

## **Information About Support Groups**

### Greetings:

In response to the COVID-19 pandemic and our extended absence in being able to safely meet in person, RAAN has developed the following process to provide a supportive environment and connect with others living with HIV/AIDS.

- Please call to RSVP before attending each group and if you have any questions.
  - To reduce the spread of COVID-19 in our community, we are requesting you answer these questions before entering a group location. If you answer **yes** to any of these questions, we ask you to not attend in person.
  - Do you currently or have you in the past 24 hours had a cough, fever, shortness of breath or other symptoms of illness?
  - In the past 14 days, have you been in close contact with someone confirmed as having COVID-19?
  - Have you been confirmed or suspected as having COVID-19? or:
    - Have you have had a fever in the past three (3) days; or
    - Have you have had any COVID-19 related symptoms in the seven (7) days.
- We are requiring all participants to wear a face covering throughout the group while maintaining 6 feet of personal/social space from one another.
  - o If you do not have a face covering one will be provided.
  - Hand sanitizer will be available.
  - Each meeting site will be cleaned and sanitized before entry.
- Due to the uncertainty of COVID-19 groups may move to a phone/conference call venue.

North Dakota residents in Dickinson/Williston and surrounding areas are encouraged to attend groups in Bismarck/Minot. Please contact your Ryan White case manager for transportation assistance.

If you have any questions on any support group, please contact:

Christopher Wegner Rural AIDS Action Network 218-443-3335 christopher@raan.org

# **2021 Support Groups**

## Fargo/Moorhead

Are held every 3<sup>rd</sup> Wednesday of each month from 12:00 PM – 2:00 PM on the following dates:

January 20	July 21
February 17	August 18
March 17	September 15
April 21	October 20
May 19	November 17
June 16	December 15

Please call Rural AIDS Action Network to RSVP or RAAN case manager at 877.403.1815 for details and answers to your questions

#### Jamestown

JoElle's Loving HANDS Group

Monday, July 12, 6:00 PM Monday, November 8, 6:00 PM Monday, March 8, 2022 6:00 PM

Call Christopher to RSVP and for details and answers to your questions for Jamestown Support Group



## Bismarck/Mandan

RAAN Support Group sessions in Bismarck/Mandan are from 4:00 P.M. – 6:00 P.M. on the following dates:

April 18	October 17
May 23	November 14
June 20	December 12
July 18	January 23, 2022
August 22	February 20, 2022
September 26	March 13, 2022

#### Minot

RAAN Support Group sessions in Minot are from 2:00 P.M. – 4:00 P.M. on the following dates:

April 17	October 16
May 22	November 13
June 19	December 11
July 17	January 22, 2022
August 21	February 19, 2022
September 25	March 12, 2022

Call Christopher to RSVP and for details and answers to your questions for Bismarck/Mandan/Minot Support Group

