

Diabetes Website Resources

Category #1 Clinic Care and Quality Improvement:

American Academy of Family Physicians

<http://www.aafp.org>

Institute for Clinical System Improvement

http://www.icsi.org/guidelines_and_more/

National Association of Rural Health Clinics

www.narhc.org

Category #2 Healthy Eating

Evidence-Based Approaches for Implementation of 5 A Day for Better Health

http://dceps.nci.nih.gov/5ad_6_eval.html

Weight Control Information Network

<http://win.niddk.nih.gov/index.htm>

Information on weight control, obesity, physical activity and nutrition

Heart Healthy Recipes

http://www.nhlbi.nih.gov/health/public/heart/obesity/lose_wt/recipes.htm

Body Mass Index Calculator

<http://www.nhlbisupport.com/bmi/bmicalc.htm>

Diabetes Information

<http://www.dlife.com/>

Physicians Committee for Responsible Medicine

www.PCRM.org

Diabetes nutrition education, how-to-guides, online video, books, resources, research and information

USDA Food and Nutrition

<http://fnicsearch.nal.usda.gov/fnicsearch/resultList.html;jsessionid=FBDBBAD355E735B37DC5695CA6DFD066?ssid=132a4067%3A11c6b47e411%3A-3ef4&debugMode=false&searchUrl=search.html%3Fget%3Dtrue%26fullRecord%3Ddiabetes%26c%3D35%26c%3D36%26c%3D33%26c%3D34%26c%3D37&resultPane=0>

My Pyramid sites for diabetes

www.mypyramid.gov

University of Georgia

<http://www.fcs.uga.edu/ext/diabetes/index.php>

University of Idaho

<http://info.ag.uidaho.edu/diabetes/>

Calorie Control Council

<http://www.caloriecontrol.org/>

Steps to Healthy Aging

http://www.fiu.edu/~nutreldr/STEPS_Program/Moving_More/AOA_Stepbrochure.pdf

Category #3 Physical Activity

America on the Move

<http://aom.americaonthemove.org>

Weight Control Information Network

<http://win.niddk.nih.gov/index.htm>

Information on weight control, obesity, physical activity and nutrition

4 Hearts N' Parks

http://www.nhlbi.nih.gov/health/prof/heart/obesity/hrt_n_pk/index.htm

Steps to Healthy Aging

http://www.fiu.edu/~nutreldr/STEPS_Program/Moving_More/AOA_Stepbrochure.pdf

Body Mass Index Calculator

<http://www.nhlbisupport.com/bmi/bmicalc.htm>

Maine Community website

www.movemore.org

Category #4 Medications

Food & Drug Administration

<http://www.fda.gov/diabetes/>

Medication

<http://www.drugs.com>

Category #5 Research

Official daily newspaper of the American Diabetes Association
<http://www.nxtbook.com/nxtbooks/tristar/ada060906/index.php>

American Academy of Family Physicians
<http://www.aafp.org>

Physicians Committee for Responsible Medicine
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Research Studies
<http://www.centerwatch.com/patient/studies/area4.html>

Cornell University Research
http://web.search.cornell.edu/search?q=diabetes&output=xml_no_dtd&client=default_frontend&proxystylesheet=default_frontend

National Eye Institute
<http://www.nei.nih.gov/index.asp>
Includes videos, clinical trials, community outreach, school programs

Category #6 General Information

Diabetes Information
<http://www.dlife.com/>

Area Health Education Centers; Health Education Training Centers
<http://www.hrsa.gov/>

MyHealthy Life Network
<http://www.mydiabetes.com/>

Category #7 Preventing Diabetes/Complications

Food & Drug Administration
<http://www.fda.gov/diabetes/>

Body Mass Index Calculator
<http://www.nhlbisupport.com/bmi/bmicalc.htm>

Early Eye Exams for Diabetics

<http://www.healthyvision2010.org/>

National Eye Institute

<http://www.nei.nih.gov/index.asp>

Includes videos, clinical trials, community outreach, school programs

Category #8 Assistance (financial, care, medication, seniors)

Find a Health Center

<http://bphc.hrsa.gov/>

Steps to Healthy Aging

http://www.fiu.edu/~nutreldr/STEPS_Program/Moving_More/AOA_Stepbrochure.pdf

Active Living Coalition for Older Adults--Canadian

<http://www.alcoa.ca/e/diabetes/>

National Association of Rural Health Clinics

www.narhc.org

Partnership for Prescription Assistance

<https://www.pparx.org/Intro.php>

Category #9 Surveillance/Impact of Diabetes

North Dakota Department of Health

<http://www.ndhealth.gov/chronicdisease/>

Behavioral Risk Factor Surveillance System-State, city and county data

<http://apps.nccd.cdc.gov/brfss/index.asp>

Youth Risk Behavior Surveillance System

<http://www.cdc.gov/nccdphp/dash/yrbs/index.htm>

Category #10 Supplies/Equipment

Supplies

<http://www.minimed.com/>

Partnership for Prescription Assistance

<https://www.pparx.org/Intro.php>

National Eye Institute

<http://www.nei.nih.gov/index.asp>

Includes videos, clinical trials, community outreach, school programs

Category #11 Continuing Education

Physicians Committee for Responsible Medicine

www.PCRM.org

Diabetes nutrition education, how-to-guides, online video, books, resources, research and information

NutritionCME

www.nutritioncme.org

website for healthcare professionals to receive CEU's and CME's

Online Continuing Education Courses for Healthcare Professionals

www.onlinece.net

Continuing education for healthcare professionals

Category #12 Federal and State Laws

Official daily newspaper of the American Diabetes Association

<http://www.nxtbook.com/nxtbooks/tristar/ada060906/index.php>

Category #13 Organizations

National Eye Institute

<http://www.nei.nih.gov/index.asp>

Includes videos, clinical trials, community outreach, school programs

Category #14 Everything

American Diabetes Association

<http://diabetes.org>

This site has information on treatment, research and prevention, home page links to the message board, site also hosts chat rooms. Search option available

Healthfinder

<http://www.healthfinder.gov>

Run by the U.S. Department of Health and Human Services site contains evaluated and reliable list of health web resources

MedlinePlus

<http://www.nlm.nih.gov/medlineplus/diabetes.html>

This site is a service of the National Library of Medicine and the National Institutes of Health and contains general health information and a directory of drugs.

National Institute of Diabetes and Digestive and Kidney Diseases

<http://www.niddk.nih.gov>

<http://www.ahrq.gov/consumer/index.html>

Centers for Disease Control and Prevention

<http://www.cdc.gov/diabetes/>

National Diabetes Education Program; Small Steps, Big Rewards-Prevent Type 2 Diabetes.

<http://www.ndep.nih.gov>

Diabetes, Pre-diabetes, and Metabolic Syndrome

Exercise: A Guide from the National Institute on Aging

<http://www.nia.nih.gov/HealthInformation/Publications/ExerciseGuide/>

Asthma & Diabetes; Health Disparities Collaborative

<http://www.healthdisparities.net>

Diabetes Monitor

<http://www.diabetesmonitor.com> Monitoring diabetes happenings in cyberspace, and providing information, education and support for people with diabetes.

California Diabetes Program

<http://www.caldiabetes.org/content.cfm?categoryId=28>

Diabetes monitor site

<http://www.homediagnostics.com/healthprof.asp>

International Diabetes Center

<http://www.parknicollet.com/patientsCommunity.cfm>

Category #15 Disparate Populations

Asthma & Diabetes; Health Disparities Collaborative

<http://www.ihs.gov/MedicalPrograms/Diabetes/index.asp>

Category #16 Community Awareness

National Eye Institute

<http://www.nei.nih.gov/index.asp>

Includes videos, clinical trials, community outreach, school programs

Maine Community website

www.movemore.org