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prevention and health promotion for infants, children, adolescents, and their families™

## Bright Futures Tools and Resources

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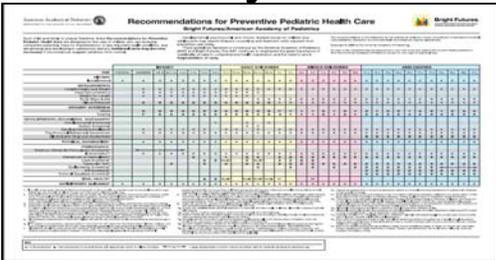
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## What we have planned

- Introductions
- Overview of Bright Futures Tool & Resource Kit
- Q & A
- Use the tools with a case study
- How will you use these tools in your own setting?
- Wrap-up

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## Periodicity Schedule



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## WHAT MAKES A BRIGHT FUTURES VISIT?



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## What Makes A Bright Futures Visit?

### The Focus: Assets or Deficits?

**TABLE 6**  
Comparison of Asset and Deficit Models

Asset Model	Deficit Model
Positive family environment	Abuse or neglect
Relationships with caring adults	Witness to domestic violence
Religious and spiritual anchors	Family discord and divorce
Involvement in school, faith-based organization, or community	Parents with poor health habits
Accessible recreational opportunities	Unsafe schools
	Unsafe neighborhood

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## Bright Futures Visit Example

### Health Supervision Visit Example



### PRIORITIES FOR THE VISIT

The first priority is to attend to the concerns of the parents. In addition, the Bright Futures Early Childhood Expert Panel has given priority to the following topics for discussion in this visit:

- Family support (parental well-being, adjustment to toddler's growing independence and occasional negativity, queries about a new sibling planned or on the way)
- Child development and behavior (adaptation to nonparental care and anticipation of return to clinging, other changes connected with new cognitive gains)
- Language promotion/hearing (encouragement of language, use of simple words and phrases, engagement in reading/singing/talking)
- Toilet training readiness (recognizing signs of readiness, parental expectations)
- Safety (car safety seats; parental use of safety belts; falls, fires, and burns; poisoning; guns)

### Surveillance of Development

Do you have any specific concerns about your child's development, learning, or behavior?

**SOCIAL-EMOTIONAL**

- How does your child act around other children?**
  - Is interactive or withdrawn; friendly or aggressive (eg, hitting, biting)
  - Laughs in response to others
  - Explores alone but with parent in close proximity
  - Is spontaneous with affection
  - Helps in house

**COMMUNICATIVE**

- How does your child communicate?**
  - Vocalizes and gestures; speaks 6 words
  - Points to indicate to someone else what he wants

**COGNITIVE**

- What do you think your child understands?**
  - Points to 1 body part
  - Follows simple instructions without gestured cues ("sit down")
  - Shows interest in a doll or stuffed animal by hugging it or pretend feeding
  - Knows the names of his favorite books

### Screening

UNIVERSAL SCREENING	ACTION	
Development	Structured developmental screen	
Autism	Autism Specific Screen	
SELECTIVE SCREENING	RISK ASSESSMENT*	ACTION IF RA +
Oral health	Does not have a dental home Primary water source is deficient in fluoride	Referral to dental home or, if not available, oral health risk assessment Oral fluoride supplementation
Blood pressure	Children with specific risk conditions or change in risk	Blood pressure
Vision	Parental concern or abnormal fundoscopic examination or cover/uncover test results	Ophthalmology referral
Hearing	+ on risk screening questions	Referral for diagnostic audiologic assessment
Anemia	+ on risk screening questions	Hematocrit or hemoglobin
Lead	If no previous screen or change in risk	Lead screen
Tuberculosis	+ on risk screening questions	Tuberculin skin test

\*See Rationale and Evidence chapter for the criteria on which risk screening questions are based.

The screenshot shows a document with several sections highlighted in red and annotated with arrows. The sections include:

- Development of language, use of simple words and phrases, engagement in reading/singing/talking**
- CHILD DEVELOPMENT AND BEHAVIOR**
- ADAPTABILITY TO NONPARENTAL CARE AND ANTICIPATION OF RETURN TO CHARGING, OTHER CHANGES CONNECTED WITH NEW COGNITIVE GAINS**
- WHY IS A VISIT?**
- EXPERIENCED PARENTS**

## Bright Futures

Linking it all together

### Tools, materials, strategies

## Core Tools

- Previsit Questionnaire
- Documentation Form
- Parent/Child Handout



