Hormonal Implant Removal

**DEFINITION**
This protocol covers the removal of the hormonal implant. It should be removed after it has been in for 3 years.

**SUBJECTIVE**
Should include:
1. LMP
2. Medical, sexual, and contraceptive history update, as appropriate
3. Determine reason for removal
4. No allergies to antiseptics or local anesthesia used for removal

**OBJECTIVE**
Must include:
1. Palpate implant rod
   May include:
1. Physical examination, if indicated

**LABORATORY**
No specific lab requirement

**ASSESSMENT**
Client who desires implant removal

**PLAN**
1. Document in the chart the reason she requests removal of implant.
2. Discuss and document the risks associated with the removal ((infection, bleeding, or inability to remove the rod at this time and follow-up plan, as indicated.
3. Remove implant per manufacturer’s instructions.

**CLIENT EDUCATION**
1. Counsel client on choosing a different method of birth control, if she is not having a new implant inserted and does not desire a pregnancy. (Refer to chosen method protocol.)
2. Review safer sex education, if appropriate.
3. Recommend client RTC for annual exam and PRN for problems.

**CONSULT/ REFER TO PHYSICIAN**
1. Any client with an allergic reaction to local anesthetic.
2. Any client with difficult implant removal.

**References:**