

North Dakota Department of Human Services

Recommended Mental Health Screening Tools

Ages 0 through 60 months

1. Ages and Stages Questionnaires: Social - Emotional
2. Briggance Screens II www.cirriculumassociates.com
3. Brief Infant and Toddler Social and Emotional Assessment (BITSEA)
www.pearsonassessments.com

Ages 5 through 21

1. Pediatric Symptom Checklist (PSC) <http://www.brightfutures.org/mentalhealth/pdf>
2. Pediatric Symptom Checklist – Youth Report (Y-PSC)
3. Strength and Difficulties Questionnaire (SDQ) www.sdqinfo.org

Other Tools

1. M-CHAT - Autism screening www.mchatscreen.com
2. CRAFFT – Substance Abuse and Alcohol Abuse screening www.teenscreen.org
3. Patient Health Questionnaire Modified for Teens (PHQ-9) – Depression screening www.teenscreen.org
4. Kutcher Adolescent Depression Scale
<http://www.cprf.ca/newsite/admin/uploads/docs/KADS11.pdf>

If using the Denver II or Ages and Stages 3 an evidenced based mental health screening tool must also be used.