What is the cost of services at a Family Planning clinic?

Clients are charged for services according to their household income and family size. Private pay, insurance, Medicaid, Medicare and donations are accepted.

Did you know?

The average woman has 32 or more years in her lifetime when she can bear children. The average male is able to father children from puberty throughout his lifetime.

North Dakota Family Planning Clinics

Central Valley Family Planning Program
122 2nd St. NW
Jamestown, N.D. 58401 ~ 701.252.8130
*Carrington ~ 701.652.3087
*Valley City Courthouse ~ 701.252.8130
*Valley City State University ~ 701.845.7212

Community Action Partnership
Family Planning Program
202 E. Villard
Dickinson, N.D. 58601 ~ 701.227.0131

Custer Family Planning Center
701 E. Rosser Ave.
Bismarck, N.D. 58501 ~ 701.255.3535

Fargo Cass Public Health Family Planning Program
1240 25th St. S.
Fargo, N.D. 58103 ~ 701.241.1383
*Cass County Jail

First District Health Unit Family Planning Program
801 11th Ave. S.W., P.O. Box 1268
Minot, N.D. 58702 ~ 701.852.1376

Lake Region Family Planning Program
Ramsey County Courthouse
524 Fourth Ave. N.E. Unit #9
Devils Lake, N.D. 58301-2490 ~ 701.662.7046
*Rugby ~ 701.776.6783

Richland County Family Planning Program
413 Third Ave. N.
Wahpeton, N.D. 58075 ~ 701.642.7735
* Lisbon ~ 701.683.6145

Upper Missouri District Health Unit
Family Planning Program
110 W. Broadway, Suite 101
Williston, N.D. 58801 ~ 701.774.6400
*Crosby ~ 701.965.6813
*Stanley ~ 701.628.2951
*Watford City ~ 701.444.3449

Valley Health
360 Division Ave., Suite 200
Grand Forks, N.D. 58201 ~ 701.775.4251

For more information, contact the agency nearest you, visit www.ndhealth.gov/familyplanning or call 800.472.2286 (toll-free).

www.facebook.com/ndfamilyplanning

NORTH DAKOTA DEPARTMENT OF HEALTH
Helping women and men to understand and take responsibility for their reproductive health.

October 2016

A Title X-funded Family Planning Program
What is family planning?

Family planning helps you decide the number of children you want and when you want to have them. It is a decision for you and your partner to make together.

Who can use services at a Family Planning clinic?

Family planning services are available regardless of age, gender, race, nationality, religion, sexual preference, disability or ability to pay.

Why have Family Planning clinics?

♦ To help individuals who have health needs
♦ To help individuals prepare for and plan pregnancies
♦ To support healthier relationships
♦ To promote healthier communities

What services are available at a Family Planning clinic?

Clients may receive education and information about:
- All birth control methods, including abstinence and natural family planning
- How to use the birth control method of their choice
- "Safer-sex" practices
- Sexually transmitted diseases (STDs)
- HIV/AIDS
- Health promotion
- Pregnancy
- Nutrition
- Fertility
- Sterilization procedures
- Breast self-exam
- Testicular self-exam

♦ Basic fertility services, along with appropriate referrals
♦ Pregnancy testing
♦ Basic genetic counseling and referral for genetic evaluation
♦ Emergency contraception

What community services do Family Planning clinics provide?

♦ Speakers are available upon request by schools and community groups to discuss family planning services or related topics.

Clients may receive:

♦ An annual physical exam that may include:
  - Blood pressure
  - Height and weight
  - Urinalysis
  - Sexually-transmitted disease (STD) testing and treatment
  - HIV/AIDS testing
  - Pap smear
  - Physical examination
  - Lab work
  - Breast exam
  - Testicular exam

♦ A birth control method that best meets their needs