



Take time to take care of yourself.

Thursday, January 21 8 a.m. to 4 p.m.

Call Colette in x-ray to schedule your mammogram.

701.766.1629

Door prizes and small gifts will be given away.

Spirit Lake Health Center 3883 74th Ave. NE Fort Totten, ND 58335

Women's Way may provide a way to pay.



Eligible women ages 40 through 64 can receive:

- Clinical breast exams
Pap tests
Pelvic exams
Mammograms



A woman who:

- Lives in North Dakota
Has insurance that doesn't cover Pap tests and/or mammograms
Can't afford to pay her deductible or copayments
Doesn't have insurance