



REQUEST FOR WIC FORMS

NORTH DAKOTA DEPARTMENT OF HEALTH - DIVISION OF NUTRITION AND PHYSICAL ACTIVITY
600 EAST BOULEVARD AVENUE DEPT 301 - BISMARCK, NORTH DAKOTA 58505-0200
SFN 5939 (Revised 3-14)

Agency Name		Date	
Shipping Address (No P.O. Boxes please)		City	State ND
			Zip Code

ORGANIZATIONAL

- _____ WIC ID Cards
- _____ Plastic Folders
- _____ Rights and Responsibilities Card/Welcome to WIC
- _____ WIC Proxy Form
- _____ How to Use Your WIC Checks
- _____ WIC Check Stock (bundles of 500 pages)
- _____ WIC Food List - English
- _____ WIC Food List - Spanish
- _____ Community Services (Referral Brochure)
- _____ And Justice For All poster
- _____ Your Child's WIC Measurements notepad (50 sheets)
- _____ Breastfeeding Welcome Here poster
- _____ Wichealth.org Participant Insert
- _____ Wichealth.org Flyer (8½ x 11 inches)

OUTREACH

- _____ WIC – Because You Care Outreach Brochure
- _____ WIC Outreach Poster
- _____ Breastfeeding Peer Counseling Outreach Brochure
- _____ Breastfeeding Peer Counseling Outreach Poster

NUTRITION EDUCATION

Infants

- _____ Helpful Hints for Feeding Newborns (IND-1)
- _____ Bottle-Feeding Basics (IND-2)
- _____ Helpful Hints for Breastfeeding Newborns (IND-3)
- _____ Starting Cereal (IND-4)
- _____ Vegetables, Fruits and Meats (FB-5)
- _____ Time for a Cup (FBND-6)
- _____ Starting Table and Finger Foods (FBND-8)
- _____ Let's Eat (NWA magazine)

NUTRITION EDUCATION (Continued)

Children

- _____ Feeding Your Toddler (CND-1) (English or Spanish)
- _____ Time To Stop Using the Bottle (CND-3)
- _____ Parents Provide, Kids Decide (CND-4)
- _____ Feeding Your Preschooler (CND-5)
- _____ Playing with Your Preschooler (CND-6)
- _____ Your Child's Weight (CND-7)
- _____ Tips for Picky Eaters (CND-8)
- _____ Family Meals (CND-9)
- _____ Playing with Your Toddler (CND-10)
- _____ A Little Bit More (CND-11)
- _____ Is Your Child's Lead Level Too High?
- _____ Easy Ways to Eat More Fruits & Vegetables (CND-13)
- _____ Healthier Snacks Make Happier Smiles (THND-28)
- _____ Fun Breakfast Recipe Ideas (THND-33)
- _____ Prevent Choking (K556)
- _____ 1 Great Plate for Preschoolers
- _____ 3 Great Plates for Preschoolers
- _____ Play Inside (K852)
- _____ Sippy Cup (T122)
- _____ I'm Thirsty (K532) **New**

Pregnant Women

- _____ Eating for You and Your Baby (PND-1) (English or Spanish)
- _____ Protect Yourself & Your Baby (PND-2)
- _____ Heartburn (PND-3)
- _____ Keep Your Baby Safe from Tobacco, Drugs and Alcohol (PND-4)
- _____ Solutions for Nausea (PND-5)
- _____ How does formula compare to breastmilk? (BND-1)
(English or Spanish)
- _____ Iodine (PBND-1)

Breastfeeding and Delivered Women

- _____ Be a Healthy Mom (DND-1) **Revised**
- _____ 10 Tips for Breastfeeding (BND-2)
- _____ Breastfeeding Websites (BND-3)
- _____ Breastfeeding State and Federal Laws Bookmark
- _____ Breastmilk Collection and Storage (English or Spanish)
- _____ Sore Nipple Management (English or Spanish)
- _____ Breast Engorgement (English or Spanish)
- _____ Pre-Owned Breastpumps (English and Spanish on same page)
- _____ Working and Breastfeeding (English or Spanish)
- _____ Breastpump Kit Care - (English and Spanish on same page)
- _____ Breastfeeding: You Can Do It! (DVD)
- _____ See What You Read: Breastfeeding (booklet)
- _____ A Guide to Breastfeeding (magazine)

NUTRITION EDUCATION (Continued)

General Nutrition

- _____ Juice: How Much Is Too Much? (ND-1) **While Supplies Last**
- _____ Moms & Kids Need Iron (ND-2) **Revised**
- _____ Nutrition During Diarrhea (ND-3)
- _____ Eat More Whole Grains (ND-4)
- _____ Low-Fat Milk: A Healthy Choice for Your Family (ND-5)
- _____ Vitamin D for Your Family (ND-6)
- _____ Safety Tips About Fish (ND-7)
- _____ Constipation (ND-8)
- _____ Make Healthy Choices for You and Your Family (ND-9)
- _____ High Fiber Recipes (ND-10)
- _____ Secondhand smoke hurts kids
- _____ 10 tasteful gifts (THND-17)
- _____ Sensible weight-loss – weight management (THND-27)
- _____ Fruit and Vegetable Bargains (NDSU Extension Service)
- _____ Which foods have calcium? (K559)
- _____ Steps to a Healthy Plate (FN420)

VENDOR

- _____ Vendor Memorandum of Understanding (small)
- _____ Vendor Memorandum of Understanding (large)
- _____ WIC Store Application
- _____ Vendor Approval Form
- _____ Vendor Monitoring
- _____ Vendor Monitoring Checklist
- _____ Sanction Activity List
- _____ Training Checklist
- _____ Training Log
- _____ Complaint Form
- _____ Complaint process/Claims procedures
- _____ Compliance Buy Report
- _____ Food Disposition Record
- _____ Infant Formula Returns
- _____ WIC Check Review Summary
- _____ "WIC Approved" grocer shelf stickers
- _____ "This Store Participates in WIC" sign (5.5" x 8.5")

Note: The vendor price survey is available in WICnet.

OTHER

- _____ 1320 MICR toner cartridge
- _____ 2055 MICR toner cartridge
- _____ Manual breast pumps
- _____ Kits for electric breast pumps

Please list other items:

STATE OFFICE USE ONLY

Date Received:	Date Sent:
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