



MEMO

TO: Health-Care Providers

FROM: Dr. Terry Dwelle, M.D. 
State Health Officer

RE: Expedited Partner Therapy of *Chlamydia trachomatis*

DATE: August 24, 2011

Expedited Partner Therapy (EPT) is a practice that allows health-care providers to provide a patient with either antibiotics or a written prescription, intended for the patients' sexual partner(s), without an intervening personal assessment. EPT is an accepted method of treatment for sexually-transmitted *Chlamydia* infections in North Dakota (ND Administrative Code, Chapters 50-05-01-01, 54-05-03.1-10 (8), 61-04-04-01 (21)). Please find the enclosed fact sheet for EPT.

In order to promote sexual partner(s)' adherence to medical treatment, the drug regimen recommended for treatment of *Chlamydia* via EPT is a single dose of azithromycin, 1g orally (e.g., 250mg x 4). (Centers for Disease Control and Prevention. Sexually Transmitted Diseases Treatment Guidelines, 2010, MMWR 2010;59 (No. RR-12)

When using EPT as a treatment option, recipients should be strongly encouraged to seek medical attention, especially females who are pregnant or who have symptoms that suggest acute pelvic inflammatory disease, such as abdominal or pelvic pain.

More information about EPT, guidance for medical providers and an EPT tool kit is available at www.ndhealth.gov/STD/Expedited/.

Please contact the NDDoH STD Program at 701.328.2378 or toll-free 800.472.2180 if you have any questions.

Enc.

cc: Kirby Kruger, Chief, Medical Section
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