



**IMPLANON COMPLICATIONS - PERSISTENT BLEEDING**

<b>DEFINITION</b>	Persistent bleeding or spotting, causing physical symptoms or emotional dissatisfaction in a client who has an Implanon subdermal implant.
<b>SUBJECTIVE</b>	May include: 1. Description of bleeding patterns. 2. Medical, sexual, and contraceptive history update, as appropriate. 3. Symptoms of anemia.
<b>OBJECTIVE</b>	May include: 1. Mild anemia symptoms. 2. Pelvic exam. 3. Vital signs.
<b>LABORATORY</b>	May include: 1. Anemia - Hgb/Hct testing. 2. Cervicitis/vaginitis testing, as indicated. 3. Sensitive urine pregnancy test.
<b>ASSESSMENT</b>	Implanon user with persistent bleeding.
<b>PLAN</b>	1. Provide counsel and reassurance on a prn basis. 2. Advise Ibuprofen 400-800 mg. PO tid x 5 days to decrease uterine spasms. If no relief of bleeding with Ibuprofen try: a. Low dose COC/vaginal ring to stabilize endometrium. 3. Discuss removal of Implanon if client desires removal. 4. Treat anemia per protocol, if appropriate.
<b>CLIENT EDUCATION</b>	1. Provide education handout(s), review symptoms, complications, and danger signals. 2. Discuss alternate method if client desires removal. 3. Review safer sex education, if appropriate. 4. Recommend that client RTC for annual exam as appropriate and PRN for problems.

Revised; 03/09, 01/11

References:

1. Implanon Package Insert , Organon USA Roseland, NJ 2006
2. Dickey, Richard P., (2007).Managing Contraceptive Pill Patients, (13<sup>th</sup> Ed.).Texas: EMIS, Inc. pp. 96-97, 99.
3. Zieman, M., Hatcher, R., Cwiak, C., Darney, P., Creinin, M., Stosur, H., (2007). Managing Contraception, page 131.