

ROLETTE COUNTY 2007: ALL QUESTIONS TABLE

Guidelines for interpretation

- These results represent the distribution of responses to all questions in the survey. They do not represent specific risk factors. For instance, the risk factor for current smoking is derived from two questions: “Have you smoked 100 cigarettes in your life?” and “Do you smoke cigarettes every day, some day or not at all?” A little less than half of all respondents have smoked 100 cigarettes in their life and about half of ever smokers still smoke. The rate of current smoking is only about 19%. This result is found in a risk factor table.
- All analyses exclude the unknown and missing responses unless the question is a knowledge or opinion question. Only for an occasional question (e.g., income) is the percentage of missing and unknown results substantial.
- The total survey size is 380 surveys. This means for some questions the number of respondents is small and gives an unstable result. If the number of respondents is less than 10 the result has been marked with an * noting that the result is potentially highly unstable. However, results between 10 and 50 are unstable but are not marked as such.
- Below every table is a description of the population asked the questions. For instance, below the table for “Do you smoke cigarettes every day, some days or not at all?” it is labeled that the question was only asked of people who had ever smoked 100 cigarettes in their lifetime.
- Just because the difference between the county result and the state results looks substantial, it does not mean the difference is “real.” It may be a phenomenon of small numbers in the county survey. The table of risk factors provides you with confidence intervals to allow you to determine if the result is statistically different. If the confidence limits for the state value and the county value do not overlap, the result is statistically different (that is, unlikely to be due to chance alone). Confidence intervals are not provided in this table.
- Differences observed may be due to simple differences in the population distribution (e.g., percent of elderly persons).

Health Status

Would you say that in general your health is excellent, very good, good, fair, or poor?

Response Categories	Rolette County %	North Dakota %
Excellent	12	19
Very good	32	37
Good	39	32
Fair	13	10
Poor	4	3

Percentage among all respondents, excluding unknown and missing

Healthy Days – Health Related Quality of Life

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Response Categories	Rolette County %	North Dakota %
0	67	68
1-2	12	13
3-7	13	9
8-29	5	6
30	3	4

Percentage among all respondents, excluding unknown and missing

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Response Categories	Rolette County %	North Dakota %
0	68	70
1-2	11	10
3-7	8	10
8-29	5	7
30	8	3

Percentage among all respondents, excluding unknown and missing

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

Response Categories	Rolette County %	North Dakota %
1	82	84
2	6	6
3	6	5
4	4	4
5	2	2

Percentage among respondents reporting poor physical or mental health in the past 30 days, excluding unknown and missing

Health Care Access

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

Response Categories	Rolette County %	North Dakota %
No	37	12
Yes	63	88

Percentage among all respondents, excluding unknown and missing

Do you have one person you think of as your personal doctor or health care provider?

Response Categories	Rolette County %	North Dakota %
No	50	23
Yes, 1	31	66
Yes, >1	19	11

Percentage among all respondents, excluding unknown and missing

Was there a time in the past 12 months when you needed to see a doctor but could not because of the cost?

Response Categories	Rolette County %	North Dakota %
No	87	93
Yes	13	7

Percentage among all respondents, excluding unknown and missing

About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

Response Categories	Rolette County %	North Dakota %
<1 year	52	63
1-2 years	22	14
2-5 years	11	10
5+ years	13	12
Never	1	8

Percentage among all respondents, excluding unknown and missing

Exercise

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

Response Categories	Rolette County %	North Dakota %
No	30	23
Yes	70	78

Percentage among all respondents, excluding unknown and missing

Diabetes

Have you EVER been told by a doctor that you have diabetes?

Response Categories	Rolette County %	North Dakota %
No	86	92
Pre-diabetes or borderline diabetes	1*	1
Yes	11	6
Yes, during pregnancy	2*	1

Percentage among all respondents, excluding unknown and missing

How old were you when you were told you have diabetes?

Response Categories	Rolette County %	North Dakota %
0-19	8*	5
20-39	40	14
40-59	30	45
60-79	22	33
80-97	0*	3

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

Are you now taking insulin?

Response Categories	Rolette County %	North Dakota %
No	70	73
Yes	30	27

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

Are you now taking diabetes pills?

Response Categories	Rolette County %	North Dakota %
No	15	36
Yes	85	65

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

Response Categories	Rolette County %	North Dakota %
Never	12*	11
<1 per week	3*	9
1 per day	29	25
1-6 per week	22	20
2 per day	23	19
3+ per day	11	17

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

Response Categories	Rolette County %	North Dakota %
Never	2*	11
<1 per week	8*	8
1+ per day	78	62
1-6 per week	12	20

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

Have you EVER had any sores or irritations on your feet that took more than four weeks to heal?

Response Categories	Rolette County %	North Dakota %
No	92	92
Yes	8*	9

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

Response Categories	Rolette County %	North Dakota %
0	11*	12
1	13	18
2	14	24
3	24	15
4	26	21
5+ times per year	12	11

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

Response Categories	Rolette County %	North Dakota %
0	19*	10
1	3*	18
2	41	32
3	19	13
4	12	20
5+ times per year	5*	7

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing Note: Excludes 8% who did not know or who reported never having heard of HgA1c.

About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

Response Categories	Rolette County %	North Dakota %
0	10	20
1	38	28
2	12	22
3	27	7
4	8	16
5+ times per year	6*	7

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational) who still have one or both feet, excluding unknown and missing

When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

Response Categories	Rolette County %	North Dakota %
<1 month	33	14
1-12 months	48	62
1-2 years	13*	11
2+ years	5*	10
Never	1*	3

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

Has a doctor EVER told you that diabetes has affected your eyes or that you had retinopathy?

Response Categories	Rolette County %	North Dakota %
No	82	85
Yes	18	15

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

Have you EVER taken a course or class in how to manage your diabetes yourself?

Response Categories	Rolette County %	North Dakota %
No	62	40
Yes	38	60

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

Hypertension Awareness

Have you EVER been told by a doctor, nurse, or other health professional that you have high blood pressure?

Response Categories	Rolette County %	North Dakota %
No	64	72
Yes	35	26
Yes, during pregnancy	1*	1
Borderline	0*	1

Percentage among all respondents, excluding unknown and missing

Are you currently taking medicine for your high blood pressure?

Response Categories	Rolette County %	North Dakota %
No	18	22
Yes	82	78

Percentage among respondents reporting ever being told by a doctor, nurse or other health professional they have high blood pressure, excluding unknown and missing

Cholesterol Awareness

Blood cholesterol is a fatty substance found in the blood. Have ever had your blood cholesterol checked?

Response Categories	Rolette County %	North Dakota %
No	24	23
Yes	77	78

Percentage among all respondents, excluding unknown and missing

About how long has it been since you last had your blood cholesterol checked?

Response Categories	Rolette County %	North Dakota %
<1 year	58	69
1-2 years	20	15
2-5 years	16	10
5+ years	7	6

Percentage among respondents reporting ever having had their cholesterol checked, excluding unknown and missing

Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high?

Response Categories	Rolette County %	North Dakota %
No	71	63
Yes	29	37

Percentage among respondents reporting ever having had their cholesterol checked, excluding unknown and missing

Cardiovascular Disease Prevalence

Has a doctor, nurse, or other health professional EVER told you that you had any of the following?

(Ever told) you had a heart attack, also called a myocardial infarction?

Response Categories	Rolette County %	North Dakota %
No	97	96
Yes	3	4

Percentage among all respondents, excluding unknown and missing

(Ever told) you had angina or coronary heart disease?

Response Categories	Rolette County %	North Dakota %
No	97	96
Yes	3	4

Percentage among all respondents, excluding unknown and missing

(Ever told) you had a stroke?

Response Categories	Rolette County %	North Dakota %
No	99	98
Yes	2	2

Percentage among all respondents, excluding unknown and missing

Asthma

Have you ever been told by a doctor, nurse or other health professional that you had asthma?

Response Categories	Rolette County %	North Dakota %
No	91	89
Yes	9	11

Percentage among all respondents, excluding unknown and missing

Do you still have asthma?

Response Categories	Rolette County %	North Dakota %
No	94	92
Yes	7	8

Percentage among respondents reporting ever being told by a doctor, nurse or other health professional they had asthma, excluding unknown and missing

Immunization

A flu shot is an influenza vaccine injected in your arm. During the past 12 months, have you had a flu shot?

Response Categories	Rolette County %	North Dakota %
No	71	59
Yes	29	41

Percentage among all respondents, excluding unknown and missing

During the past 12 months, have you had a flu vaccine that was sprayed in your nose? The flu vaccine that is sprayed in the nose is also called FluMist™.

Response Categories	Rolette County %	North Dakota %
No	100	99
Yes	0*	1

Percentage among all respondents, excluding unknown and missing

A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?

Response Categories	Rolette County %	North Dakota %
No	79	73
Yes	21	27

Percentage among all respondents, excluding unknown and missing

Have you ever received the Hepatitis B vaccine? The hepatitis B vaccine is completed after the third shot is given.

Response Categories	Rolette County %	North Dakota %
No	54	66
Yes	46	35

Percentage among all respondents, excluding unknown and missing

Tell me if any of these statements are true for you. Don't tell me which statement or statements are true for you, just if any of them are true.

- You have hemophilia and have received clotting factor concentrate
- You are a man who has had sex with other men, even if just one time
- You have taken street drugs by needle, even if just one time
- You have traded sex for money or drugs, even if just one time
- You have tested positive for HIV
- You have had sex (even is just one time) with a person who would answer yes to any of these questions
- You had more than two sex partners in the past year

Response Categories	Rolette County %	North Dakota %
No	90	96
Yes	10	4

Percentage among all respondents, excluding unknown and missing

Tobacco Use

Have you smoked at least 100 cigarettes in your entire life?

Response Categories	Rolette County %	North Dakota %
No	46	54
Yes	55	46

Percentage among all respondents, excluding unknown and missing

Do you now smoke cigarettes every day, some days, or not at all?

Response Categories	Rolette County %	North Dakota %
Every day	49	33
Some days	16	13
None now	36	55

Percentage among respondents reporting ever having smoked at least 100 cigarettes in their life, excluding unknown and missing

During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

Response Categories	Rolette County %	North Dakota %
No	39	47
Yes	61	53

Percentage among respondents who reported smoking some days or every day, excluding unknown and missing

Demographics

What is your age?

Response Categories	Rolette County %	North Dakota %
18-24	21	15
25-34	16	17
35-44	17	16
45-54	18	19
55-64	17	14
65-74	7	9
75+	4	10

Percentage among all respondents, excluding unknown and missing

Are you Hispanic or Latino?

Response Categories	Rolette County %	North Dakota %
No	100	99
Yes	0*	1

Percentage among all respondents, excluding unknown and missing

Which one or more of the following would you say is your race? Would you say: White, Black or African American, Asian, Native Hawaiian or Other Pacific Islander, American Indian or Alaska Native, or Other?

Response Categories	Rolette County %	North Dakota %
AI	62	5
Multirace	4	1
Other	1	2
White	33	93

Percentage among all respondents, excluding unknown and missing

Which one of these groups would you say best represents your race?

Response Categories	Rolette County %	North Dakota %
White	35	92
AI	64	5
Other	1	3

Percentage among all respondents, excluding unknown and missing

Are you married, divorced, widowed, separated, never married, or a member of an unmarried couple?

Response Categories	Rolette County %	North Dakota %
Divorced	10	7
Married	42	65
Never Married	33	18
Separated	3	1
Unmarried Couple	5	3
Widowed	8	7

Percentage among all respondents, excluding unknown and missing

How many children less than 18 years of age live in your household?

Response Categories	Rolette County %	North Dakota %
0	46	61
1	21	14
2	17	15
3	9	7
4+	7	3

Percentage among all respondents, excluding unknown and missing

What is the highest grade or year of school you completed?

Response Categories	Rolette County %	North Dakota %
<HS	21	7
High School	32	30
Some College	33	33
College	15	31

Percentage among all respondents, excluding unknown and missing

Are you currently: employed for wages, self-employed, out of work for more than 1 year, out of work for less than 1 year, a homemaker, a student, retired, or unable to work?

Response Categories	Rolette County %	North Dakota %
Homemaker	4	7
Self	15	15
Student	10	5
Unable to work	5	3
Unemployed <1 year	9	2
Unemployed >1 year	8	2
Wages	49	66

Percentage among all respondents, excluding unknown and missing

Is your annual household income from all sources?

Response Categories	Rolette County %	North Dakota %
<\$10,000	12	4
\$10-\$15,000	12	4
\$15-\$20,000	11	6
\$20-\$25,000	10	9
\$25-\$35,000	18	13
\$35-\$50,000	14	17
\$50-\$75,000	9	21
\$75,000+	13	25

Percentage among all respondents, excluding unknown and missing

About how much do you weigh without shoes?

Response Categories	Rolette County %	North Dakota %
<125	7	8
125-149	14	18
150-174	23	26
175-199	30	23
200-224	16	18
225-249	11	7

Percentage among all respondents, excluding unknown and missing

About how tall are you without shoes?

Response Categories	Rolette County %	North Dakota %
<62 in	7	6
62-67	49	44
68-71	27	31
72+	17	19

Percentage among all respondents, excluding unknown and missing

During the past 12 months, has your household been without telephone service for 1 week or more? Do not include interruptions of phone service due to weather or natural disasters.

Response Categories	Rolette County %	North Dakota %
No	97	98
Yes	3	2

Percentage among all respondents, excluding unknown and missing

Sex of respondent

Response Categories	Rolette County %	North Dakota %
Female	49	51
Male	51	50

Percentage among all respondents, excluding unknown and missing

To your knowledge, are you now pregnant?

Response Categories	Rolette County %	North Dakota %
No	94	94
Yes	6*	7

Percentage among all females ages 18-44, excluding unknown and missing

Disability

Are you limited in any way in any activities because of physical, mental, or emotional problems?

Response Categories	Rolette County %	North Dakota %
No	85	85
Yes	15	15

Percentage among all respondents, excluding unknown and missing

Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? Include occasional use or use in certain circumstances

Response Categories	Rolette County %	North Dakota %
No	95	95
Yes	5	5

Percentage among all respondents, excluding unknown and missing

Veteran's Status

Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

Response Categories	Rolette County %	North Dakota %
No	93	88
Yes	7	12

Percentage among all respondents, excluding unknown and missing

Alcohol Consumption

During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

Response Categories	Rolette County %	North Dakota %
No	51	38
Yes	49	62

Percentage among all respondents, excluding unknown and missing

During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage? (Days per month)

Response Categories	Rolette County %	North Dakota %
1	88	73
2	10	19
3	1*	4
4+	1*	4

Percentage among respondents reporting having had at least one drink in the past 30 days, excluding unknown and missing

One drink is equivalent to a 12 ounce beer, a 5 ounce glass of wine, or a drink with one shot of liquor. On the days when you drank, during the past 30 days, about how many drinks did you drink on the average?

Response Categories	Rolette County %	North Dakota %
1	18	34
2	18	27
3	14	15
4	23	8
5+	27	16

Percentage among respondents reporting having had at least one drink in the past 30 days, excluding unknown and missing

Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on one occasion?

Response Categories	Rolette County %	North Dakota %
0	54	62
1	18	15
2	12	9
3	4	4
4	6	3
5+	6	7

Percentage among respondents reporting having had at least one drink in the past 30 days, excluding unknown and missing

During the past 30 days, what is the largest number of drinks you had on any occasion?

Response Categories	Rolette County %	North Dakota %
1	11	20
2	17	22
3	7*	17
4	25	8
5-8	27	21
9+	13	11

Percentage among respondents reporting having had at least one drink in the past 30 days, excluding unknown and missing

Arthritis Burden

During the past 30 days, have you had symptoms of pain, aching, or stiffness in or around a joint?

Response Categories	Rolette County %	North Dakota %
No	61	61
Yes	39	39

Percentage among all respondents, excluding unknown and missing

Did your joint symptoms first begin more than 3 months ago?

Response Categories	Rolette County %	North Dakota %
No	13	18
Yes	87	82

Percentage among respondents reporting joint symptoms in the past 30 days, excluding unknown and missing

Have you ever seen a doctor or other health professional for these joint symptoms?

Response Categories	Rolette County %	North Dakota %
No	30	27
Yes	70	73

Percentage among respondents reporting joint symptoms in the past 30 days that began more than 3 months ago, excluding unknown and missing

Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

Response Categories	Rolette County %	North Dakota %
1	29	27
2	71	73

Percentage among all respondents, excluding unknown and missing

Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?

Response Categories	Rolette County %	North Dakota %
No	68	74
Yes	33	27

Percentage among respondents reporting joint symptoms in the past 30 days or doctor diagnosed arthritis, excluding unknown and missing

Fruit and Vegetables

How often do you drink fruit juices such as orange, grapefruit, or tomato?

Response Categories	Rolette County %	North Dakota %
Never	7	10
<1 per week	18	17
1-6 per week	52	43
1 per day	17	24
>1 per day	6	6

Percentage among all respondents, excluding unknown and missing

Not counting juice, how often do you eat fruit?

Response Categories	Rolette County %	North Dakota %
Never	3	2
<1 per week	18	11
1-6 per week	51	47
1 per day	11	21
>1 per day	17	19

Percentage among all respondents, excluding unknown and missing

How often do you eat green salad?

Response Categories	Rolette County %	North Dakota %
Never	12	6
< 1 per week	15	14
1-6 per week	61	64
1 per day	10	13
> 1 per day	1	2

Percentage among all respondents, excluding unknown and missing

How often do you eat potatoes not including French fries, fried potatoes or potato chips?

Response Categories	Rolette County %	North Dakota %
Never	2	3
< 1 per week	14	16
1-6 per week	75	73
1 per day	6	7
> 1 per day	2	1

Percentage among all respondents, excluding unknown and missing

How often do you eat carrots?

Response Categories	Rolette County %	North Dakota %
Never	6	9
< 1 per week	25	28
1-6 per week	65	56
1 per day	4	5
> 1 per day	1	1

Percentage among all respondents, excluding unknown and missing

Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat?

Response Categories	Rolette County %	North Dakota %
Never	2*	2
< 1 per week	6	4
1-6 per week	29	32
1 per day	35	33
> 1 per day	29	30

Percentage among all respondents, excluding unknown and missing

Physical Activity

When you are at work, which of the following best describes what you do? Would you say: mostly sitting or standing, mostly walking, or mostly heavy lifting or physically demanding work?

Response Categories	Rolette County %	North Dakota %
Heavy	17	19
Sit or Stand	58	58
Walk	25	23

Percentage among respondents reporting they are employed for wages or self-employed, excluding unknown and missing

Now, thinking about the moderate physical activities you do when you are not working (if employed or self-employed) in a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes small increases in breathing or heart rate?

Response Categories	Rolette County %	North Dakota %
No	14	11
Yes	87	89

Percentage among all respondents, excluding unknown and missing

Now thinking about the vigorous physical activities you do when you are not working (if employed or self-employed) in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?

Response Categories	Rolette County %	North Dakota %
No	48	47
Yes	52	53

Percentage among all respondents, excluding unknown and missing

HIV/AIDS

Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include test using fluid from your mouth.

Response Categories	Rolette County %	North Dakota %
No	71	73
Yes	29	27

Percentage among respondents age 18-64, excluding unknown and missing

Not including blood donations, in what month and year was your last HIV test? (Include saliva tests)

Response Categories	Rolette County %	North Dakota %
1986-1999	38	27
2000	3*	3
2001	1*	4
2002	3*	4
2003	9*	7
2004	12	8
2005	7	11
2006	20	21
2007	7	14

Percentage among respondents ages 18-64 reporting ever having been tested for HIV, excluding unknown and missing

Where did you have your last HIV test at, a private doctor or HMO, a counseling and testing site, a hospital, a clinic, in a jail or prison, home, or somewhere else?

Response Categories	Rolette County %	North Dakota %
Clinic	38	44
Council/test	0	2
Hospital	45	17
Jail/prison	0*	2
Private doctor/HMO	3*	18
At home	1*	3
Someplace else	13*	13

Percentage among respondents ages 18-64 reporting ever having been tested for HIV, excluding unknown and missing

Was it a rapid test where you could get your results within a few hours?

Response Categories	Rolette County %	North Dakota %
Yes	17*	6
No	83	94

Percentage among respondents 18-64 reporting having been tested for HIV during the last 12 months, excluding unknown and missing

Emotional Support & Life Satisfaction

How often do you get the social and emotional support you need?

Response Categories	Rolette County %	North Dakota %
Always	47	48
Usually	26	35
Sometimes	13	11
Rarely	6	3
Never	7	3

Percentage among all respondents, excluding unknown and missing

In general, how satisfied are you with your life?

Response Categories	Rolette County %	North Dakota %
Very satisfied	42	46
Satisfied	54	51
Dissatisfied	4	2
Very dissatisfied	0*	1

Percentage among all respondents, excluding unknown and missing

Gastrointestinal Disease

In the past 30 days, did you have diarrhea that began with the 30 day period.

Response Categories	Rolette County %	North Dakota %
No	87	86
Yes	13	14

Percentage among all respondents, excluding unknown and missing

Did you visit a doctor, nurse or other health professional for this diarrhea illness?

Response Categories	Rolette County %	North Dakota %
No	82	87
Yes	18	14

Percentage among respondents reporting diarrhea in past 30 days, excluding unknown and missing

When you visited your health care provider, did you provide a stool sample for testing?

Response Categories	Rolette County %	North Dakota %
No	30*	58
Yes	70*	42

Percentage among respondents reporting diarrhea in past 30 days, excluding unknown and missing

Cardiovascular Health

After you left the hospital following your heart attack did you go to any kind of outpatient rehabilitation? This is sometimes called “rehab.”

Response Categories	Rolette County %	North Dakota %
No	86	53
Yes	14*	47

Percentage among respondents reporting prior heart attack, excluding unknown and missing

After you left the hospital following your stroke did you go to any kind of outpatient rehabilitation? This is sometimes called “rehab.”

Response Categories	Rolette County %	North Dakota %
No	72	67
Yes	28*	33

Percentage among respondents reporting prior stroke, excluding unknown and missing

Do you take aspirin daily or every other day?

Response Categories	Rolette County %	North Dakota %
No	70	73
Yes	30	27

Percentage among all respondents, excluding unknown and missing

Do you have a health problem or condition that makes taking aspirin unsafe for you?

Response Categories	Rolette County %	North Dakota %
No	93	92
Yes, not stomach related	5	4
Yes, stomach related	2	4

Percentage among respondents reporting not taking aspirin every day or every other day, excluding unknown and missing

Heart Attack and Stroke

Do you think pain or discomfort in the jaw, neck or back are symptoms of a heart attack?

Response Categories	Rolette County %	North Dakota %
No	42	33
Yes	58	68

Percentage among all respondents, excluding missing

Do you think feeling weak, lightheaded, or faint are symptoms of a heart attack?

Response Categories	Rolette County %	North Dakota %
No	26	22
Yes	74	78

Percentage among all respondents, excluding missing

Do you think chest pain or discomfort are symptoms of a heart attack?

Response Categories	Rolette County %	North Dakota %
No	11	4
Yes	89	96

Percentage among all respondents, excluding missing

Do you think sudden trouble seeing in one or both eyes is a symptom of a heart attack?

Response Categories	Rolette County %	North Dakota %
No	52	51
Yes	48	50

Percentage among all respondents, excluding missing

Do you think pain or discomfort in the arms or shoulder are symptoms of a heart attack?

Response Categories	Rolette County %	North Dakota %
No	17	8
Yes	83	92

Percentage among all respondents, excluding missing

Do you think shortness of breath is a symptom of a heart attack?

Response Categories	Rolette County %	North Dakota %
No	8	7
Yes	92	93

Percentage among all respondents, excluding missing

Do you think sudden confusion or trouble speaking are symptoms of a stroke?

Response Categories	Rolette County %	North Dakota %
No	7	3
Yes	93	97

Percentage among all respondents, excluding missing

Do you think sudden numbness or weakness of face, arm, or leg especially on one side, are symptoms of a stroke?

Response Categories	Rolette County %	North Dakota %
No	5	2
Yes	95	98

Percentage among all respondents, excluding missing

Do you think sudden trouble seeing in one or both eyes is a symptom of a stroke?

Response Categories	Rolette County %	North Dakota %
No	14	10
Yes	86	91

Percentage among all respondents, excluding missing

Do you think sudden chest pain or discomfort are symptoms of a stroke?

Response Categories	Rolette County %	North Dakota %
No	41	55
Yes	59	45

Percentage among all respondents, excluding missing

Do you think sudden trouble walking, dizziness, or loss of balance are symptoms of a stroke?

Response Categories	Rolette County %	North Dakota %
No	7	4
Yes	93	96

Percentage among all respondents, excluding missing

Do you think severe headache with no known cause is a symptom of a stroke?

Response Categories	Rolette County %	North Dakota %
No	29	20
Yes	71	80

Percentage among all respondents, excluding missing

If you thought someone was having a heart attack or a stroke, what is the first thing you would do?

Response Categories	Rolette County %	North Dakota %
Call 911	61	85
Call family	2	1
Call their MD	2	1
Something else	14	4
Take hospital	21	9

Percentage among all respondents, excluding missing

Occupation

Which of the following most accurately describes the type of work or business you currently work in most often? Would you say...

Response Categories	Rolette County %	North Dakota %
Construction/manufacturing/repair	9	11
Education	10	8
Farmer/rancher/farmhand	9	8
Financial services	1*	3
Food or drink server	4	4
Health care	5	9
Other	22	23
Other government employee	10	5
State government employee	3	5
Wholesale or retail sales	9	8

Percentage among respondents reporting they are employed for wages, self-employed, students, homemakers or retired, excluding missing

Excluding vacation days or other planned days off, during the past 12 months, how many days did you miss work due to physical illness, excluding mental or emotional illness?

Response Categories	Rolette County %	North Dakota %
0	56	56
1-5	28	34
6-10	8*	3
11-20	1*	2
21+	7*	5

Percentage among respondents reporting they are employed for wages, self-employed, students, homemakers or retired, excluding missing

Excluding vacation days or other planned days off, during the past 12 months, how many days did you miss work due to mental or emotional illness, excluding physical illness?

Response Categories	Rolette County %	North Dakota %
0	84	91
1-5	10	4
6-10	1*	0
11-20	0*	0
21+	5	5

Percentage among respondents reporting they are employed for wages, self-employed, students, homemakers or retired, excluding missing

Child Asthma

NOTE: Very small numbers of children with current asthma in the survey sample make interpretation of most questions in this section difficult.

Has a doctor or other health professional ever told you that [randomly selected child] has asthma?

Response Categories	Rolette County %	North Dakota %
No	88	91
Yes	12	9

Percentage among children, excluding unknown and missing

Does [randomly selected child in household] still have asthma?

Response Categories	Rolette County %	North Dakota %
No	44	35
Yes	56	65

Percentage among children ever diagnosed with asthma, excluding unknown and missing

Smokeless Tobacco

Have you ever used or tried any smokeless tobacco products such as chewing tobacco or snuff?

Response Categories	Rolette County %	North Dakota %
No	79	77
Yes	21	23

Percentage among all respondents, excluding unknown and missing

Do you currently use chewing tobacco or snuff every day, some days, or not at all?

Response Categories	Rolette County %	North Dakota %
Every day	32	12
Some days	13*	10
None now	55	78

Percentage among respondents reporting ever having tried smokeless tobacco, excluding unknown and missing

Have you ever smoked a cigar, even one or two puffs?

Response Categories	Rolette County %	North Dakota %
No	58	55
Yes	42	45

Percentage among all respondents, excluding unknown and missing

Do you now smoke cigars every day, some days, or not at all?

Response Categories	Rolette County %	North Dakota %
Every day	0*	0
None now	96	89
Some days	4*	11

Percentage among respondents reporting ever smoking a cigar, excluding unknown and missing

Have you ever smoked tobacco in a pipe, even one or two puffs?

Response Categories	Rolette County %	North Dakota %
No	79	80
Yes	21	20

Percentage among all respondents, excluding unknown and missing

Do you now smoke a pipe every day, some days, or not at all?

Response Categories	Rolette County %	North Dakota %
Every day	1*	0
Some days	2*	5
None now	97	95

Percentage among respondents reporting ever smoking tobacco in a pipe, excluding unknown and missing

A bidi is a flavored cigarette from India. Have you ever smoked a bidi, even one or two puffs?

Response Categories	Rolette County %	North Dakota %
No	99	98
Yes	1*	2

Percentage among all respondents, excluding unknown and missing

Health Care Coverage

What is the name of the health plan you use to pay for most of your medical costs?

Response Categories	Rolette County %	North Dakota %
Altru Health Plan	0*	0
American Family Mutual	2*	0
Blue Cross/Blue Shield or Noridian	42	63
Heart of America	2*	0
Indian Health Service	12	0
Medicaid or medical assistance	16	3
Medicare	18	15
Military, Tricare or Champus	1*	4
ND-PERS	0*	0
None	0*	1
Other	7	11

Percentage among respondents reporting having some type of health care coverage, excluding unknown and missing

Osteoporosis

Have you ever been told by a doctor, nurse or other health professional how to prevent osteoporosis?

Response Categories	Rolette County %	North Dakota %
No	70	62
Yes	30	38

Percentage among all respondents, excluding unknown and missing

A bone density test uses a special machine to look for osteoporosis. Have you ever had a bone density test?

Response Categories	Rolette County %	North Dakota %
No	91	81
Yes	9	20

Percentage among all respondents, excluding unknown and missing

Have you ever been told by a doctor, nurse, or other health professional that you have osteoporosis?

Response Categories	Rolette County %	North Dakota %
No	97	95
Yes	3	5

Percentage among all respondents, excluding unknown and missing

Indian Health

Do you live on a reservation or Indian Service Area?

Response Categories	Rolette County %	North Dakota %
No	37	95
Yes, Indian service area	10	2
Yes, reservation	54	4

Percentage among all respondents, excluding unknown and missing

Are you currently an enrolled tribal member?

Response Categories	Rolette County %	North Dakota %
No	38	95
Yes	62	5

Percentage among all respondents, excluding unknown and missing

Which Tribe?

Response Categories	Rolette County %
Chippewa	82
Spirit Lake Sioux	1*
Standing Rock Sioux	2*
Three Affiliated	0*
Other	15

How much of your health care do you obtain from an Indian Health Service Clinic?

Response Categories	Rolette County %	North Dakota %
All	47	37
Most	17	12
Some	11	10
Little	16	12
None	9	30

Percentage among respondents reporting being an enrolled tribal member, excluding unknown and missing

Mental Health and Stigma

About how often during the past 30 days did you feel nervous? Would you say all of the time, most of the time, some of the time, a little of the time, or none of the time?

Response Categories	Rolette County %	North Dakota %
All	2*	1
Most	3	3
Some	13	14
Little	33	36
None	49	46

Percentage among all respondents, excluding unknown and missing

During the past 30 days, about how often did you feel hopeless or worthlessness – all of the time, most of the time, some of the time, a little of the time, or none of the time?

Response Categories	Rolette County %	North Dakota %
All	0*	1
Most	2	1
Some	4	5
Little	9	11
None	85	82

Percentage among all respondents, excluding unknown and missing

During the past 30 days, about how often did you feel so depressed that nothing could cheer you up?

Response Categories	Rolette County %	North Dakota %
All of the time	0*	0
Most of the time	2	1
Some of the time	4	4
A little of the time	6	7
None of the time	88	89

Percentage among all respondents, excluding unknown and missing

Has a doctor or other healthcare provider ever told you that you have an anxiety disorder including acute stress disorder, anxiety, generalized anxiety disorder, obsessive-compulsive disorder, panic attacks, panic disorder, phobia, posttraumatic stress disorder, or social anxiety disorder?

Response Categories	Rolette County %	North Dakota %
No	87	89
Yes	13	11

Percentage among all respondents, excluding unknown and missing

Has a doctor or other healthcare provider ever told you that you have a depressive disorder including depression, dysthymia, or minor depression?

Response Categories	Rolette County %	North Dakota %
No	90	84
Yes	10	16

Percentage among all respondents, excluding unknown and missing

Are you now taking medicine or receiving treatment from a doctor or other health professional for a mental health condition or emotional problem?

Response Categories	Rolette County %	North Dakota %
No	93	90
Yes	7	10

Percentage among all respondents, excluding unknown and missing

Treatment can help people with mental illness lead normal lives. Do you agree strongly, agree slightly, neither agree nor disagree, disagree slightly, or disagree strongly?

Response Categories	Rolette County %	North Dakota %
Agree strongly	59	65
Agree slightly	29	27
Neither agree nor disagree	4	4
Disagree slightly	4	3
Disagree strongly	4	1

Percentage among all respondents, excluding unknown and missing

People are generally caring and sympathetic to people with mental illness. Do you agree strongly, agree slightly, neither agree nor disagree, disagree slightly, or disagree strongly?

Response Categories	Rolette County %	North Dakota %
Agree strongly	28	20
Agree slightly	33	40
Neither agree nor disagree	8	11
Disagree slightly	26	22
Disagree strongly	6	7

Percentage among all respondents, excluding unknown and missing

Sexual Violence

Media images that portray women as sexy contribute to sexual violence.
Would you say that you agree or disagree?

Response Categories	Rolette County %	North Dakota %
Agree	50	58
Disagree	50	43

Percentage among all respondents, excluding missing

Women who dress and act in a sexy way provoke rape by their appearance and behavior.

Response Categories	Rolette County %	North Dakota %
Agree	44	38
Disagree	56	62

Percentage among all respondents, excluding missing

Sexual harassment can include inappropriate or unwanted sexual advances or comments by another person, co-worker or supervisor.

Response Categories	Rolette County %	North Dakota %
Agree	94	95
Disagree	6	5

Percentage among all respondents, excluding missing

It might be acceptable for a male to have sexual intercourse with a female against her will or without her consent if he spends a lot of money on her.

Response Categories	Rolette County %	North Dakota %
Agree	3	2
Disagree	97	98

Percentage among all respondents, excluding missing

It might be acceptable for a male to have sexual intercourse with a female against her will or without her consent if she got him sexually excited.

Response Categories	Rolette County %	North Dakota %
Agree	7	4
Disagree	93	96

Percentage among all respondents, excluding missing

It might be acceptable for a male to have sexual intercourse with a female against her will or without her consent if they had had sexual intercourse before.

Response Categories	Rolette County %	North Dakota %
Agree	10	5
Disagree	90	95

Percentage among all respondents, excluding missing

It might be acceptable for a male to have sexual intercourse with a female against her will or without her consent if they were married.

Response Categories	Rolette County %	North Dakota %
Agree	15	11
Disagree	85	89

Percentage among all respondents, excluding missing

It is never acceptable for a male to have sexual intercourse with a female against her will or without her consent. Would you say that you agree or disagree?

Response Categories	Rolette County %	North Dakota %
Agree	90	95
Disagree	11	5

Percentage among all respondents, excluding missing

If a women claims she was raped, the amount of resistance she put up should be a major factor in determining whether a rape has occurred. Would you say that you agree or disagree?

Response Categories	Rolette County %	North Dakota %
Agree	46	32
Disagree	54	68

Percentage among all respondents, excluding missing

If a woman is raped when she is drunk, she is at least somewhat responsible for letting things get out of control. Would you say that you agree or disagree?

Response Categories	Rolette County %	North Dakota %
Agree	28	28
Disagree	72	73

Percentage among all respondents, excluding missing

I would have sex with someone against their will or without their consent if I knew that I would not get caught. Would you say that you agree or disagree?

Response Categories	Rolette County %	North Dakota %
Agree	1*	1
Disagree	99	99

Percentage among all respondents, excluding missing

Sexual violence occurs in your community. Would you say you agree or disagree?

Response Categories	Rolette County %	North Dakota %
Agree	88	81
Disagree	13	19

Percentage among all respondents, excluding missing

It is possible to prevent sexual violence. Would you say that you agree or disagree?

Response Categories	Rolette County %	North Dakota %
Agree	76	71
Disagree	24	29

Percentage among all respondents, excluding missing

Sexual Orientation

Now I'll read a list of terms people sometimes use to describe themselves – heterosexual or straight, homosexual or gay/lesbian, and bisexual. As I read the list again, please stop me when I get to the term that best describes how think of yourself.

Response Categories	Rolette County %	North Dakota %
Heterosexual	97	98
Bisexual	1*	1
Homosexual	0*	0
Other	3	1

Percentage among all respondents, excluding unknown and missing