

**FEMALE CONDOM**

DEFINITION	The-female condom is a barrier method of contraception. It is a sheath, which fits inside the vagina. One end anchors the condom against the cervix, while the other end remains outside the vagina after insertion. It contains a lubricant and provides full barrier protection of the vagina and part of the vulva. Provides protection against STI's as long as the condom does not slip out of place or is torn. It is over-the-counter.
SUBJECTIVE	May include: <ol style="list-style-type: none">1. No history of allergy in client or partner to any component of the condom (polyurethane). Note: Can be used by latex-allergic individuals.2. No known history of vaginal/cervical anomalies.
OBJECTIVE	May include: <ol style="list-style-type: none">1. Vaginal abnormalities which preclude use of device, such as vaginal septum. (Can be used by women with a retroverted uterus.)
LABORATORY	N/A
ASSESSMENT	Candidate for use of female condom.
PLAN	<ol style="list-style-type: none">1. Provide client with manufacturer's instructions.2. Discussion with women regarding comfort level with her body. (Use of the female condom requires a woman to be very comfortable with her own body.)3. Offer ECP as needed
CLIENT EDUCATION	<ol style="list-style-type: none">1. Review client education handout(s). Review manufacturer's inserts. Review side effects, complications, efficacy and danger signs. Note: Stress that the female condom cannot be used with a male latex condom and female condoms are not reusable.2. Review safer sex education, as appropriate.3. Recommend that client RTC for method evaluation annually and PRN for problems.4. Efficacy rate is 95% with perfect use. Typical use has 21% failure rate in first year.5. It can be inserted up to 8 hours before sexual intercourse.
CONSULT/ REFER TO PHYSICIAN	<ol style="list-style-type: none">1. No specific need to refer to physician.

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References:

1. Hatcher, R. A., Trussell, J., Nelson, A.L., Cates, W., Kowal, D., Policar, M. (2011) Contraceptive Technology. (20th revised ed.). 50, 66,392-394, 522, 782 pp. Ardent Media New York.
2. Whcc.labiomed.org
3. www.mayoclinic.org