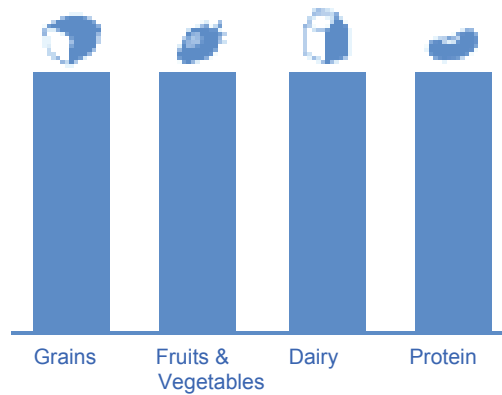




Your New WIC Foods

Food Packages and Benefits for Mom and Baby

Fully Breastfeeding



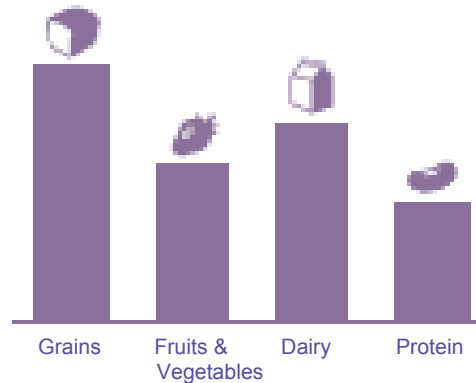
For moms

- More variety, more food
- Food for up to one year
- Breastfeeding support and other services

For babies

- Mom's priceless breastmilk
- At 6 months:
 - * Infant cereal
 - * Twice as much baby food fruits and vegetables
 - * Baby food meats

Mostly Breastfeeding



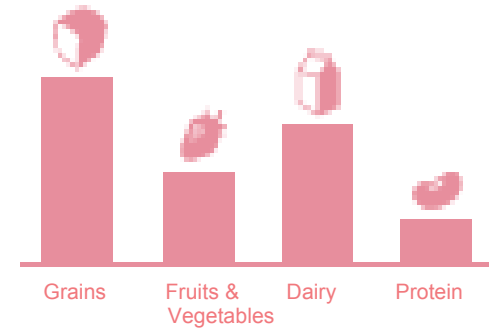
For moms

- Foods for up to one year
- Breastfeeding support and other services

For babies

- Mom's priceless breastmilk
- Limited amount of formula
- At 6 months:
 - * Infant cereal
 - * Baby food fruits and vegetables

Some Breastfeeding/ Delivered



For moms

- Food for 6 months
- Breastfeeding support and other services

For babies

- Amount of formula depends on baby's age
- At 6 months:
 - * Infant cereal
 - * Baby food fruits and vegetables