

**FAMILY PLANNING PROGRAM****SECTION:** Medical Services Administration**POLICY AND PROCEDURE MANUAL****SUBJECT:** Fertility Regulation

POLICY: Delegate Agencies must make available, either by direct services or by referral, all approved methods of contraception.

GUIDELINES:

1. Temporary or reversible contraceptive methods include:
 - a. all barrier methods
 - 1) male
 - 2) female
 - b. IUDs
 - c. fertility awareness methods
 - d. natural family planning
 - e. hormonal contraceptives
 - f. abstinence.
2. More than one method of contraception can be used simultaneously by a client and may be particularly indicated to minimize the risks of STDs/HIV and pregnancy.
3. Permanent contraception is provided:
 - a. according to funding available.
 - b. upon referral to a private health care agency.
 - c. according to federal regulations if arranged by agencies.
4. The counseling and consent process for permanent contraception must assure that the client's decision to undergo sterilization is completely voluntary and made with full knowledge of the permanence, risks and benefits.

References:

1. Program Guidelines for Project Grants for Family Planning Services, January 2001, pp. 23-24, Section 8.4, Fertility Regulation.
2. OPA-86-2: IUD Guidance
3. OPA-87-1: Guidance for Natural Family Planning
4. OPA-92-1: Depo Provera Use in Title X Projects.
5. BCHS Memo 78-45: FP Guidelines Use of DES for Postcoital Contraception.