

WELLS COUNTY BEHAVIOR RISK FACTORS

	Wells County 2006 % (95% CI)	ND 2006 % (95% CI)
Activity Limitation and Quality of Life		
Percentage who reported a limitation in any activities due to an impairment or health problem.	20.2 (13.4-27.0)	15.3 (14.1-16.5)
Percentage who reported 8 or more days in the past 30 when their physical health was not good.	15.8 (9.0-22.7)	10.6 (9.4-11.7)
Percentage who reported 8 or more days in the past 30 when their mental health was not good.	13.4 (3.9-22.8)	9.5 (8.2-10.8)
Percentage who reported 8 or more days in the past 30 when their physical or mental health keep from usual activities.	11.3 (2.0-20.5)	5.4 (4.4- 6.3)
Alcohol Use		
Percentage who reported heavy drinking (>2/day for men, >1/day women).	2.7 (1.3- 4.2)	4.4 (3.5- 5.4)
Percentage who reported five or more drinks (men) or four or more drinks (women) on one occasion at least once in past month.	11.2 (7.7-14.6)	21.0 (19.2-22.8)
Asthma		
Percentage age 18 and older who report ever having been told by a doctor, nurse or other health professional that they had asthma.	14.9 (9.6-24.1)	10.3 (8.9-11.7)
Percentage age 18 and older who reported current asthma.	13.1 (3.9-22.4)	7.1 (5.9- 8.2)
Percentage of children with ever asthma	7.2 (1.9-12.6)	10.1 (8.1-12.2)
Percentage of children with current asthma	5.4 (0.6-10.3)	7.3 (5.6-9.1)
Colorectal Cancer Screening		
Percentage age 50 and older who reported that they have not had a fecal occult blood test in the past two years.	88.6 (85.2-92.1)	78.0 (76.2-79.9)
Percentage age 50 and older who reported that they have not a sigmoidoscopy or colonoscopy in the past five years.	56.7 (45.8-67.6)	54.8 (52.6-57.1)
Percentage age 50 and older who reported that they have never had a sigmoidoscopy.	48.7 (37.8-59.6)	43.5 (41.3-45.8)

Diabetes		
Percentage who reported that they had ever been told that they had diabetes, except during pregnancy only.	7.5 (2.2-12.8)	6.7 (5.9- 7.5)
Health Care Access		
Percentage who reported no health insurance or other health care coverage.	6.8 (4.5- 9.1)	11.6 (10.2-13.0)
Percentage who reported being unable to see a doctor due to cost one or more times during the past 12 months.	5.0 (3.0- 7.0)	7.6 (6.5- 8.7)
Percentage who reported that they did not have one person that they considered to be their personal health care provider.	11.8 (8.6-15.0)	24.5 (22.6-26.3)
Health Status		
Percentage who reported that in general their health was fair or poor.	12.7 (9.9-15.6)	11.5 (10.3-12.6)
Heart Attack and Stroke		
Percentage who reported ever being told by a doctor, nurse or other health professional that they had had a heart attack or myocardial infarction.	9.1 (3.7-14.5)	4.0 (3.4- 4.6)
Percentage who reported ever being told by a doctor, nurse or other health professional that they had angina or coronary heart disease.	8.9 (3.5-14.4)	4.0 (3.4- 4.6)
Percentage who reported ever being told by a doctor, nurse or other health professional that they had had a stroke.	5.5 (0.3-10.6)	2.0 (1.6- 2.4)
Percentage who report heart attack, heart disease or stroke.	12.6 (6.9-18.2)	7.0 (6.3- 7.8)
Immunization		
Percentage age 65 and older who reported that they had not had an influenza vaccine within the past 12 months.	41.4 (26.2-56.5)	28.4 (25.6-31.3)
Percentage age 65 and older who reported that they had never have a pneumococcal vaccine.	32.6 (25.6-39.6)	30.6 (27.6-33.6)
Injury Control		
Percentage who reported that they did not always use a seatbelt.	54.7 (46.0-63.4)	41.6 (39.7-43.6)
Percentage age 65 and older who reported having fallen in the past three months.	23.3 (7.4-39.3)	16.4 (14.0-18.7)
Occupation		

Percentage of working adults who missed 10 or more days of work in the past 12 months due to physical illness	6.6 (3.8-9.4)	4.8 (3.9-4.7)
Percentage of working adults who missed ANY days of work in the past 12 months due to mental or emotional illness.	3.0 (0.7-5.3)	5.7% (4.5-6.8)
Obese and Overweight		
Percentage who are either overweight or obese based on self-reported height and weight.	73.7 (65.9-81.4)	64.5 (62.5-66.4)
Percentage who are overweight but not obese based on self-reported height and weight.	34.8 (29.9-39.7)	39.1 (37.2-41.0)
Percentage who are obese based on self-reported height and weight.	39.0 (30.4-47.7)	25.5 (23.8-27.2)
Oral Health		
Percentage who reported that they had not visited a dentist or dental clinic within the past two years.	19.9 (15.9-23.8)	19.2 (17.8-20.7)
Percentage who reported that they had six or more permanent teeth removed due to tooth decay or gum disease.	28.6 (19.4-37.7)	16.2 (15.0-17.4)
Physical Activity		
Percentage who reported no leisure time physical activity.	27.4 (20.7-34.2)	22.0 (20.4-23.5)
Prostate Cancer		
Percentage of men age 60 and older who have not had a PSA test in the past two years.	26.2 (2.7-49.7)	25.1 (20.9-29.2)
Tobacco		
Percentage who reported current smoke cigarette smoking some days or everyday.	14.4 (9.5-19.3)	19.5 (17.9-21.2)
Percentage of smokers who reported that during the past 12 months they HAD stopped smoking for one day or longer because they were trying to quit	61.1 (48.3-73.9)	49.1 (44.2-53.9)
Women's Health		
Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years.	28.2 (22.6-33.8)	22.8 (20.7-24.9)
Percentage of women ages 18 and older with a uterine cervix who reported that they have not had a pap smear within the past three years.	13.0 (8.2-17.8)	15.5 (13.3-17.7)

