

"Niin bimadssiwin kichi-apitendagwad (Life is precious to me). I teach healthy ways of living because I believe that having a healthy way of life helps you do and endure all the things life gives you. A yearly wellness exam is my way of staying around for a long time to continue to teach my family, grandchildren and community."

Miigwech (Thank you)

Frances Allard-Abbott
Enrolled member of the Turtle Mountain
Band of Chippewa Tribe



Woman's Way may provide a way to pay.

Enroll now at...

Northland Community Health Center

401 2nd Ave.

Rolette, ND 58366

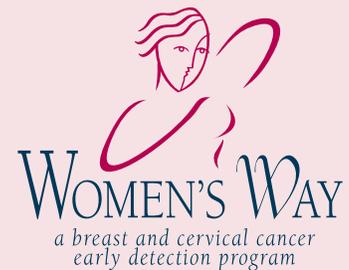
701.246.3391

Please share this program opportunity with friends and family who may qualify.

Women's Way 2009 Income Guidelines

Household number	Income	
	Yearly	Monthly
1	\$21,660	\$1,805
2	29,140	2,428
3	36,620	3,052
4	44,100	3,675
5	51,580	4,298
6	59,060	4,922
7	66,540	5,545
8	74,020	6,168
9	81,500	6,792
10	88,980	7,415

Each additional \$7,480 per year Or \$623 per month



What is Available?

Eligible women ages **40 through 64** can receive:

- Clinical breast exams
- Pap tests
- Pelvic exams
- Mammograms (ages 50-64)

Who Qualifies?

A woman who:

- Lives in North Dakota
- Has insurance that doesn't cover Pap tests and/or mammograms
- Can't afford to pay her deductible or co-payments
- Doesn't have insurance