



NORTH DAKOTA
DEPARTMENT *of* HEALTH
Children's Special Health Services

Complex Dental Conditions Resource Booklet



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Disclaimer

The content within this booklet is for informational purposes only. It is not intended to be a substitute for professional medical advice. Families are encouraged to discuss the information in this booklet with their child's doctor or other health care providers.

Specialty Health Services

Oral health problems can affect all children. However, these problems can be even more troublesome for children and teens with special health care needs. Children and teens with special needs may suffer mouth problems more often and more easily. If dental care is delayed, oral health problems tend to become worse over time. A child's oral health can directly impact his or her general health and daily comfort. A guide to give parents and caregivers tips on keeping their child's or teen's mouth healthy can be viewed at:

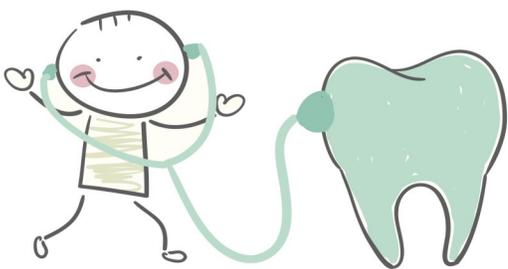
www.scdhec.gov/administration/library/CR-010418.pdf

Children with special health care needs (CSHCN's) are at increased risk for oral health problems such as: **1)** common oral diseases such as decay and gum disease, **2)** serious health consequences from common oral disease due to underlying medical conditions, **3)** oral consequences of medical therapies, and **4)** less common oral and craniofacial problems that also affect their overall health, quality of life, and long-term outcomes.

CSHCN's may be at special risk of oral disease due to delays in acquiring self-care skills, knowledge, and understanding needed to promote oral health or because of limitations in physical ability to perform personal care.

Finding a dental professional trained in the care of children with special needs or complex dental conditions is important. For a list of Children's Special Health Services (CSHS) participating specialists (e.g., oral surgeons, orthodontists, pedodontists (pediatric dentists) and prosthodontists), contact CSHS at: 800.755.2714.

www.ndhealth.gov/cshs/docs/cshs-provider-list.pdf



DID YOU KNOW...

That your medical provider can do an oral exam and apply fluoride varnish to your child's teeth? Fluoride varnish is a topical fluoride that will help in preventing cavities in your child's mouth. It is a simple procedure consisting of drying the teeth with a 2x2 gauze and painting the fluoride varnish on the teeth. There is no pain associated with the procedure. Your child will be able to eat and drink right after the fluoride varnish application has been done.

CSHS Covered Complex Dental Conditions



CSHS provides dental coverage for children. To qualify, a child must be a North Dakota resident age birth to 21 and have one of the following dental conditions:

- **Cleft lip and/or palate** (a fissure or opening in the lip and/or roof of the mouth)
- **Handicapping malocclusion** (severe teeth crowding and jaw misalignment affecting appearance, speech, or ability to eat)
- **Congenital dental disorder** (e.g., dentinogenesis imperfecta, congenitally missing teeth, etc.)
- **Ectodermal dysplasia** (a genetic disorder affecting the development or function of the teeth, hair, nails, sweat glands, and other body parts)

CSHS Dental diagnostic services – These services help identify a potentially eligible dental condition or help to develop a treatment plan. Diagnostic services do not require financial eligibility.

CSHS Dental treatment services – Treatment services do require financial eligibility. These services help children with cleft conditions, handicapping malocclusion, congenital dental disorders, and ectodermal dysplasia. Covered services vary depending on the condition but may include:

- **Preventive dental care** – oral exams, teeth cleaning, sealants, fluoride treatments, and x-rays
- **Restorative care** – fillings and crowns
- **Surgical care** – tooth extractions and endodontics
- **Emergency care** – pulp treatments and treatment of abscesses
- **Dental implants**
- **Orthodontic services**
- **Oral prosthetics**

For help in determining eligibility, call the county social service office in the area you reside for an appointment.

CSHS Cleft lip and palate clinics are available at no cost in Bismarck, Fargo, Grand Forks and Minot to help families get the care and services needed to manage their child's cleft condition. Clinics provide multidisciplinary team evaluations where families have an opportunity to see many different health care providers in one place at one time. A guide to North Dakota resources for children with cleft lip and palate can be viewed at: www.ndhealth.gov/cshs/docs/Cleft%20Resource%20Booklet%20-%20Read%20only.pdf

Genetic Services

Genetic/Birth Defect Clinics

are held periodically throughout the state. For clinic schedule information, call CSHS toll-free at **800.755.2714** or contact the following:



Sanford Health Medical Genetics

Fargo

801 Broadway N, Route 1221

Fargo, ND 58102

Telephone: 701.234.2774

www.sanfordhealth.org/MedicalServices/Specialties/MedicalGenetics

Bismarck

222 N 7th St., 4th Floor Internal Med.

Bismarck, ND 58506

Telephone: 701.323.2086

Informed Medical Decisions

(telehealth genetic counseling services)

North Dakota Contact:

Marie Schuetzle, MS, CGC

Senior Genetic Counselor

Telephone: 760.230.4251

Fax: 760.203.1194

Additional Resources

Anne Carlsen offers a rich tradition of empowering individuals with disabilities and their families. Their experienced staff provides compassion, training, services and supports in homes and communities across North Dakota. On the Jamestown campus, they meet the educational, residential and therapeutic needs of children and young adults with autism, behavior disorders, medical fragility and other developmental disabilities. They also provide services in the home through customized supports for individuals from birth to age 21. In addition, through their community-based services (i.e., in-home supports and community day supports), Anne Carlsen accommodates individuals of all ages, including adults. For more information about services in the Dickinson and Bismarck locations, call 701.934.1144. www.annecarlsen.org

Bismarck (also covering Dickinson)

1929 North Kavaney Drive
Bismarck, ND 58501
701.364.2663
800.201.8672

Fargo

4152 30th Ave. S, Suite 102
Fargo, ND 58104
701.364.3732
800.201.8672

Grand Forks

2016 S Washington St.
Grand Forks, ND 58201
701.757.4200
888.815.3770

Jamestown

701 3rd St. NW
Jamestown, ND 58401
701.252.3850
800.568.5175



Birth to Three Early Intervention is a support and service program designed to help families with children from birth to age three with disabilities and/or developmental delays. The goal of this program is to improve a child's development and to increase involvement in family and community life. By partnering with families, ND Early Intervention provides them with the tools and support they need to help their child be successful. Qualifying families have access to a wide array of professionals, including case management and an experienced parent specialist. Anyone, including family members, can refer a child for a free developmental evaluation, with eligibility based on the following criteria:

- Displays a 50 percent delay in any area of development (cognition, communication, motor, self-help, or social emotional skills)
- Displays a 25 percent delay or more in any two areas of development
- Has a diagnosis or disability that impairs typical development
- Has a significant health condition that puts them at high risk for developmental delays
- Has vision or hearing loss

ND Early Intervention also includes a screening program called Right Track. This program offers free developmental screenings and parent information. To make a referral or to learn more, call the Disability Services Division at 800.755.8529 or visit www.nd.gov/dhs/services/disabilities.

For other developmental disabilities, contact the Human Service Centers of North Dakota at one of these regional offices:

Bismarck

West Central Human Service Center
701.328.8888 or 888.328.2662

Grand Forks

Northeast Human Service Center
701.795.3000

Devils Lake

Lake Region Human Service Center
701.655.2200

Jamestown

South Central Human Service Center
701.253.6300 or 800.639.6292

Dickinson

Badlands Human Service Center
701.227.7500 or 888.227.7525

Minot

North Central Human Service Center
701.857.8500 or 888.470.6968

Fargo

Southeast Human Service Center
701.298.4500 or 888.3342.4900

Williston

Northwest Human Service Center
701.774.4600 or 800.231.7724



Supplemental Security Income (SSI) provides monthly payments for children who meet disability and financial eligibility requirements. For more information, contact the Social Security Administration at 877.319.6044.

www.socialsecurity.gov

Women, Infants and Children (WIC) provides nutritious foods, offers information about how to feed your family, and helps you participate in other important health programs. Pregnant women, breastfeeding women and children up to age five who meet WIC's liberal income guidelines are eligible to participate. For more information, contact 800.472.2286 or your county WIC office as listed in the phone book. www.ndhealth.gov/wic/



Family Support Services

Care Coordination for Children with Special Health Care Needs

Meeting the complex health needs of children and their families often requires special assistance in the form of care coordination. The Care Coordination Program through Children's Special Health Services (CSHS) helps eligible families access services and resources in their community; and when needed, across multiple service delivery settings. For more information, refer to the following websites:

- **Medical Home** www.medicalhomeinfo.org
- **Grand Forks Public Health**
<http://grandforksgov.com/gfgov/Health.nsf/Pages/Care+Coordination>
- **County Social Services**
www.nd.gov/dhs/locations/countysocialserv/index.html
- **North Dakota Integrated Services** www.ndcpd.org/ndis/

Child Care Assistance Program helps income-eligible families pay for child care while they work or attend school or training.

North Dakota Department of Human Services
600 East Boulevard, Dept. 325, Bismarck, ND 58505
701.328.2332

Public Assistance Toll-Free Number: 800.755.2716

www.nd.gov/dhs/services/financialhelp/childcare.html

Child Care Aware of ND (formerly Child Care Resource and Referral)

provides assistance locating child care and other related services.

Bismarck – 701.223.1510 or 888.223.1510

Fargo – 218.299.7026 or 800.941.7003

Grand Forks – 701.772.3435 or 888.778.3435

Minot – 701.838.7800 or 800.450.7801

Jamestown – 701.252.0350 or 888.767.0350

www.ndchildcare.org



Disability Services Division provides services to North Dakota citizens of all ages with developmental disabilities. Call your regional Human Service Center or the Disability Services Division at 800.755.8529. www.nd.gov/dhs/services/disabilities

- **Family Care Option** provides respite care to families through short-term foster home placement.
- **Family Subsidy Program** provides financial help needed by the family to care for the child at home.
- **Infant Development Program** provides intervention services in the home or other natural settings by trained professionals to promote optimum development of children from birth to age two.
- **Respite Care Program** provides services of a specially trained caregiver to provide the family with occasional relief from the stress of providing care.
- **Right Track** provides child development consultations for children from birth to age three. For more information, call 800.755.8529.
- **Supportive Home Care** assists with and teaches parents about the special care the child needs.
- **Experienced Parent Program** provides support services to parents with children enrolled in early intervention.

Family Voices of ND is a health care information and education center, which includes the Parent to Parent Project, a program that offers emotional support to families. Call 701.493.2634 or 888.522.9654. www.fvnd.org

Federation of Families provides support and advocacy for children's mental health. Call 701.250.1795 or 800.492.4951. www.fcsn.org

Legal Services of North Dakota

PO Box 1893
Bismarck, ND 58502-1893
701.222.2110 or 800.634.5263

National Alliance on Mental Illness North Dakota

PO Box 3215
Minot, ND 58702-3215
701.857.3345

National Dissemination Center for Children with Disabilities (NICHCY)

is an information clearinghouse that provides free information about disabilities and disability-related issues. For more information, call 800.695.0285. www.nichcy.org

Pathfinder Family Center, Inc.

Statewide Parent Training and Information
1600 2nd Ave. SW, Ste.19
Minot, ND 58701
701.837.7500 or 800.245.5840
www.pathfinder-nd.org

Protection and Advocacy Project

400 E Broadway, Ste. 409
Bismarck, ND 58501
701.328.2950 or 800.472.2670
Fax: 701.328.3934 TTY: 800.366.6888
www.ndpanda.org

Regional Resource Centers for Independent Living provides services that help young people with disabilities with transition from home and school, to the work place, and independent living. www.freedomrc.org

Dakota Center for Independent Living

311 East Broadway
Bismarck, ND 58501
701.222.3636 or 800.489.5013

Options Interstate Resource Center

318 3rd St. NW
East Grand Forks, MN 56721
218.773.6100 or 800.726.3692

Freedom Resource Center

2701 9th Ave. S, Ste. H
Fargo, ND 58103
701.478.0459 or 800.450.0459

Independence, Inc.

300 3rd Ave. SW, Ste. F
Minot, ND 58701
701.839.4724 or 800.377.5114

Ronald McDonald House Charities provides a temporary residence near the medical facility where family members can sleep, eat, relax and find support from other families in similar situations. In return, families are asked to make a donation, but if that isn't possible, the stay is free.

Bismarck

609 N 7th St.
Bismarck, ND 58501
701.258.5076
www.rmhcbismarck.com

Fargo

1330 18th Ave. S
Fargo, ND 58103
701.232.3980
www.rmhcfargo.org

Information and Referral Services

Children's Special Health Services (CSHS)

North Dakota Department of Health
State Capitol—Judicial Wing
600 East Boulevard Ave., Dept. 301
Bismarck, ND 58505-0200
701.328.2436 Toll-free: 800.755.2714 Relay TDD: 701.328.3975
E-mail: dohcshsadm@nd.gov

Children's Special Health Services is a division in the North Dakota Department of Health that helps children with special health care needs and their families. Individuals are encouraged to call CSHS for free health care information. CSHS can also help with referrals to health care providers and special programs for children with chronic health conditions. www.ndhealth.gov/cshs

County Social Services administers economic assistance and social service programs. To inquire about assistance, please check your local phone book under county government. www.nd.gov/dhs/locations/countysocialserv

Oral Health Program Directory

This listing below provides information about the ways you may be able to find dental care for children and families.

http://www.ndhealth.gov/oralhealth/Publications/Fact_Sheet_Dental%20Access.pdf

Pediatricians and Family Doctors

Lists of primary care doctors who practice in North Dakota are available upon request from CSHS. All children benefit from a medical home. A medical home is not a building, but rather an approach to providing comprehensive medical care. In a medical home, a physician or other medical provider works in partnership with the family to assure that the medical and non-medical needs of the child or youth are met. Through this partnership, the medical provider can help the family access and coordinate specialty care, educational services, out-of-home care, family support, and other public and private community services that are important to the overall health of the child and family.

Public Health

Local public health units provide a variety of services such as immunizations, home visits, high-risk infant follow-up, general child health services, community wellness programs, and school health screenings. www.ndhealth.gov/localhd

Organizations

American Dental Association (ADA)

The American Dental Association works to educate the public about good oral health through patient education pamphlets, internet websites, and public service announcements.

www.ada.org

North Dakota Center for Persons with Disabilities

Minot State University
500 University Ave. West
Minot, ND 58707
800.233.1737

www.ndcpd.org

North Dakota Chapter of the March of Dimes Birth Defects Foundation

1330 Page Drive, Ste. 102
Fargo, ND 58103
701.235.5530

www.marchofdimes.com/northdakota

North Dakota Dental Association (NDDA)

The North Dakota Dental Association is a constituent organization chartered by the American Dental Association and represents 344 dentists that are organized into five component districts. www.nddental.com

Project HERO

Services: HERO provides unused medical supplies and donated durable medical equipment to those in need. HERO works with several agency and health care partners to redistribute viable medical products to the medically fragile and financially challenged.

5012 53rd Street S, Ste. C
Fargo, ND 58104
218.284.6111

<http://herofargo.org/>

Easter Seals Goodwill ND, Inc.

Services include, but are not limited to, respite or relief care; personal care services and domestic homemaker services; equipment loan; advocacy for individuals with disabilities; and information and referral.

Dickinson

2125 Sims St.
PO Box 361
Dickinson, ND 58602-0361
866.895.1587

Fargo

15 South 21st, Ste. 105
Fargo, ND 58103-1435
866.895.1588

Grand Forks

3651 S Washington St.
Grand Forks, ND 58201-7201
866.876.1015

Jamestown

203 Business Loop West
PO Box 756
Jamestown, ND 58402-0756
866.897.6004

Mandan

211 Collins Ave.
PO Box 1206
Mandan, ND 58554-1206
www.esgwnd.easterseals.com

Minot

800 12th Ave. SW
Minot, ND 58701-9114
866.895.1589

North Dakota Interagency Project for Assistive Technology (IPAT)

Services include information and referral, training, technical assistance to systems and individuals, equipment loan library, outreach activities, a link between state and private entities, resource development, alternative loan program, and dissemination of assistive technology materials based on consumer input. www.ndipat.org

Fargo

3509 Interstate Boulevard
Fargo, ND 58103
701.365.4728 or
800.895.4728

Bismarck

400 East Broadway, Ste. 501
Bismarck, ND 58501
701.355.4615 or
888.540.4728

Shriners Hospitals for Children-Twin Cities provides care for children (age 17 and younger) with orthopedic problems and burns. Some of the common orthopedic problems treated at Shriners include scoliosis, osteogenesis imperfecta, orthopedic problems of cerebral palsy, hand problems, back problems, limb deficiencies and growth problems, orthopedic problems of spina bifida with myelodysplasia, club foot and dislocated hip, leg-length discrepancies, orthopedic problems resulting from neuro-muscular disorders, legg-perthes disease, rickets, and juvenile rheumatoid arthritis. Evaluation clinics are offered throughout North Dakota. For more information, call Shriners Hospital for Children –Twin Cities at 888.293.2832 or the patient referral line at 800.237.5055. www.shrinershq.org or www.shrinershospitalsforchildren.org

The Arc of North Dakota

The Arc is a member and volunteer-driven nonprofit organization that offers advocacy, education and family support to children and adults with intellectual disabilities and related developmental disabilities and their families.

Bismarck

The Arc of Bismarck
1211 Park Ave.
Bismarck, ND 58504
701.222.1854
www.thearcofbismarck.org

Grand Forks

The Arc, Upper Valley
2500 Demers Ave.
PO Box 12420
Grand Forks, ND 58208-2420
701.772.6191
www.thearcuppervalley.com

Dickinson

The Arc of Dickinson
PO Box 1421
Dickinson, ND 58601
701.483.4272

Valley City

The Arc of Barnes County
700 11th St. NW #135
Valley City, ND 58072
701.845.5845

Fargo

The Arc of Cass County
255 North University Drive
Fargo, ND 58102
701.293.8191
www.arccassnd.com

Libraries



North Dakota State Library

701.328.4622 or toll-free: 800.472.2104

www.library.nd.gov

Children's Special Health Services Resource Library

Toll-free: 800.755.2714

Pathfinder Services of North Dakota Library

Toll-free: 800.245.5840

www.pathfinder-nd.org

Prevention Resource Center

Topics in mental health, substance abuse, aging and disabilities

Toll-free: 800.642.6744

<http://odinlibrary.org/ndspr.html>

Education

Head Start

Head Start and Early Head Start are comprehensive child development programs. Regular Head Start programs are for children ages 3 and 4. Some communities offer a program specifically for families with children younger than 3 and pregnant women. A variety of services are provided through Head Start programs including health, education, parent involvement, family literacy, social services and services for children with disabilities. Call the Head Start State Collaboration office at 800.472.2622 or your local Head Start program. www.nd.gov/dhs/services/childfamily/headstart

School Nursing

The purpose of school nursing is to support the educational process by contributing positively and significantly to the health, health attitudes and health behaviors of today's children, and consequently, tomorrow's adults. Contact the Department of Health at 701.328.2493 or your local school nurse. www.ndhealth.gov/school-nursing

Special Education

It is important to locate and identify children who are in need of special services as early as possible. Screening and assessment opportunities offered at school help identify possible areas of difficulty that could interfere with a child's learning or academic performance. Some children with disabilities may require special education services to address their unique educational needs. Contact the Department of Public Instruction at 701.328.2260 or your local special education unit. www.dpi.state.nd.us



Health Care Coverage Options

MEDICAL COVERAGE

Medicaid provides comprehensive medical, dental and vision coverage to North Dakota children and adults through a variety of coverage programs and waivers. They include:



- **Autism Spectrum Disorder Waiver** provides services for young children from birth to age 7 who have a diagnosis of an autism spectrum disorder. The waiver will give families access to an evaluation team that can validate their child's diagnosis and serve as a resource for the family's local service providers. Apply by contacting the State Autism Coordinator at 701.328.8949 or online at www.nd.gov/dhs/autismnd/index.html.
- **Children with Disabilities Medical Coverage** allows qualifying children with disabilities to buy into Medicaid. The program provides comprehensive coverage through Medicaid, including dental and mental health coverage, in return for a premium. Apply at your local county social service office.
- **Children and Family Coverage** provides coverage to children younger than 21, to pregnant women, and to adult caretakers of deprived children. Most receive full coverage; however, some with higher income may be required to pay for a portion of their care. Apply at your local county social service office.
- **Children's Hospice Services Waiver** provides support to families so they can care for their children (from birth through age 21) in their homes as long as possible, avoiding lengthy stays and delaying or avoiding institutional care. The child must have a diagnosis and not be expected to live longer than one year. The program also allows families to access treatments that focus on curative and comfort care for their children. To apply call 701.328.4630.
- **Children with Medically Fragile Needs Medicaid Waiver** is designed to assist qualifying medically fragile children between ages 3 and 18. The child needs to be living at home, be Medicaid eligible, be able to meet Level of Care criteria for a nursing home and meet criteria based on the Level of Need. To apply call 701.328.4630.

- **Home and Community-Based Services Waiver** provides alternative services for individuals with disabilities who are at least 18 years of age and individuals older than 65 years of age who are eligible for the Medicaid Program and have medical needs that would qualify them to enter a nursing facility. The waiver allows North Dakota to pay for alternative services needed for these individuals to remain in their own homes or community settings. Recipients may be required to pay for a portion of their care based on their income. Apply at your local county social services office.
- **Intellectual Disabilities/Developmental Disabilities Waiver** assists eligible individuals with intellectual disabilities and developmental disabilities to remain living at home and in the community. This waiver serves individuals through the lifespan (both children and adults). Services offered under the waiver include Developmental Disabilities Program Management; Infant Development (for children from birth to age 3); in-home supports; assistance with transportation costs, equipment, supplies, and environmental modifications; and adult services such as day services, job coaching, and residential services. Apply by contacting the Developmental Disabilities Unit at one of the regional human service centers. Contact information is online at www.nd.gov/dhs/locations/regionalhsc/.
- **Medicaid Expansion** provides coverage for more individuals under age 65 with household income up to 138 percent of the Federal Poverty Level (FPL). Individuals eligible for Medicare or Supplemental Security Income (SSI) are not eligible for coverage under Medicaid Expansion. To apply go to <http://apply.dhs.nd.gov>.
- **Workers with Disabilities Medical Coverage** allows some individuals with disabilities who want to work, or who are already working and who want to increase their earnings, to do so without fear of losing their Medicaid coverage. It allows qualifying individuals to buy into Medicaid. The program provides comprehensive coverage through Medicaid, including dental and mental health coverage, in return for a premium. Apply at your local county social service office.

Healthy Steps is a benefit program for eligible North Dakota children to age 19 who do not have a source of health care coverage. The program offers comprehensive medical, dental and vision coverage. Call 877.KIDS.NOW or 877.543.7669.

Children's Special Health Services Specialty Care Diagnostic and Treatment Program

helps families pay for medical services to diagnose and treat children with eligible medical conditions from birth to age 21. Call 800.755.2714

Comprehensive Health Association of North Dakota (CHAND)

provides comprehensive health insurance to residents of North Dakota who have been denied health insurance or are considered high risk. Call 800.737.0016.

Health Insurance Marketplace is a new way to find quality health coverage. It can help if you or your child(ren) don't have coverage now, or if you have it but want to look at other options. It is designed to provide coverage that meets your needs, fits your budget, as well as options for qualifying for free or low-cost coverage through Medicaid or Healthy Steps/Children's Health Insurance Program (CHIP). To inquire and apply for Health Insurance Marketplace, call 800.318.2596 or go online at www.healthcare.gov or ndcpd.org/navigator/.

Student Health Plans are available for purchase by students who don't have health insurance through a parent's health insurance policy or who have limited coverage due to network service areas. Student plans are sold by an insurer that has contracted with a college to offer coverage to its students. In general, these plans have more limited benefits and more exclusions than traditional health insurance plans. Contact an insurance agent to inquire about student health plans.

VISION COVERAGE

InfantSEE® is a public health program designed to ensure early detection of eye conditions in babies. Member optometrists provide a comprehensive eye and vision assessment for infants within the first year of life regardless of a family's income or access to insurance coverage. Call 888.396.3937. www.infantsee.org

New Eyes for the Needy purchases new prescription eyeglasses through a voucher program for children and adults in the U.S. who cannot afford glasses on their own. www.new-eyes.org.

Vision USA provides basic eye health and vision care services free of charge to uninsured, low-income people and their families. Call 701.258.6766. www.aoa.org/visionusa.xml

VSP Sight for Students is a charity that provides free vision exams and glasses to low-income, uninsured children. Call 888.290.4964. www.sightforstudents.org

PRESCRIPTION COVERAGE

Prescription Connection for North Dakota is a program of the North Dakota Insurance Department that connects kids and families with free and discounted prescription drugs direct from the pharmaceutical manufacturer. Call 888.575.6611. www.nd.gov/ndins/prescription

ND Prescription Drug Repository Program collects and distributes donated medications from hospitals, hospices and other facilities so that pharmacies and physicians can dispense them to those who struggle paying for prescriptions, regardless of insurance coverage. The medications and supplies are unopened and secure but cannot be resold to patients. www.nodakpharmacy.com

Needy Meds offers a database of medications that can be obtained free or at low cost by uninsured, low-income patients, usually through manufacturer programs.

www.needymeds.org

Partnership for Prescription Assistance offers a single point of access to more than 475 public and private patient assistance programs. It is funded by pharmaceutical companies. Call 888.477.2669. www.pparx.org

RX Assist provides consumer information, resources, news and a directory of patient assistance programs that offer affordable or free medications. Call 401.729.3284.

www.rxassist.org

DENTAL COVERAGE

Safety Net Dental Clinics are programs that usually see patients who do not have other access to dental care. The patients typically are covered by Medicaid or the clinic offers sliding fee schedules or reduced fees.

- **Bridging the Dental Gap** is a nonprofit community dental clinic serving low-income and uninsured individuals in the Bismarck-Mandan area. Call 701.221.0518.
- **Family Healthcare Center Dental Clinic** is a federally qualified community health center serving low-income and uninsured individuals within the Fargo Red River Valley Region. Call 701.271.3332.
- **Northland Community Health Center Dental Clinic** is part of a federally qualified community health center serving low-income, uninsured and insured individuals of all ages in central North Dakota. Call Turtle Lake 701.448.9111 or Minot 701.838.3051.
- **Red River Valley Dental Access Project** serves low-income, uninsured and Medicaid-eligible individuals who have urgent dental pain and do not have access to a dentist in Fargo-Moorhead. Call 701.364.5364.
- **Valley Community Health Center Dental Clinic** is a federally qualified health center serving low-income, uninsured and insured individuals of all ages in the Northern Red River Valley. Call 701.757.2100.



North Dakota Donated Dental Services is a network of volunteer dentists who provide dental care to the state's most vulnerable people: disabled, elderly or medically compromised individuals who cannot afford necessary treatment nor get public aid. Call 866.572.9390.

Jerene's Wish is a program that provides orthodontic treatment at a minimal cost to eligible children. For more information, call Warford Orthodontics at 701.255.1311 or e-mail info@warfordorthodontics.com or visit www.warfordorthodontics.com/jerenes-wish.

Smiles Change Lives promotes and provides access to essential orthodontic treatment for children from low-income families. 888.900.3554. www.smileschangelives.org

The Ronald McDonald Care Mobile is a mobile dental clinic on wheels that delivers urgently needed dental care to underserved children from birth through age 21 in their own neighborhoods in the western half of North Dakota. The Ronald McDonald Care Mobile treats children who do not have a regular dentist and who have not seen a dentist within the past two years. www.rmhcbismarck.org/caremobile/

HEALTH CARE PROGRAM

Bridge to Benefits is a multi-state project sponsored by the Children's Defense Fund—Midwest Region focused on improving the well-being of families and individuals by linking them to public work support programs and tax credits. For more information visit www.bridgetobenefits.org

Shriners Hospitals for Children provide no-cost medical care to children with orthopedic problems, spinal cord injuries or burns. Call 800.237.5055.

Community Health Centers (CHC) serve all patients regardless of their ability to pay for services. CHCs are located in Beulah, Bowbells, Center, Fargo, Grafton, Grand Forks, Larimore, McClusky, Minot, Northwood, Rolette, Rolla, and Turtle Lake. Call 701.221.9824 for specific site contact information as this information may change.

North Dakota Association for the Disabled (NDAD) may provide fund raising or some financial assistance for individuals with disabilities. Call 800.532.6323. www.ndad.org

United Health Care Children's Foundation supports the concept of facilitating access to health-related services that have the potential to significantly enhance either the clinical condition or the quality of life of the child and that are not fully covered by an available commercial health benefit plan. The Foundation provides financial assistance toward the family's share of the cost of medical services. Call 855.698.4223. www.uhccf.org

Indian Health Service (IHS) provides health services to American Indians and Alaskan Natives who belong to federally recognized tribes. The IHS administers health services through IHS facilities, through tribally-operated facilities and by contracting for health services. www.ihs.gov

Service Organizations such as the Elks, Kiwanis, Sertoma, Lions and Quota may offer assistance with medical-related expenses. Check the local phone book for contact numbers.

**Please note, this is not an all-inclusive list of health care coverage options.*

MILITARY RESOURCES

Medical

Tricare

888.874.9378

www.tricare.mil

Exceptional Family Members Program

Minot Air Force Base: 701.723.5720 or 701.723.5044

Grand Forks Air Force Base: 701.747.6437

Websites

www.Acttodayformilitaryfamilies.org

www.militaryonesource.mil/



Statewide Tribal Programs

Fort Berthold Indian Reservation - Three Affiliated Tribes

www.mhanation.com

- Elbowoods Memorial Health 701.627.4701
- MinneTohe Health Center 701.627.4701
- Community Health Representative
 - New Town 701.627.3653
 - Mandaree 701.759.3441
 - Parshall 701.862.3872
 - Twin Buttes 701.938.4574
 - White Shield 701.743.4178

Standing Rock Indian Reservation

www.standingrock.org

- Public Health Service Hospital 701.854.3831
- IHS Clinics - Cannonball, N.D. 701.854.3453
- Community Health Representative
 - Fort Yates 701.854.3856
 - Cannonball..... 701.854.9926
- Tribal Health 701.854.7206
- Early Childhood Tracking..... 701.854.3678

Fort Totten Indian Reservation - Spirit Lake Nation

www.spiritlakenation.com

- Indian Health Service Clinic 701.766.1600
- Maternal Child Health..... 701.766.1251
- Tribal Health 701.766.4236
- Community Health Representative 701.766.4238
- Early Childhood Tracking..... 701.766.1232 or 701.766.1238

Trenton Indian Service Area

www.nd.gov/dhs/services/disabilities/earlyintervention/servicedirectory/provider.aspx?provider=673

- Trenton Community Clinic 701.774.0461
- Community Health Representative Coordinator..... 701.774.0303
- Tribal Health 701.774.0461

Turtle Mountain Indian Reservation

<http://turtlemountaintribe.businesscatalyst.com/index.html>

- Quentin Burdick Health Facility 701.477.6111 or 701.477.8429
- Community Health Representative 701.477.5696
- Tribal Health 701.477.6120

Websites

Condition-Specific Websites:

American Academy of Pediatric Dentists
www.aapd.org/

Association of State & Territorial Dental Directors
www.astdd.org/

Jerene's Wish
www.warfordorthodontics.com/jerene-wish/

National Foundation for Ectodermal Dysplasias
www.nfed.org/

National Maternal & Child Oral Health Resource Center
www.mchoralhealth.org/

Mouth Health
www.mouthhealthy.org

Centers for Disease Control and Prevention
www.cdc.gov/OralHealth/index.htm

Cleft Palate Foundation
www.cleftline.org



Additional Websites for Families of Children with Special Health-Care Needs

American Academy of Pediatrics
www.aap.org

Bright Futures
www.brightfutures.org

CDC Parent Information
www.cdc.gov/parents

Dr. Greene's House Calls
www.drgraine.com

Early Intervention
www.nd.gov/dhs/services/disabilities/earlyintervention

Gillette Children's Specialty Healthcare
www.gillettechildrens.org

Healthy Children
www.healthychildren.org

Healthy & Ready To Work (HRTW)
www.syntiro.org/hrtw

Institute for Child Health Policy (ICHP)
www.ichp.ufl.edu/

Kids As Self Advocates (KASA)
www.fvkasa.org

Mayo Health Clinic
www.mayoclinic.com

Medical Home Portal
www.medicalhomeportal.org

MUMS (parent support)
www.netnet.net/mums

National Center for Medical Home Implementation
www.medicalhomeinfo.org

National Organization for Rare Disorders (NORD)
www.rarediseases.org

North Dakota Integrated Services
www.ndcpd.org/ndis/

ParentsPlace
www.ivillage.com/pregnancy-parenting

Social Security Administration
www.ssa.gov

Starlight/Starbright Children's Foundation
www.starlight.org

University of Minnesota Children's Amplatz Hospital
www.uofmchildrenshospital.org



Comments?

Please send comments or suggested edits for this book to:

North Dakota Department of Health
Division of Children’s Special Health Services
600 East Boulevard Ave., Dept. 301
Bismarck, ND 58505-0200

Name: _____

Address: _____

Phone: _____

E-mail: _____

Comments: _____



NORTH DAKOTA
DEPARTMENT *of* HEALTH
Children's Special Health Services

600 East Boulevard Ave., Dept. 301
Bismarck, ND 58505-0200
701.328.2436 or 800.755.2714
Fax: 701.328.1645
E-mail: dohcshsadm@nd.gov
www.ndhealth.gov/cshs

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