“This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number B04MC30632, Maternal and Child Health Services. The partial funding award for the period of October 1, 2016 through September 30, 2018 is $993,330. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.”
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**Disclaimer**

The content within this booklet is for informational purposes only. It is not intended to be a substitute for professional medical advice. Families are encouraged to discuss the information in this booklet with their child’s doctor or other health-care providers.
Children with cardiac conditions may have unique medical problems that can be met best by a team with training and expertise in the management of pediatric cardiac conditions. Children with congenital heart defects require continuity and expertise in patient care. A pediatric cardiologist, along with the child’s primary care physician, can provide a coordinated treatment plan. For more information visit www.heart.org/HEARTORG/Conditions/CongenitalHeartDefects/Congenital-Heart-Defects_UCM_001090_SubHomePage.jsp.

The link below provides access to a resource that offers guidelines for the care of children with congenital heart defects. For more information visit medlineplus.gov/congenitalheartdefects.html.

**Cardiac Care for Children**

The Cardiac Care for Children program provides an initial examination by a participating pediatric cardiologist and routine tests for children with cardiac conditions in Bismarck, Fargo, Grand Forks and Minot. The program ensures comprehensive and coordinated care through linkage and referral to other services and programs, and through care coordination as needed. Health care and financial information is available to families and professionals upon request.

Any child, birth to twenty-one years of age, who lives in North Dakota, may participate in this program. Third party payers such as private insurance and Medicaid are billed when available.

The Cardiac Care for Children program covers an initial examination by a participating pediatric cardiologist and routine tests to support the cardiac assessment, such as:

- Chest X-ray
- Echocardiogram
- Electrocardiogram
- Select laboratory tests

For more information regarding the cardiac program, review the Multidisciplinary Clinic Directory link at www.ndhealth.gov/cshs/docs/clinic-schedule.pdf.

**Pulse Oximetry Screening**

Early identification through pulse oximetry, or “pulse ox,” is a simple, non-invasive and painless test that is used to measure the percent oxygen saturation of hemoglobin in the arterial blood and the pulse rate. Pulse ox can help to identify infants with critical congenital heart disease that may have low levels of oxygen in their blood. Pulse ox screening may help diagnose critical congenital heart disease before an infant becomes sick.
<table>
<thead>
<tr>
<th>City</th>
<th>Cardiologist</th>
<th>Appointment Site</th>
<th>For Appt. Call:</th>
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| **Bismarck** | Dr. Bryan Cannon  
Dr. Frank Cetta  
Dr. Benjamin Eidem  
Dr. Jonathan Johnson  
Dr. Nathaniel Taggart  
Dr. Justin Horner | CHI St. Alexius Heart & Lung Clinic  
310 North 10th St.  
Sanford Children’s Cardiology Clinic  
222 North 7th St. | Phone: 701.530.7500  
Phone: 701.323.8011 or 800.932.8758 ext. 8011 |
| **Fargo** | Dr. Matthew Trefz  
Dr. Justin Horner  
Dr. Parvin Dorostkar | Sanford Children’s Clinic  
737 Broadway N. | Phone: 701.234.2568 or 800.437.4010, ext. 2568 |
|           | Dr. Rodrigo Rios | Essentia Health  
3000 32nd Ave. S. | Phone: 800.938.0301 |

(Appointments for the clinic at Essentia are made through Children’s Heart Clinic)

**Grand Forks**  
Dr. Rodrigo Rios  
Altru Family Medicine Center Pediatrics  
1380 South Columbia Road  
Phone: 701.780.6110 or 800.342.4286, ext. 6110

Dr. Bryan Cannon  
Dr. Benjamin Eidem  
Dr. Donald Hagler  
Dr. Justin Horner  
Dr. Jonathan Johnson  
Dr. Nathaniel Taggart  
Dr. Philip Wackel  
Altru Rehabilitation Center  
1300 South Columbia Road  
Phone: 701.780.6110 or 800.342.4286, ext. 6110

**Minot**  
Dr. Matthew Trefz  
Sanford Clinic  
801 21st Ave. SE  
Phone: 701.234.2568 or 800.437.4010, ext. 2568
Genetic testing is used to identify DNA changes associated with specific medical conditions. Genetic testing can help determine whether a person has a genetic disease, whether it has been inherited, and the chance for future children or other family members to have the same condition.

Genetic/Birth Defect Clinics are held periodically throughout the state. For clinic schedule information, call Children’s Special Health Services toll-free at 800.755.2714.

Sanford Health Pediatric Medical Genetics
737 Broadway N.
Fargo, N.D. 58102
Telephone: 701.234.2362
www.sanfordhealth.org/medical-services/medical-genetics

Sanford Health Genetic Counseling
222 North 7th St.
Bismarck, N.D. 58501
Telephone: 701.323.8030 or 800.932.8758

Informed Medical Decisions (telehealth genetic counseling services)
North Dakota Contact:
Marie Schuetzle, MS, CGC Senior Genetic Counselor
Telephone: 760.230.4251
Fax: 760.203.1194
www.informeddna.com/
The Anne Carlsen Center offers a rich tradition of empowering individuals with disabilities and their families. Their experienced staff provides compassion, training, services and support in homes and communities across North Dakota. On the Jamestown campus, they meet the educational, residential and therapeutic needs of children and young adults with autism, behavior disorders, medical fragility and other developmental disabilities. They also provide services in the home through customized support for individuals from birth to age 21. In addition, through their community-based services (i.e., in-home supports and community day supports), Anne Carlsen accommodates individuals of all ages, including adults. For more information about services in the Dickinson location, call 701.934.1144 or visit annecarlsen.org/.

**Bismarck** (also covering Dickinson)
1929 North Kavaney Drive
Bismarck, N.D. 58501
701.751.3732
800.201.8672

**Fargo**
4152 30th Ave. S., Suite 102
Fargo, N.D. 58104
701.364.2364
800.201.8672

**Grand Forks**
2016 South Washington St.
Grand Forks, N.D. 58201
701.757.4200
888.815.3770

**Jamestown**
701 3rd St. NW
Jamestown, N.D. 58401
701.252.3850
800.568.5175

**Minot**
1408 20th Ave. SW, Suite 7
Minot, N.D. 58701
701.858.0009
Early Intervention (Infant Development)

This is a service designed to help families with children from birth to age three with disabilities and/or developmental delays. The goal of this program is to support the child and his/her family in gaining skills and fully participating in his/her natural environment. By partnering with families, Early Intervention provides them with the tools and support they need to help their child be successful. Qualifying families have access to a wide array of therapeutic professionals, as well as a Service Coordinator (DD Program Manager) and an Experienced Parent. Anyone, including family members, can refer a child for a free developmental evaluation, with eligibility based on the following criteria:

- Displays a 50 percent delay in any area of development (cognition, communication, motor, self-help or social emotional skills).
- Displays a 25 percent delay or more in any two areas of development.
- Has a diagnosis or disability that impairs typical development.
- Has a significant health condition that puts them at high risk for developmental delays.

Another component to Early Intervention is Right Track. Right Track provides a variety of services to families, which include developmental screenings, referrals to community resources, serving as a resource to parents, etc. To make a referral, or to learn more, call the Disability Services Division at 800.755.8529 or visit www.nd.gov/dhs/services/disabilities/.

Supplemental Security Income (SSI)

SSI provides monthly payments for children who meet disability and financial eligibility requirements. For more information, contact the Social Security Administration at 877.319.6044 or visit www.ssa.gov/.

Women, Infants and Children (WIC)

WIC provides nutritious foods, offers information about how to feed your family, and helps you participate in other important health programs. Pregnant women, breastfeeding women and children up to age five who meet WIC’s liberal income guidelines are eligible to participate. For more information, contact 800.472.2286 or your county WIC office as listed in the phone book. Visit www.ndhealth.gov/wic/ for additional details.
Meeting the complex health needs of children and their families often requires special assistance in the form of care coordination. The Care Coordination Program through Children’s Special Health Services (CSHS) helps eligible families access services and resources in their community, and when needed, across multiple service delivery settings. For more information, refer to the following websites:

- **Medical Home**
  [medicalhomeinfo.aap.org/Pages/default.aspx](http://medicalhomeinfo.aap.org/Pages/default.aspx)

- **County Social Services**
  [www.nd.gov/dhs/locations/countysocialserv/](http://www.nd.gov/dhs/locations/countysocialserv/)

**Child Care Assistance Program**
This program provides financial assistance to low-income families for child care costs.

North Dakota Department of Human Services
600 East Boulevard, Dept. 325, Bismarck, N.D. 58505
Phone: 701.328.2332
Toll-Free: 800.755.2716
[www.nd.gov/dhs/services/financialhelp/childcare.html](http://www.nd.gov/dhs/services/financialhelp/childcare.html)

**Child Care Aware**
Child Care Aware provides assistance locating child care and other related services. Call Child Care Aware at 800.997.8515 or visit [www.ndchildcare.org/](http://www.ndchildcare.org/) for more details.

- **Bismarck** – 701.530.2525
- **Fargo** – 701.476.6820
- **Grand Forks** – 701.787.7755
- **Jamestown** – 701.252.0350
- **Minot** – 701.418.1430

**Developmental Disabilities Division**
The Developmental Disabilities Division within the North Dakota Department of Human Services provides services to North Dakota citizens of all ages with developmental disabilities.

Developmental Disabilities Division
Phone: 800.755.8529
[www.nd.gov/dhs/services/disabilities](http://www.nd.gov/dhs/services/disabilities)
• **Family Care Option** provides respite care to families through short-term foster home placement.

• **Family Subsidy Program** provides financial help needed by the family to care for the child at home.

• **Infant Development Program (Early Intervention)** provides intervention services in the home or other natural care setting by trained professionals to promote optimum development of children from birth through age 2.

• **Respite Care Program** provides services of a specially trained caregiver to provide the family with occasional relief from the stress of providing care.

• **Right Track** provides child development consultations for children from birth to age 3. For more information, call 800.755.8529.

• **Supportive Home Care** assists with and teaches parents about the special care the child needs.

• **Experienced Parent Program** provides support services to parents with children enrolled in early intervention.

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**Family Voices of North Dakota**

Family Voices of North Dakota is a health care information and education center, which includes the Parent to Parent Project, a program that offers emotional support to families. Contact 701.493.2634 or 888.522.9654, or visit fynd.org/site/ for more details.

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**Federation of Families**

Federation of Families provides support and advocacy for children’s mental health. Call 701.222.3310 or visit fcsn.org/ for more information.

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**Legal Assistance of North Dakota**

Legal Assistance of North Dakota provides legal assistance for a variety of matters to low income and elderly North Dakotans.

418 East Broadway, #7
Bismarck, N.D. 58502
Phone: 701.258.4270 or 800.634.5263
www.legalassist.org

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**National Alliance on Mental Illness North Dakota**

This organization offers meetings and training opportunities throughout North Dakota that focus on education and support for consumers, families and friends.

4068 Acorn Court
Grand Forks, N.D. 58201
www.namind.org

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**National Dissemination Center for Children with Disabilities (NICHCY)**

NICHCY is an information clearinghouse that provides free information about disabilities and disability-related issues. For more information, call 800.695.0285 or visit www.nichcy.org.
Pathfinder Family Center, Inc.
Statewide parent training is offered and information to help families of children and youth with learning difficulties is provided.

1015 South Broadway, Suite 42
Town and Country Center
Minot, N.D. 58701
Phone: 701.837.7500 or 800.245.5840
psnd.co/index.php

Protection and Advocacy Project (P&A)
P&A advocates for the legal rights of North Dakotans with disabilities.

400 East Broadway, Suite 409
Bismarck, N.D. 58501
Phone: 701.328.2950 or 800.472.2670
Fax: 701.328.3934
ndpanda.org/

Regional Resource Centers for Independent Living
Regional Resource Centers for Independent Living provides services that help young people with disabilities transition from home and school to the work place and independent living. Visit www.freedomrc.org/links.html for more information.

Dakota Center for Independent Living
311 East Broadway
Bismarck, N.D. 58501
701.222.3636 or 800.489.5013

Freedom Resource Center
2701 9th Ave. S., Suite H
Fargo, N.D. 58103
701.478.0459 or 800.450.0459

Ronald McDonald House Charities
Ronald McDonald House Charities provides a temporary residence near the medical facility where family members can sleep, eat, relax and find support from other families in similar situations. In return, families are asked to make a donation, but if that isn’t possible, the stay is free.

Bismarck
609 N. 7th St.
Bismarck, N.D. 58501
701.258.8551
www.rmhbismarck.com

Fargo
1330 18th Ave. S.
Fargo, N.D. 58103
701.232.3980
www.rmhfargo.org

Options Interstate Resource Center
318 3rd St. NW
East Grand Forks, M.N. 56721
218.773.6100 or 800.726.3692

Independence Inc.
300 3rd Ave. SW, Suite F
Minot, N.D. 58701
701.839.4724 or 800.377.5114
Children’s Special Health Services is a program that helps children with special health care needs and their families. Individuals are encouraged to call CSHS for free health care information. CSHS can also help with referrals to health care providers and special programs for children with chronic health conditions.

North Dakota Department of Health
State Capitol – Judicial Wing
600 East Boulevard Ave., Dept. 301
Bismarck, N.D. 58505
Phone: 701.328.2436, Toll-free: 800.755.2714, Relay TDD: 701.328.3975
www.ndhealth.gov/cshs/

County Social Services
County Social Services administer economic assistance and social service programs. To inquire about assistance, please check your local phone book under county government or visit www.nd.gov/dhs/locations/countysocialserv.

Pediatricians and Family Doctors
All children benefit from a medical home. A medical home is not a building, but rather an approach to providing comprehensive medical care. In a medical home, a physician or other medical provider works in partnership with the family/patient to assure that the medical and non-medical needs of the child/youth are met. Through this partnership, medical providers can help the families access and coordinate specialty care, educational services, out-of-home care, family support and other public and private community services that are important to the overall health of the child and family. Contact CSHS at 701.328.2436 for a list of primary doctors who practice in North Dakota.

Public Health
Local public health units provide a variety of services such as immunizations, home visits, high-risk infant follow-up, general child health services, community wellness programs and school health screenings. Visit www.ndhealth.gov/localhd for details.
The American Heart Association provides comprehensive information for parents of a child with a congenital heart defect. They help prepare parents for the medical and surgical treatments their child may require.

1005 12th Ave. SE
Jamestown, N.D. 58401
800.437.9710
www.americanheart.org/

Project HERO provides unused medical supplies and donated durable medical equipment to those in need. Project HERO works with several agency and health-care partners to redistribute viable medical products to the medically fragile and financially challenged.

5012 53rd St. S., Suite C
Fargo, N.D. 58104
218.284.6111
www.fmhero.org
Easter Seals Goodwill services include, but are not limited to, respite, or relief care; personal care services and domestic homemaker services; equipment loan; advocacy for individuals with disabilities; and information and referral.

**Dickinson**
2125 Sims St.
P.O. Box 361
Dickinson, N.D. 58602
866.895.1587

**Jamestown**
402 14th Ave. NE #1
Jamestown, N.D. 58401
701.251.1446
866.897.6004

**Fargo**
3333 7th Ave. N.
Fargo, N.D. 58102
866.895.1588

**Mandan**
211 Collins Ave.
P.O. Box 1206
Mandan, N.D. 58554

**Grand Forks**
3651 S. Washington St.
Grand Forks, N.D. 58201
866.876.1015

**Minot**
800 12th Ave. SW
Minot, N.D. 58701
866.895.1589

**Fargo**
3240 15th St. S., Suite B
Fargo, N.D. 58104
701.365.4728 or
800.895.4728

**Bismarck**
400 East Broadway Ave., Suite 501
Bismarck, N.D. 58501
701.258.4728 or
888.540.4728

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North Dakota Assistive

Services include information and referral, training, technical assistance to systems and individuals, equipment loan library, outreach activities, a link between state and private entities, resource development, alternative loan program and dissemination of assistive technology materials based on consumer input. Visit [ndipat.org](http://ndipat.org) for more information.
Shriners Hospitals for Children—Twin Cities

Shriners Hospitals for Children provides care for children (age 17 and younger) with orthopedic problems and burns. Evaluation clinics are offered throughout North Dakota.

Shriners Hospital for Children – Twin Cities
Phone: 888.293.2832
Patient referral line: 800.237.5055
www.shrinershospitalsforchildren.org/Locations/TwinCities

The Arc of North Dakota

The Arc is a member and volunteer-driven nonprofit organization that offers advocacy, education and family support to children and adults with intellectual disabilities and related developmental disabilities and their families.

Bismarck
The Arc of Bismarck
1211 Park Ave., P.O. Box 2081
Bismarck, N.D. 58502
Phone: 701.222.1854
www.thearcofbismarck.org

Dickinson
The Arc of Dickinson
140 2nd. St. W., P.O. Box 1421
Dickinson, N.D. 58601
Phone: 701.483.4272
www.arcdickinson.com/

Fargo
The Arc of Cass County
215 North University Drive
Fargo, N.D. 58102
Phone: 701.293.8191
www.arccassnd.org

Grand Forks
The Arc, Upper Valley
2500 DeMers Ave.
Grand Forks, N.D. 58201
Phone: 701.772.6191
www.thearcuppervalley.org

Valley City
The Arc of Barnes County
141 2nd St. NE
Valley City, N.D. 58072
Phone: 701.845.4189
Libraries

North Dakota Center for Persons with Disabilities
www.ndcpd.org/alinks

North Dakota State Library
Phone: 701.328.4622 or toll-free 800.472.2104
www.library.nd.gov

Children’s Special Health Services Resource Center
Phone: 701.328.2436 or toll-free 800.755.2714
www.ndhealth.gov/cshs/resource.htm

Pathfinder Services of North Dakota Library
Phone: 701.837.7500 or toll-free 800.245.5840
psnd.co/index.php
*Click on Resources link on top right of page

Prevention Resource and MediaCenter
Topics in mental health, substance abuse, aging and disabilities.
Phone: 701.328.8919 or toll-free 800.642.6744
prevention.nd.gov/
Head Start

Head Start and Early Head Start are comprehensive child development programs. Regular Head Start programs are for children ages three and four. Some communities offer a program specifically for families with children younger than three and pregnant women. A variety of services are provided through Head Start programs including health, education, parent involvement, family literacy, social services and services for children with disabilities.

Head Start State Collaboration Office
Phone: 701.328.1640
www.nd.gov/dpi/SchoolStaff/ECE/HeadStart/

School Nursing

The purpose of school nursing is to support the educational process by contributing positively and significantly to the health, health attitudes and health behaviors of today’s children, and consequently, tomorrow’s adults. Contact the Department of Health at 701.328.2493 or visit www.ndhealth.gov/school-nursing for more details.

Special Education

It is important to locate and identify children who are in need of special services as early as possible. Screening and assessment opportunities offered at school help identify possible areas of difficulty that could interfere with a child’s learning or academic performance. Some children with disabilities may require special education services to address their unique educational needs. Contact the Department of Public Instruction at 701.328.2277 or your local special education unit. Visit www.dpi.state.nd.us for more information.

Pathfinder Services of ND

Pathfinder Services of North Dakota provides statewide parent training and information to help families of children and youth with learning difficulties.

#7 3rd St. SE, Suite 101
Minot, N.D. 58701
Phone: 701.837.7500 or 800.245.5840
psnd.co/index.php
**Medical Coverage**

Medicaid provides comprehensive medical, dental and vision coverage to North Dakota children and adults through a variety of coverage programs and waivers.

600 East Boulevard Ave., Dept. 325  
Bismarck, N.D. 58505  
Phone: 701.328.2310 or 800.472.2622  
Email: dhseo@nd.gov  
www.nd.gov/dhs/services/medicalserv/medicaid

**Children with Disabilities Medicaid Coverage**

This program allows qualifying children with disabilities to buy into Medicaid. The program provides comprehensive coverage through Medicaid, including dental and mental health coverage, in return for a premium. Apply at your local county social service office.

**Children and Family Coverage**

Coverage is available to children younger than 21, pregnant women, and adult caretakers of deprived children. Most receive full coverage; however, some with higher income may be required to pay for a portion of their care. Apply at your local county social service office.

**Children’s Hospice Services Waiver**

The Children’s Hospice Waiver provides support to families so they can care for their children (from birth through age 21) in their homes as long as possible, avoiding lengthy stays and delaying or avoiding institutional care. The child must have a diagnosis and not be expected to live longer than one year. The program also allows families to access treatments that focus on curative and comfort care for their children.

Phone: 701.328.4630

**Children with Medically Fragile Needs Medicaid Waiver**

This Medicaid Waiver is designed to assist qualifying medically fragile children between ages three and 18 years. The child must be living at home, be Medicaid eligible, be able to meet Level of Care criteria for a nursing home, and meet criteria based on the Level of Need.

Phone: 701.328.4630
Home and Community-Based Services Waiver

Alternative services are provided for individuals with disabilities who are at least 18 years of age and individuals older than 65 who are eligible for the Medicaid Program and have medical needs that would qualify them to enter a nursing facility. The waiver allows North Dakota to pay for services needed for these individuals to remain in their own homes or community settings. Recipients may be required to pay for a portion of their care based on income. Apply at your local county social service office.

Medicaid Expansion Provides Coverage

Coverage is available to individuals under age 65 with household income up to 138 percent of the Federal Poverty Level (FPL). Individuals eligible for Medicare or Supplemental Security Income (SSI) are not eligible for coverage under Medicaid Expansion. Visit apply.dhs.nd.gov for more information.

Intellectual Disabilities/Developmental Disabilities Waiver

This waiver assists eligible individuals with intellectual disabilities and developmental disabilities to remain living at home and in the community. This serves individuals through the lifespan (both children and adults). Services offered under the waiver include Developmental Disabilities Program Management; Infant Development (for children from birth to age 3); In-Home Supports; Assistance with cost of equipment, supplies, and environmental modifications; and Adult Services such as day services, job coaching and residential services. Apply by contacting the Developmental Disabilities Unit at one of the regional human service centers found online at www.nd.gov/dhs/locations/regionalhsc.

Workers with Disabilities Medicaid Coverage

This coverage allows some individuals with disabilities who want to work, or who are already working and want to increase their earnings, to do so without fear of losing their Medicaid coverage. It allows qualifying individuals to buy into Medicaid. The program provides comprehensive coverage through Medicaid, including dental and mental health coverage, in return for a premium. Apply at your local county social service office.

Healthy Steps

This is a benefit program for eligible North Dakota children up to age 19 who do not have a source of health care coverage. The program offers comprehensive medical, dental and vision coverage.

Phone: 877.KIDS.NOW or 877.543.7669

Children’s Special Health Services Specialty Care Diagnostic and Treatment Program

This program helps families pay for medical services to diagnose and treat children with eligible medical conditions from birth to age 21.

Phone: 800.755.2714
Get Covered North Dakota

This program links North Dakota residents with enrollment specialists in their local communities. Free impartial assistance is available to help consumers understand and find affordable health-care coverage. For more information, visit www.getcoverednorthdakota.org.

Health Insurance Marketplace

The Health Insurance Marketplace enables individuals to find quality health coverage. It can help if you or your child(ren) don’t have coverage now, or if you have it but want to look at other options. It is designed to provide coverage that meets your needs, fits your budget, as well as options for qualifying for free or low-cost coverage through Medicaid or Healthy Steps/Children’s Health Insurance Program (CHIP).

Phone: 800.318.2596
www.healthcare.gov
www.ndcpd.org/navigator

Comprehensive Health Association of North Dakota (CHAND)

CHAND provides comprehensive health insurance to residents of North Dakota who have been denied health insurance or are considered high risk.

Phone: 800.737.0016 or 701.277.2271

Student Health Plans

These plans are available for purchase by students who don’t have health insurance through a parent’s health insurance policy or who have limited coverage due to network service areas. Student plans are sold by an insurer that has contracted with a college to offer coverage to its students. In general, these plans have more limited benefits and more exclusions than traditional health insurance plans. Contact an insurance agent to inquire about student health plans.

www.healthcare.gov/young-adults/college-students/
**Vision Coverage**

**InfantSEE®**
This is a public health program designed to ensure early detection of eye conditions in babies. Member optometrists provide a comprehensive eye and vision assessment for infants within the first year of life regardless of a family’s income or access to insurance coverage.

Phone: 888.396.3937  
www.infantsee.org

**New Eyes for the Needy**
New prescription eyeglasses are available through a voucher program for children and adults in the U.S. who cannot afford glasses on their own. Visit www.neweyesfortheneedy.org for more information.

**Vision USA**
Vision USA provides basic eye health and vision care services free of charge to uninsured, low-income people and their families.

Phone: 701.258.6766  
www.ndeyecare.com

**VSP Sight for Students**
VSP is a charity that provides free vision exams and glasses to low-income, uninsured children.

Phone: 888.290.4964
Prescription Coverage

**Prescription Connection**

This is a program of the North Dakota Insurance Department that connects kids and families with free and discounted prescription drugs direct from the pharmaceutical manufacturer.

Phone: 888.575.6611 or 701.328.2440  
www.rxconnectnd.org

**ND Prescription Drug Repository Program**

The repository collects and distributes donated medications from hospitals, hospices and other facilities so that pharmacies and physicians can dispense them to those who struggle paying for prescriptions regardless of insurance coverage. The medications and supplies are unopened and secure but cannot be resold to patients. Visit www.nodakpharmacy.com for more information.

**NeedyMeds**

NeedyMeds offers a database of medications that can be obtained free or at low cost by uninsured, low-income patients, usually through manufacturer programs. Visit www.needymeds.org for more information.

**Partnership for Prescription Assistance**

A single point of access is available to more than 475 public and private patient assistance programs. It is funded by pharmaceutical companies.

Phone: 888.477.2669  
www.pparx.org

**RX Assist**

RX Assist provides consumer information, resources, news and a directory of patient assistance programs that offer affordable or free medications.

Email: info@rxassist.org  
www.rxassist.org
Dental Coverage

Safety Net Dental Clinics are programs that usually see patients who do not have other access to dental care. The patients typically are covered by Medicaid or the clinic offers sliding fee schedules or reduced fees.

**Bridging the Dental Gap**
This is a nonprofit community dental clinic serving low-income and uninsured individuals in the Bismarck-Mandan area.

Phone: 701.221.0518

**Family Healthcare Center Dental Clinic**
This is a federally qualified community health center serving low-income and uninsured individuals within the Fargo Red River Valley Region.

Phone: 701.271.3332

**Northland Community Health Center Dental Clinic**
This clinic is part of a federally qualified community health center serving low-income, uninsured, and insured individuals of all ages in central North Dakota.

Phone: 701.448.9111

**Red River Valley Dental Access Project**
This project serves low-income, uninsured and Medicaid-eligible individuals who have urgent dental pain and do not have access to a dentist in Fargo-Moorhead.

Phone: 701.364.5364

**Valley Community Health Center Dental Clinic**
This is a federally qualified health center that serves low-income, uninsured and insured individuals of all ages in the Northern Red River Valley.

Phone: 701.757.2100

**North Dakota Donated Dental Services**
This is a network of volunteer dentists who provide dental care to the state’s most vulnerable people: disabled, elderly or medically compromised individuals who cannot afford necessary treatment nor get public aid.

Phone: 866.201.5906
Jerene’s Wish

Jerene’s Wish is a program that provides orthodontic treatment at minimal costs to eligible children. For more information, contact Warford Orthodontics.

Phone: 701.255.1311
E-mail: info@warfordorthodontics.com
www.warfordorthodontics.com/jerenes-wish

Smiles Change Lives

This program promotes and provides access to essential orthodontic treatment for children from low-income families.

Phone: 888.900.3554
www.smileschangelives.org

The Ronald McDonald Care Mobile

This is a mobile dental clinic on wheels that delivers urgently needed dental care to underserved children from birth through age 21 in their own neighborhoods in the western half of North Dakota. The Ronald McDonald Care Mobile treats children who do not have a regular dentist and who have not seen a dentist within the past two years.

Visit www.rmhcbsimarck.org/caremobile for more information.
Health Care Programs

Shriners Hospitals for Children
Shriners Hospitals for Children provides care for children (age 17 and younger) with orthopedic problems and burns. Evaluation clinics are offered throughout North Dakota.

Phone: 800.237.5055

Community Health Centers (CHC)
CHC’s serve all patients regardless of their ability to pay for services. CHCs are located in Beulah, Bowbells, Center, Fargo, Grafton, Grand Forks, Hazen, Killdeer, McClusky, Minot, Ray, Rolette, Rolla, Turtle Lake and West Fargo.

Phone: 701.221.9824

North Dakota Association for the Disabled (NDAD)
NDAD may provide fund raising or some financial assistance for individuals with disabilities.

Phone: 800.532.6323

United Health Care Children’s Foundation
This foundation supports the concept of facilitating access to health-related services that have the potential to significantly enhance either the clinical condition or the quality of life of the child who is not fully covered by an available commercial health benefit plan. The Foundation provides financial assistance toward the family’s share of the cost of medical services. Visit www.uhecf.org/ for more information.

Indian Health Service (IHS)
IHS provides health services to American Indians and Alaskan Natives who belong to federally recognized tribes. The IHS administers health services through IHS facilities, through tribally-operated facilities and by contracting for health services. Visit www.ihs.gov/ for more information.

Service Organizations such as the Elks, Kiwanis, Sertoma, Lions and Quota may offer assistance with medical-related expenses. Check the local phone book for contact numbers.

*This is not an all-inclusive list of health care coverage options.
The Air Force's Exceptional Family Member Program (EFMP) is designed to provide support to military family members with special needs. EFMP is comprised of three components which work together to support military members and their families. Visit **www.afpc.af.mil/library/spousesupport/exceptionalfamilymemberprogram.asp** for more information.

**Minot Air Force Base**
Phone: 701.723.5547

**Grand Forks Air Force Base**
Phone: 701.747.5361

**Military OneSource**
Military OneSource offers policy and programmatic information, helpful resources, products, articles and tips on numerous topics related to military life. Confidential services are available 24 hours a day by telephone and online. In addition to the website support, Military OneSource offers confidential call center and online support for consultations on a number of issues such as spouse education and career opportunities, issues specific to families with a member with special needs, health coaching, financial support and resources. Visit **www.militaryonesource.mil/** for more information.
Statewide Tribal Programs

Fort Berthold Indian Reservation - Three Affiliated Tribes
www.mhanation.com
• Elbowoods Memorial Health ................................................................. 701.627.4701
• Community Health Representative
  * New Town .......................................................... 701.627.3653
  * Mandaree ......................................................... 701.759.3441
  * Parshall ........................................................... 701.862.3872
  * Twin Buttes .................................................... 701.938.4574
  * White Shield ................................................ 701.743.4178

Standing Rock Indian Reservation
www.standingrock.org
• Public Health Service Hospital ......................................................... 701.854.3831
• IHS Clinics - Cannonball, N.D ....................................................... 701.854.3453
• Community Health Representative
  * Fort Yates ...................................................... 701.854.3856
  * Cannonball .................................................. 701.854.9926
• Tribal Health ................................................................. 701.854.7206
• Early Childhood Tracking .............................................................. 701.854.3678

Fort Totten Indian Reservation - Spirit Lake Nation
www.spiritlakenation.com
• Spirit Lake Health Center ................................................................. 701.766.1600
• Tribal Health ............................................................................. 701.766.4236
• Community Health Representative ................................................ 701.766.4238
• Early Childhood Tracking ......................................................... 701.766.1232 or 701.766.1238

Trenton Indian Service Area
• Trenton Community Clinic ................................................................. 701.774.0461
• Community Health Representative Coordinator ................................ 701.774.0303
• Tribal Health ............................................................................. 701.774.0461

Turtle Mountain Indian Reservation
http://turtlemountaintribe.businesscatalyst.com/index.html
• Quentin Burdick Health Facility ...................................................... 701.477.6111 or 701.477.8429
• Community Health Representative ................................................ 701.477.5696
• Tribal Health ............................................................................. 701.477.6120
Condition-Specific Websites

Children’s Cardiomyopathy Foundation  
www.childrenscardiomyopathy.org/

Cincinnati Children’s  
www.cincinnatichildrens.org/health/heart-encyclopedia/

Congenital Heart Defects  
www.congenitalheartdefects.com/

Congenital Heart Information Network (C.H.I.N)  
www.tchin.org/

Cove Point Foundation - Congenital Heart Disease  
www.pted.org/

Kids with Heart  
www.kidswithheart.org/

Little Hearts Inc.  
www.littlehearts.org/

The American Heart Association  
www.americanheart.org/

The Children’s Heart Institute  
www.childrensheartinstitute.org/
<table>
<thead>
<tr>
<th><strong>Additional Websites for Families of Children with Special Health Care Needs</strong></th>
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<tbody>
<tr>
<td>American Academy of Pediatrics</td>
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<tr>
<td><a href="http://www.aap.org">www.aap.org</a></td>
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<tr>
<td>Bright Futures</td>
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<td><a href="http://www.brightfutures.org">www.brightfutures.org</a></td>
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<tr>
<td>CDC Parent Information</td>
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<tr>
<td><a href="http://www.cdc.gov/parents">www.cdc.gov/parents</a></td>
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<tr>
<td>Dr. Greene’s House Calls</td>
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<tr>
<td><a href="http://www.drgreene.com">www.drgreene.com</a></td>
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<tr>
<td>Early Intervention</td>
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<td><a href="http://www.nd.gov/dhs/services/disabilities/earlyintervention">www.nd.gov/dhs/services/disabilities/earlyintervention</a></td>
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<tr>
<td>Family Village</td>
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<tr>
<td><a href="http://www.familyvillage.wise.edu">www.familyvillage.wise.edu</a></td>
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<tr>
<td>Gillette Children’s Specialty Healthcare</td>
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<td><a href="http://www.gillettechildrens.org">www.gillettechildrens.org</a></td>
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<tr>
<td>Got Transition</td>
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<td><a href="http://www.gottransition.org/">www.gottransition.org/</a></td>
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<tr>
<td>Healthy Children</td>
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<tr>
<td><a href="http://www.healthychildren.org">www.healthychildren.org</a></td>
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<tr>
<td>Institute for Child Health Policy (ICHP)</td>
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<tr>
<td><a href="http://www.ichipufl.edu">www.ichipufl.edu</a></td>
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<tr>
<td>Kids As Self Advocates (KASA)</td>
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<tr>
<td><a href="http://www.fvkasa.org">www.fvkasa.org</a></td>
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<tr>
<td>Mayo Health Clinic</td>
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<tr>
<td><a href="http://www.mayoclinic.com">www.mayoclinic.com</a></td>
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<tr>
<td>Medical Home Portal</td>
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<td><a href="http://www.medicalhomeportal.org">www.medicalhomeportal.org</a></td>
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