

# Division of Family Health

North Dakota Department of Health  
Community Health Section

## Division Staff

### **Kim Mertz**

- Division Director
- Title V/MCH

### **Amy Burke**

- Family Planning Program
- Optimal Pregnancy Outcome Program (OPOP)

### **Cora Rabenberg**

- Family Planning Program
- Women's Health Services
- Abstinence Education Program

### **Grace Njau**

- MCH/Oral Health Epidemiologist
- Pregnancy Risk Assessment Monitoring System (PRAMS)

### **Jaelyn Seefeldt**

- Oral Health Program

### **Joyal Meyer**

- Newborn Screening Program
- Senior Nurse Consultant

### **Katie Bentz**

- Newborn Screening Program
- Cribs for Kids Program
- Infant and Child Death Services (ICDS) Program

### **Kimberlie Yineman**

- Oral Health Program

### **Rena Sisk**

- MCH Nurse Consultant
- School Nursing

### **Sarah Massey**

- Chronic Disease – School Health

### **Toni Hruby**

- Oral Health Program

### **Support Staff**

Ros Norstedt  
Sara Upgren  
Teri Arso  
Donna Doll

## **Mission:**

The Division of Family Health administers state and federal programs designed to improve the health of North Dakota families. The division provides funding, technical assistance, training, needs assessment, educational materials and other resources to local public health units, schools and other public and private entities that offer health services in North Dakota communities.

## Programs within the division include:

**Abstinence Education Program** – Provides grant oversight to promote the health of youth through abstinence education.

**Cribs for Kids Program** – Provides infant safe-sleep education and portable cribs to pregnant women and new mothers through partner agencies.

**Family Planning Program** – Provides reproductive health-care services to men and women, giving preference to low-income, adolescent and women-in-need populations. Services include Pap smear, breast exam, testicular exam, infertility level-one services, pregnancy planning, a broad range of birth control methods including abstinence, and STD and HIV testing and counseling.

**Fetal Alcohol Syndrome** – Provides grant oversight to the University of North Dakota's Fetal Alcohol Syndrome Center for program activities.

**Infant and Child Death Services (ICDS) Program** – Provides support, education and follow-up to those affected by an unexpected infant or child death up to age two years.

**MCH/Oral Health Epidemiology** – Provides epidemiological support on all matters concerning the development, evaluation and prioritization of MCH and Oral Health Programs.

**Newborn Screening Program** – Identifies infants at risk and in need of more definitive testing to diagnose and treat affected newborns. Provides regional coordination for North Dakota, South Dakota and Iowa focusing on quality assurance and education.

**Optimal Pregnancy Outcome Program (OPOP)** – Provides nursing, social and nutritional services to pregnant women.

**Oral Health Program** – Provides prevention programs, education, access, screening, consultation and strategic planning to address the oral health needs of North Dakotans.



## Division Staff (Cont'd.)

### **Oral Health Program Temporary Staff**

Michael Goebel, DDS  
Andrea Audritsh, RDH  
Jamie Blumhagen, RDH  
Helen Kuntz, RDH  
Aida Nolan, RDH

### **Oral Health Program (Cont'd.)**

- **DentaQuest Foundation** – Provides funding to assess the needs of older adults.
- **Donated Dental Services** – Provides grant oversight to services that provide essential dental care for disabled, elderly and medically compromised individuals who cannot afford care.
- **Seal! North Dakota** – Provides dental sealants and fluoride varnish application to pre-kindergarten through sixth grade students through school-based programs to prevent dental cavities in molar (back) teeth.

**Pregnancy Risk Assessment Monitoring System (PRAMS)** – The North Dakota Pregnancy Risk Assessment Monitoring System (PRAMS) collects, analyzes and translates data from new mothers on health risk behaviors prior to, during and immediately after pregnancy.

**School Health** – Works in conjunction with the Department of Public Instruction and chronic disease programs to address the close relationship between health and learning. A physical activity specialist and a state school nurse consultant provide consultation, technical assistance and resources for schools and school nurses to use in organizing and managing school health and wellness initiatives.

**Title V Maternal and Child Health** – Provides consultation, technical assistance and comprehensive services to improve the health, safety and well-being of mothers and children.

**Women's Health Services** – Collaborates with programs, public and private, that provide and/or advocate for women's health. Provides national, state and local women's health information across the state.



### **Contact Information:**

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Community Health Section  
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