

Resource Booklet for Children With Cardiac Conditions



NORTH DAKOTA
DEPARTMENT *of* HEALTH
Children's Special Health Services

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Disclaimer

The content within this booklet is for informational purposes only. It is not intended to be a substitute for professional medical advice. Families are encouraged to discuss the information in this booklet with their child's doctor or other health-care providers.

Specialty Health Services

Children with cardiac conditions may have unique medical problems that can be met best by a team with training and expertise in the management of pediatric cardiac conditions. Children with congenital heart defects require continuity and expertise in patient care. A pediatric cardiologist, along with the child's primary care physician, can provide a coordinated treatment plan. The following is a link to guidelines by which evaluation and treatment can be accomplished safely and effectively. <http://pediatrics.aapublications.org/cgi/reprint/87/4/576>

The link below provides access to a resource that offers guidelines for the care of children with congenital heart defects. www.nlm.nih.gov/medlineplus/congenitalheartdefects.html

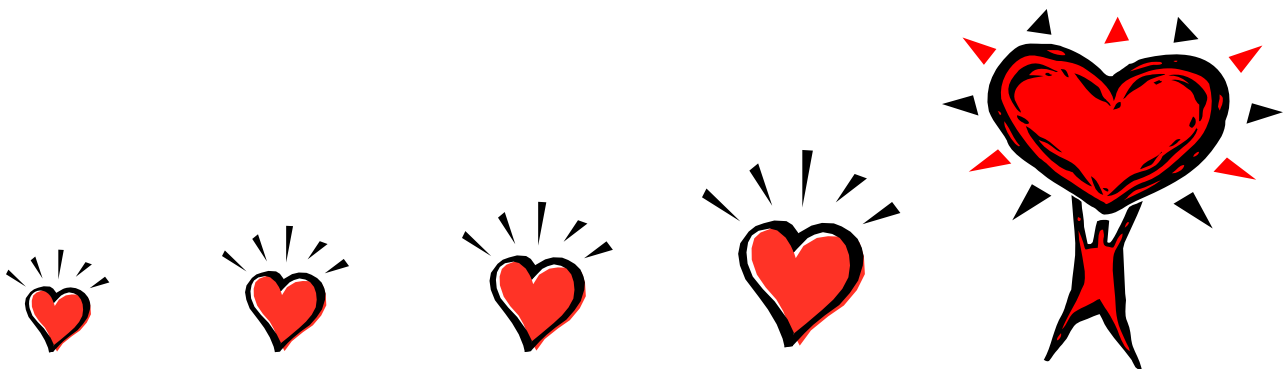
Cardiac Care for Children provides examinations by participating pediatric cardiologists and routine tests for children with cardiac conditions in Bismarck, Fargo, Grand Forks and Minot. The program ensures comprehensive and coordinated care through appointment reminders, linkage and referral to other services and programs, and through care coordination as needed. Health-care and financial information is available to families and professionals upon request.

Any child, birth to age 21 who lives in North Dakota may participate with no direct cost to the family. Third-party payers such as private insurance and Medicaid are billed when available.

The Cardiac Care for Children program covers examinations by participating pediatric cardiologists and routine tests to support the cardiac assessments, such as:

- Chest X-rays
- Echocardiograms
- Electrocardiograms
- Laboratory tests

For more information regarding the cardiac program, review the Multidisciplinary Clinic Directory link: www.ndhealth.gov/cshs/docs/clinic-schedule.pdf



DR. RODRIGO RIOS

Grand Forks: Altru Health System, Pediatric Department
1000 South Columbia Road
Telephone: 701.780.6110 or 800.342.4286, ext. 6110

Fargo: Essentia Health (formerly Innovis)
3000 32nd Avenue South
Telephone: 800.938.0301 – Children’s Heart Clinic in Minnesota
(Appointments for the clinic at Essentia are made through Children’s Heart Clinic)

DR. DONALD HAGLER, DR. BENJAMIN EIDEM or DR. FRANK CETTA, JR.

Bismarck: Medcenter One Health Systems/Q & R Clinic
222 North 7th Street
Telephone: 701.323.5437 or 800.932.8758, ext. 5437

Grand Forks: Altru Health System, Pediatric Department
1000 South Columbia Road
Telephone: 701.780.6110 or 800.342.4286, ext. 6110

DR. MATTHEW TREFZ

Fargo: Sanford Health
737 Broadway
Telephone: 701.234.2568 or 800.437.4010, ext. 2568

Minot: Trinity Health Center - Southridge
1500 24th Avenue South West
Telephone: 701.234.2568 or 800.437.4010, ext. 2568 – Sanford Health

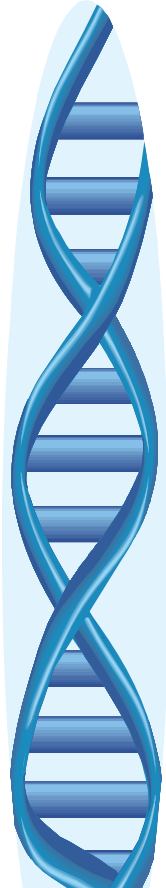
DR. PATRICIO FERNANDEZ

Bismarck: St. Alexius Specialty Clinics
900 East Broadway
Telephone: 701.530.6500

Minot: Minot Medical Clinic – The Clinics of St. Alexius
Arrowhead Mall
1600 2nd Avenue SW
Minot, ND 58701
Telephone: 701.530.6500

Genetic Services

Genetic/Birth Defect Clinics are held periodically throughout the state. For clinic schedule information, call CSHS toll-free at 800.755.2714 or contact the following:



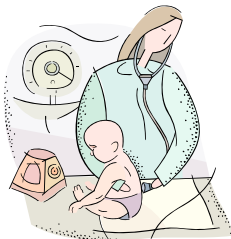
Division of Medical Genetics
Department of Pediatrics
School of Medicine and Health Sciences Room 5910
501 Columbia Road North STOP 9037
Grand Forks, ND 58201
Telephone: 701.777.4277 or 701.772.5301
www.med.und.nodak.edu/pediatrics/genetics

Sanford Health Medical Genetics
737 Broadway North
Fargo, ND 58102
Telephone: 701.234.2362
www.north.sanfordhealth.org/

Informed Medical Decisions (telehealth genetic counseling services)
North Dakota Contact - Marie Schuetzle, MS, CGC
Senior Genetic Counselor
Telephone: 760.230.4251
Fax: 760.203.1194
www.informedDNA.com

Health-Care Providers

For a list of CSHS participating specialists, contact CSHS at 800.755.2714.
www.ndhealth.gov/cshs/provider.htm





Family Support Services



Anne Carlsen Center (ACC) offers a rich tradition of empowering individuals with disabilities and their families. Their experienced staff provides compassion, training, services and supports in homes and communities across North Dakota. On the Jamestown campus, they meet the educational, residential and therapeutic needs of children and young adults with autism, behavior disorders, medical fragility and other developmental disabilities. They also provide services in the home through customized supports for individuals from birth to age 21. www.annecenter.org

701 3rd Street NW
Jamestown, ND 58401

701.252.3850
Toll-free: 800.568.5175

Care Coordination for Children with Special Health-Care Needs is a program intended to assist families who have children with complex needs. The Care Coordination Program through Children's Special Health Services (CSHS) helps eligible families access services and resources in their community, and when needed, across multiple service delivery settings. For more information, refer to the following websites:

- Medical Home – www.medicalhomeinfo.org/
- Grand Forks Public Health – <http://grandforksgov.com/gfgov/Health.nsf/Pages/Care+Coordination>
- County Social Services – www.nd.gov/dhs/locations/countysocialserv/index.html
- North Dakota Integrated Services – www.ndcpd.org/ndis/

Child Care Assistance Program

Services: Provides financial assistance to low-income families for child care costs.

North Dakota Department of Human Services

600 East Boulevard, Dept 325, Bismarck, ND 58505

701.328.2332 or Public Assistance Toll Free Number: 800.755.2716

www.nd.gov/dhs/services/financialhelp/childcare.html

Child Care Resource and Referral

Services: Assistance locating child care and other related services.

Bismarck – 701.223.1510 or 888.223.1510

Minot – 701.838.7800 or 800.450.7801

Jamestown – 701.252.0350 or 888.767.0350

Grand Forks – 701.772.3435 or 888.778.3435

Fargo – 218.299.7026 or 800.941.7003

<http://www.ndchildcare.org/>

Disability Services Division provides services to North Dakota citizens of all ages with developmental disabilities. Call your regional Human Service Center or the Disability Services Division at 800.755.8529.

www.nd.gov/dhs/services/disabilities/

- **Family Care Option** provides respite care to families through short-term foster home placement.
- **Family Subsidy Program** provides financial help needed by the family to care for the child at home.
- **Infant Development Program** provides intervention services in the home or other natural settings by trained professionals to promote optimum development of children from birth through age 2.
- **Respite Care Program** provides services of a specially trained caregiver to provide the family with occasional relief from the stress of providing care.
- **Right Track** provides child development consultations for children from birth to age 3. For more information, call 800.755.8529.
- **Supportive Home Care** assists with and teaches parents about the special care the child needs.
- **Experienced Parent Program** provides support services to parents with children enrolled in early intervention.

Family Voices of ND is a health-care information and education center, which includes the Parent to Parent Project, a program that offers emotional support to families.

701.493.2634 or 888.522.9654

www.fvnd.org/

FamNet supports collaboration between family support organizations to improve health outcomes for families of children, youth and adults with special health-care needs and/or disabilities. Partner agencies have come together to develop a portal to help guide others to agencies that will best help meet family needs.

www.ndcpd.org/ndfamnet/

Federation of Families provides support and advocacy for children's mental health.

701.250.1795 or 800.492.4951

www.fcsn.org/

Legal Services of North Dakota

P.O. Box 1893

Bismarck, ND 58502-1893

701.222.2110 or 800.634.5263

National Alliance on Mental Illness North Dakota

P.O. Box 3215

Minot, ND 58702-3215

701.857.3345



Information and Referral Services

Children's Special Health Services (CSHS)

North Dakota Department of Health
State Capitol – Judicial Wing
600 East Boulevard Avenue, Dept 301
Bismarck, ND 58505-0200
701.328.2436
Toll-free: 800.755.2714
Relay TDD: 701.328.3975
E-mail: dohcshsadm@nd.gov

Children's Special Health Services is a program that helps children with special health-care needs and their families. Individuals are encouraged to call CSHS for free health-care information. CSHS can also help with referrals to health-care providers and special programs for children with chronic health conditions.

www.ndhealth.gov/cshs/



County Social Services

Administers economic assistance and social service programs. To inquire about assistance, please check your local phone book under county government.

www.nd.gov/dhs/locations/countysocialserv/

Pediatricians and Family Doctors

Lists of primary care doctors who practice in North Dakota are available upon request. All children benefit from a medical home. A medical home is not a building, but rather an *approach* to providing comprehensive medical care. In a medical home, a physician or other medical provider works in partnership with the family/patient to assure that the medical and non-medical needs of the child/youth are met. Through this partnership, the medical provider can help the family/patient access and coordinate specialty care, educational services, out-of-home care, family support, and other public and private community services that are important to the overall health of the child and family.

Public Health

Local public health units provide a variety of services such as immunizations, home visits, high-risk infant follow-up, general child health services, community wellness programs, and school health screenings.

www.ndhealth.gov/

Organizations

American Heart Association, North Dakota Affiliate

Services: Provides comprehensive information for parents of a child with a congenital heart defect. Helps prepare parents for the medical and surgical treatments their child may require. Describes and illustrates a variety of common heart defects, tells how the defects are diagnosed and treated, and discusses the child's special needs.

1005 12th Ave SE
Jamestown, ND 58401
800.437.9710

www.americanheart.org/



Interagency Project for Assistive Technology (IPAT)

Services: Information and referral, training, technical assistance to systems and individuals, equipment loan library, outreach activities, a link between state and private entities, resource development, alternative loan program, and dissemination of assistive technology materials based on consumer input.

P.O. Box 743	3509 Interstate Boulevard	400 East Broadway
Cavalier, ND 58220	Fargo, ND 58103	Bismarck, ND 58501
701.265.4807 or	701.365.4728 or	701.355.4615 or
800.265.4728	800.895.4728	888.540.4728

www.ndipat.org/



North Dakota Center for Persons with Disabilities

Minot State University
500 University Avenue West
Minot, ND 58707
701.858.3000 or 800.777.0750

www.ndcpd.org/



Easter Seals Goodwill ND, Inc.

Services include, but are not limited to: Respite or relief care, personal care services and domestic homemaker services, equipment loan, advocacy for individuals with disabilities, and information and referral.

- Dickinson: 2125 Sims Street
PO Box 361
Dickinson, ND 58602-0361
866.895.1587
- Fargo: 15 South 21st, Suite 105
Fargo, ND 58103-1435
866.895.1588
- Grand Forks: 3651 South Washington Street
Grand Forks, ND 58201-7201
866.876.1015
- Jamestown: 203 Business Loop West
PO Box 756
Jamestown, ND 58402-0756
866.897.6004
- Mandan: 211 Collins Avenue
PO Box 1206
Mandan, ND 58554-1206
701.663.6828
Toll-free: 800.247.0698
www.esgwnd.net
- Minot: 800 12th Avenue South West
Minot, ND 58701-9114
866.895.1589



North Dakota Chapter of the March of Dimes Birth Defects Foundation

1330 Page Drive, Ste. 102

Fargo, ND 58103

701.235.5530

www.marchofdimes.com/northdakota/northdakota.asp

Project HERO

Services: HERO provides unused medical supplies and donated durable medical equipment to those in need. HERO works with several agency and health-care partners to redistribute viable medical products to the medically fragile and financially challenged.

5012 53rd Street S, Suite C

Fargo, ND 58104

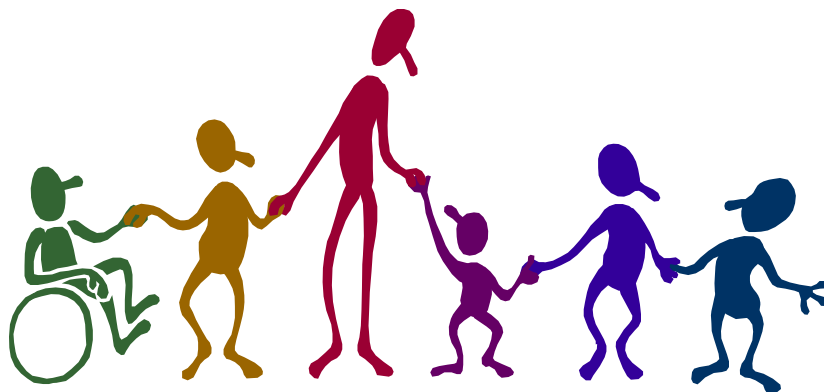
218.284.6111

www.fmhero.org

Shriners Hospitals for Children-Twin Cities

Services: Provides care for children (17 and younger) with orthopedic problems and burns. Some of the common orthopedic problems treated at Shriners include scoliosis, osteogenesis imperfecta, orthopedic problems of cerebral palsy, hand problems, back problems, limb deficiencies and growth problems, orthopedic problems of spina bifida with myelodysplasia, club foot and dislocated hip, leg-length discrepancies, orthopedic problems resulting from neuromuscular disorders, legg-perthes disease, rickets, and juvenile rheumatoid arthritis. Evaluation clinics are offered throughout North Dakota. For more information, call Shriners Hospital for Children –Twin Cities at 888.293.2832 or the patient referral line at 800.237.5055.

www.shrinershq.org/



The Arc of North Dakota



Services: The Arc is a member and volunteer-driven nonprofit organization that offers advocacy, education and family support to children and adults with intellectual disabilities and related developmental disabilities and their families.

Bismarck: The Arc of Bismarck
1211 Park Avenue
Bismarck, ND 58504
701.222.1854
www.thearcofbismarck.org/

Dickinson: The Arc of Dickinson
PO Box 1421
Dickinson, ND 58601
701.483.4272

Fargo: The Arc of Cass County
255 North University Drive
Fargo, ND 58102
701.293.8191
www.arccassnd.com

Grand Forks: Arc, Upper Valley, Inc.
2500 Demers Ave
P.O. Box 12420
Grand Forks, ND 58208-2420
701.772.6191
[www thearcuppervalley.com](http://www.thearcuppervalley.com)

Valley City: The Arc of Barnes County
700 11th Street NW #135
Valley City, ND 58072
701.845.5845



Libraries

North Dakota State Library – 701.328.4622 or toll-free at 800.472.2104

www.library.nd.gov/

Children’s Special Health Services Library – toll-free at 800.755.2714

www.ndhealth.gov/cshs/docs/cshs-resource-catalog.pdf

Pathfinder Services of North Dakota Library – toll-free at 800.245.5840

www.pathfinder-nd.org/lib.html

Prevention Resource Center – toll-free at 800.642.6744

(topics in mental health, substance abuse, aging and disabilities)

<http://odinlibrary.org/ndspr.html>



Education



Head Start

Head Start and Early Head Start are comprehensive child development programs. Regular Head Start programs are for children ages 3 and 4. Some communities offer a program specifically for families with children younger than 3 and pregnant women. A variety of services are provided through Head Start programs, including health, education, parent involvement, family literacy, social services and services for children with disabilities. Call the Head Start State Collaboration office at 800.245.3736 or your local Head Start program.

www.nd.gov/dhs/services/childfamily/headstart/

School Nursing

The purpose of school nursing is to support the educational process by contributing positively and significantly to the health, health attitudes and health behaviors of today's children, and consequently, tomorrow's adults. Contact the Department of Health at 701.328.2493 or your local school nurse.

www.ndhealth.gov/school-nursing/

Special Education

It is important to locate and identify children who are in need of special services as early as possible. Screening and assessment opportunities offered at school help identify possible areas of difficulty that could interfere with a child’s learning or academic performance. Some children with disabilities may require special education services to address their unique educational needs. Contact the Department of Public Instruction at 701.328.2260 or your local special education unit.

www.dpi.state.nd.us/



Financial Help



Bridge to Benefits is a multi-state project sponsored by the Children’s Defense Fund –Midwest Region focused on improving the well-being of families and individuals by linking them to public work support programs and tax credits.
nd.bridgetobenefits.org/

Caring for Children provides free health and dental coverage to children of low-income working parents. Children are eligible if they are North Dakota residents, birth through age 18, and are not covered by other health insurance or not eligible for Medicaid or Healthy Steps. Parents must meet income requirements. For more information or to apply, call 701.277.2227 or toll-free at 800.342.4718.
www.ndcaring.org/

Children’s Special Health Services (CSHS)

Diagnostic Services – CSHS pays for health-care visits and tests needed to diagnose many chronic health conditions seen in children. To qualify, children must be suspected of having a CSHS-eligible condition. There is no financial eligibility requirement for diagnostic services; however, insurance or other sources of health-care coverage are used when available. Health-care visits must be made with a specialist who is approved to provide services through CSHS.

Treatment Services – In North Dakota, several programs are available that provide health care coverage for children. CSHS is a program specifically for children with special health-care needs. CSHS pays for specialty care that is needed to treat a CSHS-eligible condition. To qualify, families must meet income eligibility guidelines currently set at 185 percent of the federal poverty level. Families with incomes higher than 185 percent still may be eligible with a cost share. Insurance or other sources of health-care coverage are used when available. Health-care visits must be made with a specialist who is approved to provide services through CSHS.

Families apply for CSHS diagnostic and treatment services at their local county social service office. In order to ensure coverage, contact CSHS toll free at 800.755.2714, as provider restrictions and time limits may affect the eligibility start date.
www.ndhealth.gov/cshs/docs/cshs-diagnostic-and-treatment-services-fact-sheet.pdf

Comprehensive Health Association of North Dakota (CHAND) provides comprehensive health insurance to residents of the state who are denied health insurance or are considered high risk. Individuals must be a resident of North Dakota continuously for at least six months and have written evidence from at least one insurance carrier that within the last six months they have been denied health-care coverage or offered coverage which substantially restricts benefits for specific conditions. For more information, call 800.737.0016.
www.chand.org/

Vision Coverage

Vision USA provides basic eye health and vision care services free of charge to uninsured, low-income people and their families.

701.258.6766

www.aoa.org/visionusa.xml

VSP Sight for Students is a charity that provides free vision exams and glasses to low-income, uninsured children.

888.290.4964

www.sightforstudents.org/

Prescription Coverage

ND Prescription Drug Repository Program collects and distributes donated medications from hospitals, hospices and other facilities so that pharmacies and physicians can dispense them to those who struggle paying for prescriptions regardless of insurance coverage. The medications and supplies are unopened and secure but cannot be resold to patients.

www.nodakpharmacy.com

Prescription Connection for North Dakota is a program of the North Dakota Insurance Department that connects kids and families with free and discounted prescription drugs direct from the pharmaceutical manufacturer.

888.575.6611

www.rxconnectnd.org

Health-Care Program

United Health Care Children's Foundation embraces and supports the concept of facilitating access to health-related services that have the potential to significantly enhance either the clinical condition or the quality of life of the child and that are not fully covered by the available commercial health benefit plan. The Foundation provides financial assistance toward the family's share of the cost of medical services.

www.uhccf.org



Dental Coverage



Safety Net Dental Clinics are programs that usually see patients who do not have other access to dental care. The patients typically are covered by Medicaid or the clinic offers sliding fee schedules or reduced fees.

- Bridging the Dental Gap is a nonprofit community dental clinic serving low-income and uninsured individuals in the Bismarck-Mandan area.
701.221.0158
- Family Healthcare Center Dental Clinic is a federally qualified community health center serving low-income and uninsured individuals within the Fargo Red River Valley Region.
701.271.3332
- Red River Valley Dental Access Project serves low-income, uninsured and Medicaid-eligible individuals who have urgent dental pain and do not have access to a dentist in Fargo-Moorhead.
701.364.5364
- Valley Community Health Center Dental Clinic is a federally qualified health center serving low-income, uninsured and insured individuals of all ages in the Northern Red River Valley.
701.757.2100

North Dakota Donated Dental Services is a network of volunteer dentists who provide dental care to the state's most vulnerable people: disabled, elderly or medically compromised individuals who cannot afford necessary treatment nor get public aid.

866.572.9390

www.ndhealth.gov/oralhealth/Publications/Fact_Sheet_Dental%20Access.pdf

Jerene's Wish is a program that provides orthodontic treatment at a minimal cost to eligible children. For more information contact Warford Orthodontics.

701.255.1311

info@warfordorthodontics.com



Medicaid pays for health services for qualifying families with children and people who are pregnant, elderly or disabled. Screening, diagnosis and treatment for children younger than 21 is provided through the Health Tracks Program. For more information or to apply, contact your county social service office.

www.nd.gov/dhs/services/medicalserv/medicaid/

ND Healthy Steps is for children age 18 or younger who do not have health insurance, do not qualify for North Dakota Medicaid and live in families with qualifying income. Call 877.543.7669 for an application.

www.nd.gov/dhs/services/medicalserv/chip/



North Dakota Association for the Disabled, Inc. (NDAD) may provide some financial assistance for individuals with disabilities. For more information, call the office nearest you:

- Grand Forks 2660 South Columbia Road, Grand Forks, ND 58201
701.775.5577 or 800.532.6323
- Minot 1808 20th Avenue SE, Minot, ND 58701
701.838.8414 or 888.999.6323
- Williston 309 Washington Avenue, Williston, ND 58801
701.774.0741 or 877.777.6323
- Bismarck 400 E Broadway Avenue, Ste. 306, Bismarck, ND 58501
701.355.4615 or 888.540.4728
- Fargo 3509 Interstate Boulevard, Fargo, ND 58103
701.281.8215 or 888.363.6323

Services: Information and referral, advocacy, equipment donations and financial assistance.
www.ndad.org/

Supplemental Security Income (SSI) provides monthly payments for children who meet disability and financial eligibility requirements. For more information, contact the Social Security Administration.
877.319.6044
www.socialsecurity.gov

Women, Infants and Children (WIC) provides nutritious foods, offers information about how to feed your family, and helps you participate in other important health programs. Pregnant women, breastfeeding women and children up to age 5 who meet WIC's liberal income guidelines are eligible to participate. For more information, contact 800.472.2286 or your county WIC office as listed in the phone book.
www.ndhealth.gov/wic/



Websites

Condition-Specific Websites:

Children's Cardiomyopathy Foundation www.childrenscardiomyopathy.org/
Cincinnati Children's www.cincinnatichildrens.org/health/heart-encyclopedia/
Congenital Heart Defects www.congenitalheartdefects.com/
Congenital Heart Information Network (C.H.I.N) www.tchin.org/
Cove Point Foundation - Congenital Heart Disease www.pted.org/
Kids with Heart www.kidswithheart.org/
Little Hearts Inc. www.littlehearts.org/
The American Heart Association www.americanheart.org/
The Children's Heart Institute www.childrensheartinstitute.org/

Additional Websites for Families of Children With Special Health-Care Needs:

Bright Futures: www.brightfutures.org/
CDC Parent Portal: www.cdc.gov/parents/
Dr. Greene's House Calls: www.drgreene.com
Early Intervention: www.nd.gov/dhs/services/disabilities/earlyintervention/
Family Village: www.familyvillage.wise.edu/
Gillette Children's Specialty Healthcare: www.gillettechildrens.org/
Healthy Children: www.HealthyChildren.org
Healthy & Ready To Work (HRTW): www.hrtw.org/
Institute for Child Health Policy (ICHP): www.ichip.edu/
Kids As Self Advocates (KASA): www.fvkasa.org/
Mayo Health Clinic: www.mayoclinic.com/
Medical Home National Center: www.medicalhomeinfo.org/
Medical Home Portal: www.medicalhomeportal.org/
MUMS (parent support): www.netnet.net/mums/
National Organization for Rare Disorders (NORD): www.rarediseases.org
Need to Know: www.ndcpd.org/n2k/
ParentsPlace: <http://parenting.ivillage.com/>
Starlight/Starbright Children's Foundation: www.starlight.org/
University of Minnesota Children's Center: www.uofmchildrenshospital.org/



Statewide Tribal Programs

Fort Berthold Indian Reservation

www.mhanation.com/main/main.html

Three Affiliated Tribes

- MinneTohe Health Center 701.627.4701
 - Community Health Representative
- | | |
|--------------|--------------|
| New Town | 701.627.3653 |
| Mandaree | 701.759.3441 |
| Parshall | 701.862.3872 |
| Twin Buttes | 701.938.4574 |
| White Shield | 701.743.4178 |

Standing Rock Indian Reservation

www.standingrock.org/

- Public Health Service Hospital 701.854.3831
 - IHS Clinics – Cannonball, ND 701.854.3453
 - Community Health Representative
- | | |
|------------|--------------|
| Fort Yates | 701.854.3856 |
| Cannonball | 701.854.9926 |
- Tribal Health 701.854.7206

Fort Totten Indian Reservation

www.spiritlakenation.com

Spirit Lake Nation

- Indian Health Service Clinic 701.766.1600
- Maternal Child Health 701.766.1251
- Tribal Health 701.766.4236
- Community Health Representative 701.766.4238
- Early Childhood Tracking 701.766.1232

Trenton Indian Service Area

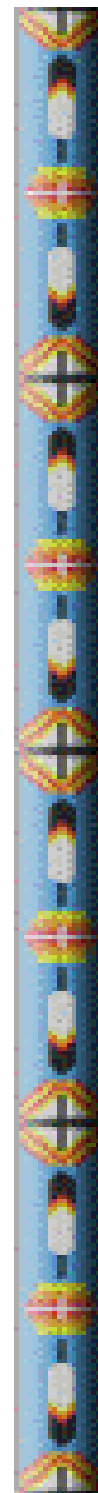
www.ndhealth.gov/localhd/TISA/

- Trenton Community Clinic 701.774.0461
- Community Health Representative Coordinator 701.774.0303
- Tribal Health 701.774.0461

Turtle Mountain Indian Reservation

www.tmbci.net

- Quentin Burdick Health Facility 701.477.6111
- Community Health Representative 701.477.5696





Notes:





NORTH DAKOTA
DEPARTMENT *of* HEALTH
Children's Special Health Services

600 East Boulevard Avenue, Dept. 301

Bismarck, N.D. 58505-0200

701.328.2436 or 800.755.2714

Fax: 701.328.1645

E-mail: dohcshsadm@ndgov

www.ndhealth.gov/cshs/

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