation has been completed, review question 2 for responses to determine if participants have taken actions important to reducing risk of falls.

Follow the instructions below for both evaluation tools:

Print off copies of the evaluation form. Be sure to have pencils for each participant. Allow 15 minutes to complete the evaluation form. Let the participants know this evaluation is anonymous and no one will know who made specific comments. Encourage them to be frank.

Read aloud the Stepping On Information Sheet/Consent form so participants understand the evaluation is voluntary and they are not required to complete it. The evaluation has been sent through North Dakota State University's Institutional Review Board.

Send the individual evaluation forms to:

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