#### **Primary Prevention Partners Meeting**

#### September 21, 1:00 – 4:00 p.m.

#### State Capitol, J-wing, AV Room 214A and

#### **Videoconference Locations**

1:00 p.m.	Welcome and Introductions
1:15 p.m.	Before and After Game – Mallory Sattler and Jennifer Obinna
2:00 p.m.	Community Readiness Scores – Jennifer Obinna
2:30 p.m.	Green Dot – Amber Flynn, UND
3:00 p.m.	Member Updates and Topics of Discussion
3:30 p.m.	Next Meeting

Directions to AV 214 A – Park in visitor parking lot on east side of capitol. Take elevator to  $2^{nd}$  floor and follow the signs.

Videoconference Locations (notify me for additional sites)		
Fargo Cass Public Health (Linden Room)		
Beulah – Coal Country Community Health Clinic		
Hillsboro - Traill County District Health		
Grand Forks – Public Health		
NDDoH Burlington Office		
Lisbon Area Health Services		

#### **Primary Prevention Partners Meeting Minutes** September 21, 2016 1:00 – 4:00 p.m.

Present: Deanna Askew, NDDoH; Peggy Jo Coll, CVIC; RACC; Jennifer Obinna, The Improve Group; Jacob Olson, APOC; Lisa Weisz, WARC; Veronica Zietz, CHI St. Alexius; Kathy Smith, RACC; Nicole Brunelle, ND Dept of Health; LeAnn Fix, Lisbon Area Health Services; Amber Flynn, UND; Suzie Kramer-Brenna, CAWS; Taylor Sorenson, CVIC; Lori Yarbrough, AARC; Darianne Johnson, DVRCC

#### • Before and After Game

- The group participated in the Before and After Game which has participants discuss prevention strategies and where they fall on the continuum between intervention and prevention of domestic violence and sexual assault
- The Activity is easy to recreate and can be found on the Toolkit <u>http://www.ndhealth.gov/injury/nd\_Prevention\_Tool\_Kit/ExercisesAndActivities.html</u>

#### • Community Readiness Assessments

- Jennifer Obinna discussed Community Readiness from the Tri-Ethnic Center for Prevention Research. It uses interviews with 2-3 community partners to assess the community's level of readiness for prevention based on 5 dimensions.
- These scores should be used to plan activities and strategies in communities. Attempting an activity that a community is not ready for may be unsuccessful.
- Seventeen of the twenty one domestic violence/rape crisis agencies participated in this effort in 2011. Fact sheets were shared with agencies in attendance.
- The guide for conducting Community Readiness can be found on the toolkit <u>http://www.ndhealth.gov/injury/nd\_Prevention\_Tool\_Kit/CommunityReadiness.html</u>
- Page 40 includes ways to raise readiness level scores.
- If agencies are interested in repeating Community Readiness Assessments in their community, you can contact the Department of Health for support.

#### • Green Dot

- Amber Flynn explained the Green Dot efforts at UND <u>http://und.edu/health-wellness/hub/green-dot/index.cfm</u> (PPT attached)
- Green Dot is considered evidence based and targets all community members as potential bystanders in proactive behaviors that establish intolerance of violence

 Contact Amber Flynn for more information Amber Flynn, MS Coordinator of Sexual Respect & Violence Prevention University of North Dakota McCannel Hall, Room 170 2891 2nd Ave N. Stop 8262 Grand Forks, ND 58202 O 701.777.2097 | D 701.777.3807 amber.flynn@UND.edu

- Training can be expensive and there is no train the trainer, but it is possible to host a community training.
- Minot AFB and Grand Forks AFB are implementing as well

#### • Member Updates

- o Lisa Weisz Lost prevention staff so talking to schools counselors to adjust
- <u>Suzie Kramer Brenna</u> Agribank grant for bystander intervention in Bars in Western, ND, offered technical assistance; Wrote Raliance grant for prevention in youth and teens as part of millennial discussion follow-up
- <u>Darianne Johnson</u> October 19 is DV Awareness Presentation at CHI in Dickinson; A teacher (Stan Stelter's daughter) in Hettinger may do Coaching Boys into Men
- <u>Veronica Zietz</u> Partnering with DV agencies on October Awareness Month;
  Working with Pastors in youth ministry on Safe Dates; STOP training in Williston;
  Working on implementing Within my Reach curriculum
- Jacob Olson Doing Safe Dates in Cooperstown; Valley City State Univ presentation; Safe Dates in High Schools; Using Social Norms Pie and Men Can Stop Rape Bystander activities; Interested in Bystander Intervention; Developmental Psychology class; Using Jackson Katz Ted Talk
- <u>Lori Yarbrough</u> Trained Bismarck/Mandan law enforcement; working with BSC on SART; monthly training at UTTC; Hospital awareness; Coordinating PULSE
- <u>Peggy Jo Coll</u> doing Friendships that Work in Rural Schools; Drive for Change Golf (Positive Gender Norms) event next week; Working with Community Action Team (CAT)
- <u>Nicole Brunelle</u> Session on Human Trafficking identification at Trauma Preconference
- <u>Mallory Sattler</u> Had several speakers on sexual violence primary prevention at Injury Prevention and Control Conference; sending monthly toolkit updates; planning future toolkit webinars

#### **Next Steps**

- Future Meetings January, April, July and October
- Mallory will give two reoccurring options for people to indicate availability
- Will continue to host in Bismarck for now
- Future Meeting Topics may include:
  - Safe Dates Adaptation vs. Program Change
  - o Activities that go deeper into prevention knowledge
- Should invite partners in DPI, Title IX Directors and other DV Directors to future meetings.

### Welcome! – We will begin shortly

# PRIMARY PREVENTION PARTNERS MEETING

September 21, 2016

#### **Rape Prevention and Education Grant**

- Primary Prevention of Sexual Violence
- Public Health Approach
- 2 RPE Grantees and Evaluator
- Guided by State Plan



### **Primary Prevention Partners**

- Inspired by State Plan
- Intimate Partner Violence and Sexual Violence Primary Prevention
- Share activities and resources
- Discuss collaboration
- Leverage Resources

### What is Primary Prevention?

Seeks to prevent individuals from ever becoming victims or perpetrators of domestic violence and or sexual violence by giving them the skills and knowledge to build healthy relationships

# **Prevention Continuum**



To "treat", after violence occurs, support victims to heal and provide treatment to offenders To intervene, prevent violence from happening again and deal with short-term consequences Before violence or behavior occurs, work on changing attitudes and norms that support it

Primary prevention does not replace intervention, it compliments it.

# **Before and After Game**

Located on Activities and Exercise Page

<u>http://www.ndhealth.gov/injury/nd Prevention Tool Ki</u> <u>t/ExercisesAndActivities.html</u>



#### **Grand Forks Community Readiness Results**

	2011	2014
A. Community Efforts	8	7
B. Community's Knowledge of Efforts	4	6
C. Leadership	5	6
D. Community Climate	5	5
E. Community's Knowledge of the Issue	4	4
F. Resources	6	6
Overall Score	5.33	5.67

#### Fargo Community Readiness Results

	2011	2014
A. Community Efforts	7	7
B. Community's Knowledge of Efforts	3	6
C. Leadership	3	6
D. Community Climate	4	4
E. Community's Knowledge of the Issue	4	4
F. Resources	4	6
Overall Score	4.17	5.50

# Thank you!

Mallory Sattler

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#### Green Dot at The University of North Dakota Amber Flynn, MS



### Why Bystander Education?

- Mandated by VAWA to provide bystander education to students
- Research suggests that rates a violence have remained unchanged for sometime
- Bystander Education is important to effect change of those surrounding the situation
  - The third character of the story
- Green Dot was chosen because it was evidence based
  - And....it would be good for branding purposes



### History of Green Dot

- National Program
  - Created by Dr. Dorothy Edwards
  - Evidence-based
  - Over 100 college campuses, communities and high schools have implemented
    - Air Force signed a 5 year contract with Green Dot in 2016
- Helps to establish new norms around violence
  on campus
- Assists in educating the campus community about violence and being active bystanders



#### History of Green Dot at UND

- Sent 4 staff members to facilitator training in November 2014
  - Green Dot is a facilitator trained program NOT at train the trainer program
- Soft launch to faculty, staff and administrators in January 2015
- Website launch in February
- First Green Dot training for students in April 2015
- Multiple overview speeches given in Spring and Fall 2015
  - These are typically anywhere between 30-90 minutes



• Official launch in October 2015

#### **Green Dot Overview**

- A vision for a future free from violence
- Creating and establishing new norms
  - Violence won't be tolerated here
  - Everyone is expected to play a role
- Consider this
  - No one has to do everything but everyone can do something
- Red Dots
- Green Dots
  - Reactive
  - Proactive



#### Green Dot Overview cont.

- Doing Green Dot's can be hard sometimes.
- The 3 D's
  - Direct
  - Delegate
  - Distract



# **Training Opportunities**

- 6 hour trainings
  - Early adopters
- 3 hour trainings
  - Student groups
- Overview speeches
  - 30-90 minutes
  - Anybody



### How can I get trained?

- Individuals Green Dot institute
  - Scholarships are available
- Campus hosted training
  - Can train as many people as you want
- Community hosted training
- Opportunity for collaboration if a site hosted a training and multiple entities attended.



### What thoughts do you have?

