

Purpose of Children's Special Health Services (CSHS)

The Division of Children's Special Health Services is located in the North Dakota Department of Health. This Division provides services for children with special health care needs and their families, and promotes family-centered, community-based, coordinated services and systems of health care.



Who is eligible for services?

A child or youth who:

- Has or might have a disability or chronic health condition;
- Is a North Dakota resident; and
- Is birth to 21 years of age.

Questions and Answers About Programs and Services

It is hard for my family to pay for my child's health care expenses. Is there a program that can help?

The **Specialty Care Diagnostic and Treatment Program** helps families pay for medical services for eligible children.

CSHS can help pay for health care visits and tests needed to diagnose many chronic health conditions seen in children.

CSHS also can help pay for specialty care that is needed to treat an eligible condition. Families must meet medical and financial eligibility guidelines.



Is it possible to see all of my child's doctors in one day, instead of making appointments on multiple days?

The **Multidisciplinary Clinic Program** is a resource to help families manage their children's chronic health conditions. Most clinics supported by CSHS provide multidisciplinary team evaluations. Families are able to see many different providers and health care professionals in one place at one time. Examples of these clinics include cleft lip and palate, asthma and developmental assessment. For a complete listing, contact CSHS for a clinic directory.



Are there any services available for individuals with phenylketonuria (PKU), maple syrup urine disease (MSUD) or Russell-Silver Syndrome (RSS)?

The **Metabolic Food Program** provides medical food and low-protein modified food products to individuals with PKU and MSUD. The **Russell-Silver Syndrome Program** provides medical food and growth hormone treatment for children with RSS.

My child has so many needs. I don't always know where to turn for help. Are there programs that can assist me?

The **Care Coordination Program** helps families access services and resources. This service is especially helpful when a child has complex health needs.

I would like information about my child's condition. Where can I go for help?

The **Information Resource Center** provides information and referral services free of charge.

CSHS has information available on the following topics:

- Medical conditions
- Health and related services
- Health care coverage
- Health care providers
- Well-child health care
- Child development
- Financial assistance
- Family/parent-to-parent support



State Systems Development Initiative (SSDI)

This initiative supports access to data that is needed to assure quality programming for the MCH population, including children with special health care needs and their families.

Autism Spectrum Disorder (ASD) Database

To promote understanding of autism spectrum disorders, CSHS administers a database that includes all reported cases of ASD in North Dakota.

Children and Youth with Special Health Care Needs Service System

CSHS supports development of a community-based system of services for all families. For children and youth with special health care needs, efforts focus on screening, transition, medical home, family partnerships and satisfaction, adequate insurance and community-based service systems.



For more information,
contact:

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OR

Speak to a Children's Special Health
Services worker at your local
county social services office.



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NORTH DAKOTA
DEPARTMENT of HEALTH

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Does your child have special health care needs?



Children's Special Health Services may be able to help.