

What is Oral Sex?

Oral sex involves giving or receiving oral stimulation to the penis, the vagina and/or the anus.



All Sex is Real Sex!

Oral sex is just as real as vaginal and anal sex.

Where can I get tested?

In North Dakota, HIV testing is free for individuals at risk. For more information and to find a testing site near you, visit www.ndhealth.gov/hiv.

Talk to your health-care provider about testing for other STDs or find a testing site near you at www.findSTDtest.org.

How do I know if I am at risk?

Visit www.ndhealth.gov/knowyourrisk and take the online risk assessment.

For More Information:



NORTH DAKOTA
DEPARTMENT of HEALTH

800.472.2180 (toll free)
701.328.2378

North Dakota HIV Hotline

800.70NDHIV
(800.706.3448)

or call your local public health unit or health-care provider



NORTH DAKOTA
DEPARTMENT of HEALTH

ORAL SEX

is real sex with real risks!

HIV/STD Programs

701.328.2378 or 800.472.2180
www.ndhealth.gov/disease

Oral Sex is Not Safe Sex!

Oral sex may seem like a safer option than intercourse; however, you can still get STDs, including HIV.

Know Your Risks.

Several cofactors may increase the risk of HIV transmission through oral sex, including:

- Oral ulcers.
- Bleeding gums.
- Genital sores.
- The presence of other STDs.

In addition to HIV, other STDs can be transmitted through oral sex with an infected partner. Examples of these STDs include:

- Herpes.
- Syphilis.
- Gonorrhea.
- Genital warts (HPV).
- Hepatitis A.

www.ndhealth.gov/knowyourrisk

What are some signs or symptoms of STDs?

- Genital itching or burning
- Sores on the mouth, genitals or anus
- Unusual genital discharge
- Painful urination

If you have any of these signs or symptoms, get tested. Remember, not all STDs, including HIV, have symptoms.

How do you protect yourself?

- Wait to have any kind of sex. This is the surest way to avoid an STD.
- Use barriers such as a condom on the penis or a dental dam (a rectangular sheet of latex) for the vagina or anus.
- Limit your number of sex partners.
- If you think you have an STD, stop having sex and get tested.
- Know your HIV status. Get tested.

How can STDs and HIV be transmitted during oral sex?

STDs, including HIV, can be transmitted from mouth to genitals and from genitals to mouth during oral sex.

