



**CERVICAL CAP**

<b>DEFINITION</b>	The cervical cap is a thimble-shaped non-latex rubber device that fits over the cervix. Three sizes are available with internal diameter of 22mm, intended for women who have NEVER been pregnant; 26mm, intended for women who have been pregnant (even for 2 weeks) and did not have a vaginal delivery; and 30mm, intended for women who have had a vaginal delivery of a full term baby. The cervical cap acts as a mechanical barrier to sperm and is used in conjunction with a spermicide. The cervical cap is distributed exclusively in the United States as FemCap. ( <a href="http://www.FemCap.com">www.FemCap.com</a> ). Availability may vary.
<b>SUBJECTIVE</b>	May include: 1. LMP. 2. Medical, sexual, and contraceptive use update, as appropriate. Must exclude: 1. History of toxic shock syndrome. 2. Allergies to the device or spermicide. 3. Unresolved abnormal pap smear. 4. Recent history of: a. Deliveries or cervical surgery within previous 6-12 weeks. b. Pregnancy termination within previous 2-4 weeks.
<b>OBJECTIVE</b>	Must include: 1. Speculum exam to judge size and contour of the cervix, and to evaluate for vaginal or cervical abnormalities. 2. Bimanual exam to determine the position and size of the uterus and cervix and to estimate the length and diameter of the cervix. Must exclude: 1. Vaginal abnormalities which would interfere with proper placement or retention of the cervical cap. 2. Cervical surface anomalies which would inhibit cap fit. 3. Vaginal or cervical infection, which could complicate cap use.
<b>LABORATORY</b>	Must include: 1. Pap smear done within the last 6-12 months to rule out abnormalities. May include: 1. Vaginal/cervical infection testing, as indicated.
<b>ASSESSMENT</b>	Candidate for cervical cap.
<b>PLAN</b>	1. Fit appropriate sized cap, assessing coverage of cervix, and inability to dislodge. 2. Have client demonstrate ability to correctly insert and remove cervical cap.

	<ol style="list-style-type: none"> <li>3. Review and sign consent/client education form.</li> <li>4. Offer advance prescription of emergency contraceptive pills</li> </ol>
<b>CLIENT EDUCATION</b>	<ol style="list-style-type: none"> <li>1. Provide client education handout(s). Review manufacturer's inserts. Review symptoms, complications, and danger signs.</li> <li>2. Review safer sex education, as appropriate.</li> <li>3. Epithelial disruption can be associated with spermicide dose, delivery system or frequency of use. Caution clients who use spermicide routinely.</li> <li>4. Inform client that use of the cervical cap is contraindicated during menses.</li> <li>5. RTC annually (refrain from use 2-3 days prior to pap smear) and PRN for problems. The cap is reusable for one year.</li> </ol>
<b>CONSULT / REFER TO PHYSICIAN</b>	<ol style="list-style-type: none"> <li>1. Client with symptoms of toxic shock syndrome.</li> </ol>

Revised 1/11

References:

1. Hatcher, R. A., Trussell, J., Stewart, F., Nelson, A.L., Cates, W., Guest, F., Kowal, D. (2007). (Contraceptive Technology. (19<sup>th</sup> revised ed.). Pp. 320-321, New York: Ardent Media, Inc.
2. FDA Product Insert Cervical Cap Approval (1988).
3. FemCap, Inc. [www.FemCap.com](http://www.FemCap.com)