

# Act **FAST** at the first sign of **STROKE**



## Know the sudden signs:

- Numbness or weakness of the face, arm, or leg, especially on one side of the body
  - Confusion or inability to speak
  - Loss of vision in one or both eyes
- Dizziness, loss of balance, or difficulty walking
  - Severe headache with no known cause

## Call **9-1-1** when you see the signs

Immediate treatment can prevent long-term disability. Every minute a stroke goes untreated, 1.9 million brain cells die.

When you call 9-1-1 a stroke-ready team is alerted and will prepare for your arrival. Emergency medical personnel will begin life-saving care en route to the hospital.

[ndhealth.gov/heartstroke](http://ndhealth.gov/heartstroke)



[StrokeAssociation.org](http://StrokeAssociation.org)