

## North Dakota WIC Program Guide to Using the Medical Documentation Form

### Process to Issue Special Formula and WIC-eligible Nutritionals (Medical Foods)

- Provide the participant with the WIC Medical Documentation Form to take to the healthcare provider to complete. This form can also be faxed after receiving permission from the participant.
- After receiving the completed form, enter the necessary information into LegeNDS. Scan the form and attach it to the family's record in LegeNDS.
- If the form is not completed or the participant brings in a prescription from their healthcare provider without all of the necessary information, you can issue the prescribed special formula/nutritional (medical food) for one month only, but cannot issue any supplemental foods until a completed form is received.
- It is important to work with the participant and the healthcare provider to get the form completed accurately.

### Issuing Special Formulas and WIC-eligible Nutritionals (Medical Foods)

- Review the Formula Issuance Guide for more specific instructions.
- Examples of allowable medical diagnoses
  - Prematurity/Low birth weight
  - Inadequate Growth/Failure to thrive
  - Inborn errors of metabolism
  - Gastrointestinal disorders
  - Malabsorption syndromes
  - Immune system disorders
  - Diagnosed food allergies
  - Life threatening disorders
  - Developmental sensory/motor delays
  - Diseases and medical conditions that impair ingestion, digestion, absorption, or the utilization of nutrients that could adversely affect the participant's nutrition status
- Examples of not allowable medical diagnoses - formula intolerance, personal preference, spitting up, colic, solely for the purpose of enhancing nutrient intake or managing body weight without an underlying medical condition

### Notes

- Infants 6 to 11 months of age who cannot eat solid foods can receive the amount of formula provided to 4 to 5 month olds only with medical documentation.
- Whole milk can only be provided to women and children  $\geq 2$  years of age if they are also receiving a special formula/nutritional (medical food) with medical documentation.
- Baby food fruits and vegetables can only be provided to children (1 through 4 years of age) if they are also receiving a special formula/nutritional (medical food) with medical documentation.
- 1% or skim regular and lactose free milks can only be provided to children 12 to 24 months of age who have been assigned the risk code, high weight-for-length, at certification/mid-certification. Medical documentation is not required.
- Soy milk can be provided to children only after assessment and documentation by the WIC dietitian/nutritionist. Medical documentation is not required.