2011

Behavioral Risk Factor Surveillance System

North Dakota

July 2011
(CDC Core – 12/31/2010)

U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Disease Control and Prevention

National Center for Chronic Disease Prevention and Health Promotion

Division of Adult and Community Health
# Contents

Contents............................................................................................................. 2
Intro .................................................................................................................. 1
INTROQST ................................................................................................. 1
WRONGNUM .............................................................................................. 1
PRIVRES ...................................................................................................... 1
NONRES ...................................................................................................... 1
ISCELL .......................................................................................................... 1
CELLYES ...................................................................................................... 2
ADULTS .......................................................................................................... 2
MEN ............................................................................................................... 2
WOMEN ........................................................................................................ 2
WRONGTOT .................................................................................................. 2
SELECTED .................................................................................................... 2
ONEADULT .................................................................................................... 3
ASKGENDR ................................................................................................... 3
GETADULT .................................................................................................... 3
YOURTHE1 ................................................................................................... 3
GETNEWAD .................................................................................................. 3
NEWADULT ................................................................................................... 4
Core Sections .................................................................................................. 5
INTROSCR .................................................................................................... 5
Section 01: Health Status ................................................................................ 6
C01INTRO .................................................................................................... 6
C01Q01 .......................................................................................................... 6
C01Q01 .......................................................................................................... 6
C01ENDE ...................................................................................................... 6
Section 02: Healthy Days -- Health-Related Quality of Life ................................ 7
C02INTRO .................................................................................................... 7
C02Q01 .......................................................................................................... 7
C02Q02 .......................................................................................................... 7
C02Q02 .......................................................................................................... 7
C02Q03 .......................................................................................................... 7
C02END ........................................................................................................ 8
Section 03: Health Care Access ...................................................................... 9
C03INTRO .................................................................................................... 9
C03Q01 .......................................................................................................... 9
HELLO, I am calling for the {CDEPT}. My name is [Interviewer Name].

We are gathering information about the health of {STTEXT} residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

Is this {PHONE7}?  
1 YES, CONTINUE SKP → PRIVRES  
2 NUMBER IS NOT THE SAME SKP → WRONGNUM

Thank you very much, but I seem to have dialed the wrong number. It’s possible that your number may be called at a later time.

SKP → INTOQST

Is this a private residence in {STTEXT}?  
1 YES, CONTINUE SKP → ISCELL  
2 NO, NON-RESIDENTIAL SKP → NONRES

Thank you very much, but we are only interviewing private residences in {STTEXT}.

DISPOS 420

Is this a cellular telephone?  
READ ONLY IF NECESSARY:

“By cellular (or cell) telephone we mean a telephone that is mobile and usable outside of your neighborhood.”

1 NO, NOT A CELLULAR TELEPHONE, CONTINUE SKP → ADULTS  
2 YES, A CELLULAR TELEPHONE SKP → CELLYES
**CELLYES**

**IF** - **ISCELL** = 2

Thank you very much, but we are only interviewing land line telephones and private residences.

**DISPOS 435**

---

**ADULTS**

**NUMADULT**

I need to randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

___ **NUMBER OF ADULTS**

---

**MEN**

**IF** - **ADULTS** > 1

**NUMMEN**

How many of these adults are men?

___ **NUMBER OF MEN**

---

**WOMEN**

**IF** - **ADULTS** > 1

**NUMWOMEN**

How many of these adults are women?

___ **NUMBER OF WOMEN**

---

**WRONGTOT**

**IF** - **MEN** + **WOMEN** <> **ADULTS**

I'm sorry, something is not right.

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Men</td>
<td>{MEN}</td>
</tr>
<tr>
<td>Number of Women</td>
<td>+ {WOMEN}</td>
</tr>
<tr>
<td>Number of Adults</td>
<td>{ADULTS}</td>
</tr>
</tbody>
</table>

1. **CORRECT THE NUMBER OF MEN**
   - **SKP** → **MEN**
2. **CORRECT THE NUMBER OF WOMEN**
   - **SKP** → **WOMEN**
3. **CORRECT THE NUMBER OF ADULTS**
   - **SKP** → **ADULTS**

---

**SELECTED**

**IF** - **ADULTS** > 1 AND (**MEN** + **WOMEN**) = **ADULTS**

The person in your household I need to speak with is the {SRESP}.

Are you the {SRESP}?

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td><strong>YES</strong></td>
</tr>
<tr>
<td>2</td>
<td><strong>NO</strong></td>
</tr>
</tbody>
</table>
**ONEADULT**  
IF - ADULTS = 1

Are you the adult?

INTERVIEWER NOTE: ASK GENDER IF NECESSARY.

1. YES AND THE RESPONDENT IS A MALE.  
   SKP → YOURTHE1
2. YES AND THE RESPONDENT IS A FEMALE.  
   SKP → YOURTHE1
3. NO

**ASKGENDR**  
IF - ADULTS = 1 AND ONEADULT = 3

Is the Adult a man or a woman?

1. MALE
2. FEMALE

**GETADULT**  
IF - ONEADULT = 3

May I speak with...

{IF ASKGENDR = 1, ...him?, ...her?}

1. YES, ADULT IS COMING TO THE PHONE  
   SKP → NEWADULT
2. NO, GO TO NEXT SCREEN, PRESS F3 TO SCHEDULE A CALL-BACK  
   SKP → NEWADULT

**YOURTHE1**  
IF - SELECTED = 1 OR ONEADULT < 3

Then you are the person I need to speak with.

1. PERSON INTERESTED, CONTINUE  
   SKP → INTROSCR
2. GO BACK TO ADULTS QUESTION. WARNING: A NEW RESPONDENT MAY BE SELECTED  
   SKP → ADULTS

**GETNEWAD**  
IF - SELECTED = 2

May I speak with the **SRESP**?

1. YES, SELECTED RESPONDENT COMING TO THE PHONE  
   SKP → NEWADULT
2. NO, GO TO NEXT SCREEN, PRESS F3 TO SCHEDULE A CALL-BACK  
   SKP → NEWADULT
3. GO BACK TO ADULTS QUESTION. WARNING: A NEW RESPONDENT MAY BE SELECTED  
   SKP → ADULTS
NEWADULT IF GETADULT = 1 OR GETADULT = 2 OR GETNEWAD = 1

HELLO, I am calling for the {CDEPT}. My name is [Interviewer Name].

We are gathering information about the health of {STTEXT} residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

1 PERSON INTERESTED, CONTINUE SKP → INTROSCR
2 GO BACK TO ADULTS QUESTION. WARNING: A NEW RESPONDENT MAY BE SELECTED SKP → ADULTS
Core Sections

INTROSCR

I will not ask for your last name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions about the survey, please call {CPHONE}.

1 PERSON INTERESTED, CONTINUE
2 GO BACK TO ADULTS QUESTION. WARNING: A NEW RESPONDENT MAY BE SELECTED
Section 01: Health Status

C01INTRO

C01Q01

Would you say that in general your health is...

PLEASE READ:

1  Excellent
2  Very good
3  Good
4  Fair or
5  Poor

7  DON’T KNOW/NOT SURE
9  REFUSED

C01END
Section 02: Healthy Days -- Health-Related Quality of Life

**C02INTRO**

**C02Q01**

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

__ NUMBER OF DAYS

88  NONE  
77  DON’T KNOW/NOT SURE  
99  REFUSED  
1  MIN  
30  MAX

**C02Q02**

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

__ NUMBER OF DAYS

88  NONE  
77  DON’T KNOW/NOT SURE  
99  REFUSED  
1  MIN  
30  MAX

CATI NOTE: IF C02Q01 AND C02Q02 = 88(NONE), GO TO NEXT SECTION

**C02Q03**

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

__ NUMBER OF DAYS

88  NONE  
77  DON’T KNOW/NOT SURE  
99  REFUSED  
1  MIN  
30  MAX
### Section 03: Health Care Access

**C03INTRO**

<table>
<thead>
<tr>
<th><strong>C03Q01</strong> HLTHPLAN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare or Indian Health Services?</td>
</tr>
<tr>
<td>1 YES</td>
</tr>
<tr>
<td>2 NO</td>
</tr>
<tr>
<td>7 DON’T KNOW/NOT SURE</td>
</tr>
<tr>
<td>9 REFUSED</td>
</tr>
</tbody>
</table>

**C03Q02** PERSDOC

| Do you have one person you think of as your personal doctor or health care provider? |
| INTERVIEWER NOTE: IF “NO” ASK: |
| “Is there more than one, or is there no person who you think of as your personal doctor or health care provider?” |
| 1 YES, ONLY ONE |
| 2 MORE THAN ONE |
| 3 NO |
| 7 DON’T KNOW/NOT SURE |
| 9 REFUSED |

**C03Q03** MEDCOST

| Was there a time in the past 12 months when you needed to see a doctor but could not because of cost? |
| 1 YES |
| 2 NO |
| 7 DON’T KNOW/NOT SURE |
| 9 REFUSED |
About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

1. Within past year (anytime less than 12 months ago)
2. Within past 2 years (1 year but less than 2 years ago)
3. Within past 5 years (2 years but less than 5 years ago)
4. 5 or more years ago

7. DON’T KNOW/NOT SURE
8. NEVER
9. REFUSED
Section 04: Hypertension Awareness

C04INTRO

C04Q01

Have you EVER been told by a doctor, nurse, or other health professional that you have high blood pressure?

READ ONLY IF NECESSARY:

By “other health professional” we mean a nurse practitioner, a physician’s assistant, or some other licensed health professional.

INTERVIEWER NOTE: IF “YES” AND RESPONDENT IS FEMALE, ASK:

“Was this only when you were pregnant?”

1 YES
2 YES, BUT FEMALE TOLD ONLY DURING PREGNANCY
3 NO
4 TOLD BORDERLINE HIGH OR PRE-HYPERTENSIVE
7 DON’T KNOW/NOT SURE
9 REFUSED

C04Q01V

IF - RESPgend=1 AND C04Q01=2

INTERVIEWER: YOU RECORDERED THAT THE RESPONDENT WAS TOLD BY A DOCTOR DURING PREGNANCY THAT SHE HAD HIGH BLOOD PRESSURE. ARE YOU SURE?

THE RESPONDENT SELECTED WAS THE {SRESP}

IS THE PREVIOUS ANSWER CORRECT?

1 YES
2 NO

C04Q02

IF - C04Q01=1

Are you currently taking medicine for your high blood pressure?

1 YES
2 NO
7 DON’T KNOW/NOT SURE
9 REFUSED
C04END
Section 05: Cholesterol Awareness

C05INTRO

**C05Q01**

Blood cholesterol is a fatty substance found in the blood. Have you **EVER** had your blood cholesterol checked?

1. YES
2. NO
3. DON’T KNOW/NOT SURE
4. REFUSED

**C05Q02**

About how long has it been since you last had your blood cholesterol checked?

READ ONLY IF NECESSARY:

1. Within past year (anytime less than 12 months ago)
2. Within past 2 years (1 year but less than 2 years ago)
3. Within past 5 years (2 years but less than 5 years ago)
4. 5 or more years ago
5. DON’T KNOW/NOT SURE
6. REFUSED

**C05Q03**

Have you **EVER** been told by a doctor, nurse or other health professional that your blood cholesterol is high?

1. YES
2. NO
3. DON’T KNOW/NOT SURE
4. REFUSED

C05END
Section 06: Chronic Health Conditions

C06INTRO

Now I would like to ask you some questions about general health conditions.

Has a doctor, nurse or other health professional EVER told you that you had any of the following? For each, tell me “Yes,” “No,” or you’re “Not sure.”

(Ever told) you that you had a heart attack also called a myocardial infarction?
1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED

(Ever told) you had angina or coronary heart disease?
1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED

(Ever told) you had a stroke?
1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED

(Ever told) you had asthma?
1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED
**C06Q05** IF - C06Q04=1 ASTHNOW

Do you still have asthma?

1 YES
2 NO

7 DON’T KNOW/NOT SURE
9 REFUSED

**C06Q06** CHCSCNCR

(Ever told) you had skin cancer?

1 YES
2 NO

7 DON’T KNOW/NOT SURE
9 REFUSED

**C06Q07** CHCOCNCR

(Ever told) you had any other types of cancer?

1 YES
2 NO

7 DON’T KNOW/NOT SURE
9 REFUSED

**C06Q08** CHCCOPD

(Ever told) you have COPD chronic obstructive pulmonary disease, emphysema, or chronic bronchitis?

1 YES
2 NO

7 DON’T KNOW/NOT SURE
9 REFUSED
(Ever told) you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

**INTERVIEWER NOTE:** ARTHRITIS DIAGNOSES INCLUDE:

- rheumatism, polymyalgia rheumatica
- osteoarthritis (not osteoporosis)
- tendonitis, bursitis, bunion, tennis elbow
- carpal tunnel syndrome, tarsal tunnel syndrome
- joint infection, Reiter’s syndrome
- ankylosing spondylitis; spondylosis
- rotator cuff syndrome
- connective tissue disease, scleroderma, polymyositis, Raynaud’s syndrome
- vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener’s granulomatosis),
- polyarteritis nodosa

1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED

(Ever told) you have a depressive disorder including depression, major depression, dysthymia, or minor depression?

1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED

(Ever told) you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence.

**INTERVIEWER NOTE:** INCONTINENCE IS NOT BEING ABLE TO CONTROL URINE FLOW.

1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED
**C06Q12**

Has a doctor, nurse or other health professional ever said that you have vision impairment in one or both eyes, even when wearing glasses?

1. YES
2. NO
3. RESPONDENT IS BLIND

7. DON’T KNOW/NOT SURE
9. REFUSED

**C06Q13**

(Ever told) you have diabetes?

INTERVIEWER NOTE: IF “YES” AND RESPONDENT IS FEMALE, ASK:

“Was this only when you were pregnant?”

IF RESPONDENT SAYS PRE-DIABETES OR BORDERLINE DIABETES, USE RESPONSE CODE 4.

1. YES
2. YES, BUT FEMALE TOLD ONLY DURING PREGNANCY
3. NO
4. NO, PRE-DIABETES OR BORDERLINE DIABETES

7. DON’T KNOW/NOT SURE
9. REFUSED

**C06Q13V**  
IF RESPONDENT WAS TOLD BY A DOCTOR DURING PREGNANCY THAT SHE HAD DIABETES. ARE YOU SURE?

THE RESPONDENT SELECTED WAS THE

\{SRESP\}

IS THE PREVIOUS ANSWER CORRECT?

1. YES
2. NO

SKP → C06Q13

**C06END**
CATI NOTE: IF C06Q13 = 1 (YES), GO TO DIABETES OPTIONAL MODULE (IF USED). IF ANY OTHER RESPONSE TO C06Q13, GO TO PRE-DIABETES OPTIONAL MODULE (IF USED). OTHERWISE, GO TO NEXT SECTION.
Module 02: Diabetes

CATI NOTE: INSERT AFTER SECTION C06

CATI NOTE: ONLY ASKED OF THOSE RESPONDING “YES” (CODE = 1) TO CORE C06Q13 (DIABETES AWARENESS QUESTION).

M02INTRO   IF - C06Q13=1

M02Q01   IF - C06Q13=1   DIABAGE2
How old were you when you were told you have diabetes?
__ CODE AGE IN YEARS [97= 97 or older]
98 DON’T KNOW/NOT SURE
99 REFUSED
01 MIN
97 MAX

M02Q02   IF - C06Q13=1   INSULIN
Are you now taking insulin?
1 YES
2 NO
9 REFUSED

M02Q03   IF - C06Q13=1   BLDSUGAR
About how often do you check your blood for glucose or sugar?
Include times when checked by a family or friend, but do NOT include times when checked by a health professional.
101-199 = PER DAY  301-399 = PER MONTH
201-299 = PER WEEK  401-499 = PER YEAR
__ TIMES
888 NEVER
777 DON’T KNOW/NOT SURE
999 REFUSED
101 MIN
499 MAX
M02Q03V  IF - (M02Q03>105 AND M02Q03<200) OR (M02Q03>235 AND M02Q03<300)

INTERVIEWER YOU RECORDED THE RESPONDENT CHECKS BLOOD {M02Q03} TIMES PER DAY/WEEK/MONTH/YEAR
IS THIS CORRECT?
1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION SKP -> M02Q03

M02Q04  IF - C06Q13=1

About how often do you check your feet for any sores or irritations? Include times when checked by a family or friend, but do NOT include times when checked by a health professional.

101-199 = PER DAY 301-399 = PER MONTH
201-299 = PER WEEK 401-499 = PER YEAR
___ TIMES

555 NO FEET
888 NEVER
777 DON'T KNOW/NOT SURE
999 REFUSED
101 MIN
499 MAX

M02Q05V  IF - (M02Q04>105 AND M02Q04<200) OR (M02Q04>235 AND M02Q04<300)

INTERVIEWER YOU RECORDED THE RESPONDENT CHECKS THEIR FEET {M02Q04} TIMES PER DAY/WEEK/MONTH/YEAR
IS THIS CORRECT?
1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION SKP -> M02Q04

M02Q05  IF - C06Q13=1

About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

___ NUMBER OF TIMES [76= 76 or more]

88 NONE
77 DON'T KNOW/NOT SURE
99 REFUSED
01 MIN
76 MAX
M02Q05V

IF - M02Q05>52 AND M02Q05<77

INTERVIEWER YOU RECORDED THE RESPONDENT HAS SEEN A HEALTH PROFESSIONAL {M02Q05} TIMES IN THE PAST 12 MONTHS.

IS THIS CORRECT?
1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION SKP → M02Q05

M02Q06

IF - C06Q13=1

A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

__ NUMBER OF TIMES [76= 76 or more]

88 NONE
98 NEVER HEARD OF "A ONE C" TEST
77 DON’T KNOW/NOT SURE
99 REFUSED
01 MIN
76 MAX

M02Q06V

IF - M02Q06>52 AND M02Q06<77

INTERVIEWER YOU RECORDED THE RESPONDENT HAS BEEN CHECKED FOR "A ONE C" BY A HEALTH PROFESSIONAL {M02Q06} TIMES IN THE PAST 12 MONTHS.

IS THIS CORRECT?
1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION SKP → M02Q06

CATI NOTE: IF M02Q04=555 "NO FEET", GO TO M02Q08.

M02Q07

IF - C06Q13=1 AND M02Q04<>555

About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

__ NUMBER OF TIMES [76= 76 or more]

88 NONE
77 DON’T KNOW/NOT SURE
99 REFUSED
01 MIN
76 MAX
M02Q07V  IF - M02Q07>52 AND M02Q07<77

INTERVIEWER YOU RECORDED THE RESPONDENT HAS HAD THEIR FEET CHECKED BY A HEALTH PROFESSIONAL {M02Q07} TIMES IN THE PAST 12 MONTHS.

IS THIS CORRECT?
1   YES, CORRECT AS IS, CONTINUE
2   NO, REASK QUESTION

SKP  →  M02Q07

M02Q08  IF - C06Q13=1  EYEEEXAM

When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

READ ONLY IF NECESSARY:
1   Within the past month (anytime less than 1 month ago)
2   Within the past year (1 month but less than 12 months ago)
3   Within the past 2 years (1 year but less than 2 years ago)
4   2 or more years ago
7   DON’T KNOW/NOT SURE
8   NEVER
9   REFUSED

M02Q09  IF - C06Q13=1  DIABEYE

Has a doctor ever told you that diabetes has affected you eyes or that you had retinopathy?
1   YES
2   NO
7   DON’T KNOW/NOT SURE
9   REFUSED

M02Q10  IF - C06Q13 = 1  DIABEDU

Have you ever taken a course or class in how to manage your diabetes yourself?
1   YES
2   NO
7   DON’T KNOW/NOT SURE
9   REFUSED
## Section 07: Tobacco Use

### C07INTRO

### C07Q01 SMOKE100

Have you smoked at least 100 cigarettes in your entire life?

**INTERVIEWER NOTE:** 5 PACKS = 100 CIGARETTES

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>YES</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>NO</td>
<td>SKP → C07Q05</td>
</tr>
<tr>
<td>7</td>
<td>DON’T KNOW/NOT SURE</td>
<td>SKP → C07Q05</td>
</tr>
<tr>
<td>9</td>
<td>REFUSED</td>
<td>SKP → C07Q05</td>
</tr>
</tbody>
</table>

### C07Q02 IF - C07Q01=1 SMOKDAY2

Do you now smoke cigarettes every day, some days, or not at all?

1. Everyday
2. Somedays
3. Not at all  
   SKP → C07Q04

7. DON’T KNOW/NOT SURE  
   SKP → C07Q05

9. REFUSED  
   SKP → C07Q05

### C07Q03 IF - C07Q02=1 OR C07Q02=2 STOPSMK2

During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

1. YES
2. NO  
   SKP → C07Q05

7. DON’T KNOW/NOT SURE  
   SKP → C07Q05

9. REFUSED  
   SKP → C07Q05
**C07Q04**  
IF = C07Q02>2 AND C07Q02<10  
LASTSMK2

How long has it been since you last smoked a cigarette, even one or two puffs?

01 Within the past month (less than 1 month ago)
02 Within the past 3 months (1 month but less than 3 months ago)
03 Within the past 6 months (3 months but less than 6 months ago)
04 Within the past year (6 months but less than 1 year ago)
05 Within the past 5 years (1 year but less than 5 years ago)
06 Within the past 10 years (5 years but less than 10 years ago)
07 10 years or more

77 DON’T KNOW/NOT SURE
99 REFUSED

**C07Q05**  
USENOW3

Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?

INTERVIEWER NOTE: SNUS (RHYMES WITH ‘GOOSE’)

SNUS (SWEDISH FOR SNUFF) IS A MOIST SMOKELESS TOBACCO, USUALLY SOLD IN SMALL POUCHES THAT ARE PLACED UNDER THE LIP AGAINST THE GUM.

1 Everyday
2 Somedays
3 Not at all

7 DON’T KNOW/NOT SURE
9 REFUSED

**C07END**
# Section 08: Demographics

## C08INTRO

**C08Q01**  
**AGE**

What is your age?

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>__</td>
<td>CODE AGE IN YEARS [99=99 years or older]</td>
</tr>
<tr>
<td>07</td>
<td>DON’T KNOW/NOT SURE</td>
</tr>
<tr>
<td>09</td>
<td>REFUSED</td>
</tr>
<tr>
<td>18</td>
<td>MIN</td>
</tr>
<tr>
<td>99</td>
<td>MAX</td>
</tr>
</tbody>
</table>

## C08Q01V

**IF - M02Q01>C08Q01 AND M02Q01<98**

INTERVIEWER: THE RESPONDENT INDICATED THEIR AGE TO BE {C08Q01} YEARS OLD! YOU INDICATED EARLIER THEY WERE TOLD THEY HAD DIABETES AT AGE {M02Q01}! PLEASE VERIFY THAT THIS IS THE CORRECT ANSWER AND CHANGE THE AGE OF THE RESPONDENT OR MAKE A NOTE TO CORRECT THE AGE THE RESPONDENT WAS DIAGNOSED AS A DIABETIC.

1. YES, CORRECT AS IS, CONTINUE  
2. NO, REASK QUESTION  

## C08Q02

**HISPANC2**

Are you Hispanic or Latino?

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>YES</td>
</tr>
<tr>
<td>2</td>
<td>NO</td>
</tr>
<tr>
<td>7</td>
<td>DON’T KNOW/NOT SURE</td>
</tr>
<tr>
<td>9</td>
<td>REFUSED</td>
</tr>
</tbody>
</table>
**C08Q03**

Which one or more of the following would you say is your race?

CHECK ALL THAT APPLY

PLEASE READ:

1. White
2. Black or African American
3. Asian
4. Native Hawaiian or Other Pacific Islander
5. American Indian or Alaska Native or
6. Other [Specify]

8. NO ADDITIONAL CHOICES
7. DON’T KNOW/NOT SURE
9. REFUSED

---

**C08Q04**

Which one of these groups would you say best represents your race?

PLEASE READ:

1. White
2. Black or African American
3. Asian
4. Native Hawaiian or Other Pacific Islander
5. American Indian or Alaska Native or
6. Other [Specify]

7. DON’T KNOW/NOT SURE
9. REFUSED

---

**C08Q05**

Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? Active duty does not include training for the Reserves or National Guard, but **DOES** include activation, for example, for the Persian Gulf War.

1. Yes
2. No

7. DON’T KNOW/NOT SURE
9. REFUSED
C08Q06  MARITAL

Are you...?

PLEASE READ:

1  Married
2  Divorced
3  Widowed
4  Separated
5  Never married Or
6  A member of an unmarried couple

9  REFUSED

C08Q07  CHILDREN

How many children less than 18 years of age live in your household?

__ NUMBER OF CHILDREN

88  NONE
99  REFUSED
01  MIN
87  MAX

C08Q08  EDUCA

What is the highest grade or year of school you completed?

READ ONLY IF NECESSARY:

1  Never attended school or only attended kindergarten
2  Grades 1 through 8 (Elementary)
3  Grades 9 through 11 (Some high school)
4  Grade 12 or GED (High school graduate)
5  College 1 year to 3 years (Some college or technical school)
6  College 4 years or more (College graduate)

9  REFUSED
**C08Q09**

Are you currently...?

PLEASE READ:

1. Employed for wages
2. Self-employed
3. Out of work for more than 1 year
4. Out of work for less than 1 year
5. A Homemaker
6. A Student
7. Retired Or
8. Unable to work
9. REFUSED

**C08Q10d**

Is your annual household income from all sources:

Less than $25,000?

1. YES
2. NO

3. DON'T KNOW/NOT SURE  
4. REFUSED

**C08Q10c**  IF - C08Q10d = 1

(Is your annual household income from all sources: )

Less than $20,000?

1. YES
2. NO

3. DON'T KNOW/NOT SURE  
4. REFUSED

**C08Q10b**  IF - C08Q10c = 1

(Is your annual household income from all sources: )

Less than $15,000?

1. YES
2. NO

3. DON'T KNOW/NOT SURE  
4. REFUSED
C08Q10a  IF - C08Q10b = 1
(Is your annual household income from all sources: )
Less than $10,000?
1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED

C08Q10e  IF - C08Q10d = 2
(Is your annual household income from all sources: )
Less than $35,000?
1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED

C08Q10f  IF - C08Q10e = 2
(Is your annual household income from all sources: )
Less than $50,000?
1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED

C08Q10g  IF - C08Q10f = 2
(Is your annual household income from all sources: )
Less than $75,000?
1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED
**C08Q10i**

ANNUAL HOUSEHOLD INCOME FROM ALL SOURCES IS:

{If C08Q10g = 2, More than $75,000?}

{If C08Q10g = 1, $50,000 to less than $75,000}

{If C08Q10f = 1, $35,000 to less than $50,000}

{If C08Q10e = 1, $25,000 to less than $35,000}

{If C08Q10c = 2, $20,000 to less than $25,000}

{If C08Q10b = 2, $15,000 to less than $20,000}

{If C08Q10a = 2, $10,000 to less than $15,000}

{If C08Q10a = 1, Less than $10,000}

{Default, REFUSED/DON’T KNOW/NOTSURE}

IS THIS CORRECT?

1  YES
2  NO

7  DON’T KNOW/NOT SURE
9  REFUSED

**C08Q11**

About how much do you weigh without shoes?

NOTE: IF RESPONDENT ANSWERS IN METRICS, PUT “9” IN FRONT (EX. 65 KILOGRAMS IS “965”).

ROUND FRACTIONS UP

____ WEIGHT (pounds/kilograms)

7777 DON’T KNOW/NOT SURE
9999 REFUSED

**C08Q11V**

IF - (C08Q11<9000 AND (C08Q11<80 OR C08Q11>350))

OR (C08Q11>9000 AND (C08Q11<9035 OR C08Q11>9159))

INTERVIEWER YOU INDICATED THE RESPONDENT WEIGHS {C08Q11}

IS THIS CORRECT?

1  YES, CORRECT AS IS, CONTINUE
2  NO, REASK QUESTION

SKP → C08Q11
About how tall are you without shoes?

NOTE: IF RESPONDENT ANSWERS IN METRICS, PUT "9" IN FRONT (EX. 165 CENTIMETERS IS "9165").
ROUND FRACTIONS DOWN
___/___ Ft/inches/meters/centimeters
77/77 DON'T KNOW/NOT SURE
99/99 REFUSED

INTERVIEWER YOU INDICATED THE RESPONDENT IS \{C08Q12\}
IS THIS CORRECT?
1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION  

What county do you live in?
ENTER FIRST LETTER OF COUNTY NAME
___ ANSI COUNTY CODE (FORMERLY FIPS COUNTY CODE)
888 OTHER
777 DON'T KNOW/NOT SURE
999 REFUSED
001 MIN
775 MAX

CATI NOTE: SET MIN AND MAX BASED ON STATE ZIP RANGE 

What is the ZIP Code where you live?
___ ZIP Code
77777 DON'T KNOW/NOT SURE
99999 REFUSED
Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine.

1. Yes
2. No
7. Don’t know/not sure
9. Refused

How many of these telephone numbers are residential numbers?

1. One
2. Two
3. Three
4. Four
5. Five
6. Six [6 = 6 or more]
7. Don’t know/not sure
9. Refused

Do you have a cell phone for personal use? Please include cell phones used for both business and personal use.

1. Yes
2. No
7. Don’t know/not sure
9. Refused

Do you share a cell phone for personal use (at least one-third of the time) with other adults?

1. Yes
2. No
7. Don’t know/not sure
9. Refused
C08Q19  IF - C08Q17=1  CPDEMO3
Do you usually share this cell phone (at least one-third of the time) with any other adults?
1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED

C08Q20  IF - C08Q17=1 OR C08Q18=1  CPDEMO4
Thinking about all the phone calls that you receive on your landline and cell phone, what percent, between 0 and 100, are received on your cell phone?
___  Enter Percent (1 to 100)
888  ZERO
777  DON’T KNOW/NOT SURE
999  REFUSED
001  MIN
100  MAX

C08Q21  RENTHOM1
Do you own or rent your home?
INTERVIEWER NOTE: “OTHER ARRANGEMENT” MAY INCLUDE GROUP HOME, STAYING WITH FRIENDS OR FAMILY WITHOUT PAYING RENT.
INTERVIEWER NOTE: HOME IS DEFINED AS THE PLACE WHERE YOU LIVE MOST OF THE TIME/THE MAJORITY OF THE YEAR.
1  OWN
2  RENT
3  OTHER ARRANGEMENT
7  DON’T KNOW/NOT SURE
9  REFUSED

C08Q22  SEX
INDICATE SEX OF RESPONDENT. ASK ONLY IF NECESSARY
1  MALE
2  FEMALE
C08Q22V IF - RESPGEN<>C08Q22

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT WAS {C08Q22}. ARE YOU SURE?

THE RESPONDENT SELECTED WAS THE {SRESP}

IS THE PREVIOUS ANSWER CORRECT?

1 YES
2 NO

SKP → C08Q22

C08Q23 IF - C08Q01<45 AND C08Q22=2 PREGNANT

To your knowledge, are you now pregnant?

1 YES
2 NO

7 DON’T KNOW/NOT SURE
9 REFUSED

C08END
Section 09: Fruits and Vegetables

C09INTRO

These next questions are about the fruits and vegetables **YOU** ate or drank during the past 30 days. Please think about all forms of fruits and vegetables including cooked or raw, fresh, frozen or canned. Please think about all meals, snacks, and food consumed at home and away from home.

I will be asking how often **YOU** ate or drank each one: for example, once a day, twice a week, three times a month, and so forth.

INTERVIEWER NOTE: IF RESPONDENT RESPONDS LESS THAN ONCE PER MONTH, PUT “0” TIMES PER MONTH. IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK: “WAS THAT PER DAY, WEEK, OR MONTH?”

C09Q01  FRUITJU1

During the past month, how many times per day, week, or month did you drink 100% **PURE** fruit juices? Do not include fruit-flavored drinks with added sugar or fruit juice you made at home and added sugar to. Only include 100% juice.

INTERVIEWER NOTE: DO NOT INCLUDE FRUIT DRINKS WITH ADDED SUGAR OR OTHER ADDED SWEETENERS LIKE KOOL-AID, HI-C, LEMONADE, CRANBERRY COCKTAIL, TAMPICO, SUNNY DELIGHT, SNAPPLE, FRUITOPIA, GATORADE, POWER-ADE, OR YOGURT DRINKS.

DO NOT INCLUDE VEGETABLE JUICE SUCH AS TOMATO AND V8 IF RESPONDENT PROVIDES BUT INCLUDE IN “OTHER VEGETABLES” QUESTION.

DO INCLUDE 100% PURE JUICES INCLUDING ORANGE, MANGO, PAPAYA, PINEAPPLE, APPLE, GRAPE (WHITE OR RED), OR GRAPEFRUIT. ONLY COUNT CRANBERRY JUICE IF THE R PERCEPTION IS THAT IT IS 100% JUICE WITH NO SUGAR OR ARTIFICIAL SWEETENER ADDED. 100% JUICE BLENDS SUCH AS ORANGE-PINEAPPLE, ORANGE-TANGERINE, CRANBERRY-GRAPE ARE ALSO ACCEPTABLE AS ARE FRUIT-VEGETABLE 100% BLENDS. 100% PURE JUICE FROM CONCENTRATE (I.E., RECONSTITUTED) IS COUNTED.

101-199 = PER DAY  201-299 = PER WEEK  300-399= PER MONTH

___ TIMES

 555 NEVER
 777 DON’T KNOW/NOT SURE
 999 REFUSED
 001 MIN
 399 MAX
C09Q01V

IF - (C09Q01>105 AND C09Q01<200) OR (C09Q01>235 AND C09Q01<300)

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT DRINKS 100% PURE FRUIT JUICES {C09Q01 SHOWTIME}

IS THIS CORRECT?

1    YES, CORRECT AS IS, CONTINUE
2    NO, REASK QUESTION

SKP → C09Q01

C09Q02

During the past month, not counting juice, how many times per day, week, or month did you eat fruit? Count fresh, frozen, or canned fruit.

READ ONLY IF NECESSARY:

"Your best guess is fine. Include apples, bananas, applesauce, oranges, grape fruit, fruit salad, watermelon, cantaloupe or muskmelon, papaya, lychees, star fruit, pomegranates, mangos, grapes, and berries such as blueberries and strawberries."

INTERVIEWER NOTE: DO NOT COUNT FRUIT JAM, JELLY, OR FRUIT PRESERVES. DO NOT INCLUDE DRIED FRUIT IN READY-TO-EAT CEREALS.

DO INCLUDE DRIED RAISINS, CRAN-RAISINS IF RESPONDENT TELLS YOU- BUT DUE TO THEIR SMALL SERVING SIZE THEY ARE NOT INCLUDED IN THE PROMPT. DO INCLUDE CUT UP FRESH, FROZEN, OR CANNED FRUIT ADDED TO YOGURT, CEREAL, JELLO, AND OTHER MEAL ITEMS. INCLUDE CULTURALLY AND GEOGRAPHICALLY APPROPRIATE FRUITS THAT ARE NOT MENTIONED (E.G. GENIP, SOURSOP, SUGAR APPLE, FIGS, TAMARIND, BREAD FRUIT, SEA GRAPES, CARABOLA, LONGANS, LYCHEES, AKEE, RAMBUTAN, ETC.).

101-199 = PER DAY  201-299 = PER WEEK  300-399= PER MONTH

___ TIMES

555    NEVER
777    DON'T KNOW/NOT SURE
999    REFUSED
001    MIN
399    MAX

C09Q02V

IF - (C09Q02>105 AND C09Q02<200) OR (C09Q02>235 AND C09Q02<300)

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT EATS FRUIT {C09Q02 SHOWTIME}

IS THIS CORRECT?

1    YES, CORRECT AS IS, CONTINUE
2    NO, REASK QUESTION

SKP → C09Q02
During the past month, how many times per day, week, or month did you eat cooked or canned beans, such as refried, baked, black, and garbanzo beans, beans in soup, soybeans, edamame, tofu or lentils. Do NOT include long green beans.

READ ONLY IF NECESSARY:

“Include round or oval beans or peas such as navy, pinto, split peas, cow peas, hummus, lentils, soy beans and tofu. Do NOT include long green beans such as string beans, broad or winged beans, or pole beans.”

INTERVIEWER NOTE: INCLUDE SOYBEANS ALSO CALLED EDAMAME, TOFU (BEAN CURD MADE FROM SOYBEANS), KIDNEY, PINTO, HUMMUS, LENTILS, BLACK, BLACK-EYED PEAS, COW PEAS, LIMA BEANS AND WHITE BEANS. INCLUDE BEAN BURGERS INCLUDING GARDEN BURGERS AND VEGGIE BURGERS. INCLUDE FALAFEL AND TEMPEH.

101-199 = PER DAY  201-299 = PER WEEK  300-399= PER MONTH

___ TIMES

555 NEVER
777 DON’T KNOW/NOT SURE
999 REFUSED
001 MIN
399 MAX

INTERVIEWER: YOU RECORDER THAT THE RESPONDENT EATS COOKED OR CANNED BEANS {C09Q03 SHOWTIME}

IS THIS CORRECT?

1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION  SKP → C09Q03
During the past month, how many times per day, week, or month did you eat dark green vegetables for example broccoli or dark leafy greens including romaine, chard, collard greens or spinach?

INTERVIEWER NOTE: EACH TIME A VEGETABLE IS EATEN IT COUNTS AS ONE TIME.

INTERVIEWER NOTE: INCLUDE ALL RAW LEAFY GREEN SALADS INCLUDING SPINACH, MESCLUN, ROMAINE LETTUCE, BOK CHOY, DARK GREEN LEAFY LETTUCE, DANDELIONS, KOMATSUNA, WATERCRESS, AND ARUGULA.

DO NOT INCLUDED ICEBERG (HEAD) LETTUCE IF SPECIFICALLY TOLD TYPE OF LETTUCE. INCLUDE ALL COOKED GREENS INCLUDING KALE, COLLARD GREENS, CHOYS, TURNIP GREENS, MUSTARD GREENS.

101-199 = PER DAY  201-299 = PER WEEK  300-399= PER MONTH

___ TIMES

555 NEVER
777 DON’T KNOW/NOT SURE
999 REFUSED
001 MIN
399 MAX

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT EATS DARK GREEN VEGETABLES \( \text{C09Q04 SHOWTIME} \)

IS THIS CORRECT?

1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION  

SKP → C09Q04
During the past month, how many times per day, week, or month did you eat orange-colored vegetables such as sweet potatoes, pumpkin, winter squash, or carrots?

READ ONLY IF NEEDED:

“Winter squash have hard, thick skins and deep yellow to orange flesh. They include acorn, buttercup, and spaghetti squash.”

FOR INTERVIEWER: INCLUDE ALL FORMS OF CARROTS INCLUDING LONG OR BABY-CUT. INCLUDE CARROT-SLAW (E.G. SHREDDED CARROTS WITH OR WITHOUT OTHER VEGETABLES OR FRUIT). INCLUDE ALL FORMS OF SWEET POTATOES INCLUDING BAKED, MASHED, CASSEROLE, PIE, OR SWEET POTATOES FRIES. INCLUDE ALL HARD-WINTER SQUASH VARIETIES INCLUDING ACORN, AUTUMN CUP, BANANA, BUTTERNUT, BUTTERCUP, DELICATE, HUBBARD, KABOCHA (ALSO KNOWN AS AN EBISU, DELICA, HOKA, HOKKAIDO, OR JAPANESE PUMPKIN; BLUE KURI), AND SPAGHETTI SQUASH. INCLUDE ALL FORMS INCLUDING SOUP. INCLUDE PUMPKIN, INCLUDING PUMPKIN SOUP AND PIE.

DO NOT INCLUDE PUMPKIN BARS, CAKE, BREAD OR OTHER GRAIN-BASED DESERT-TYPE FOOD CONTAINING PUMPKIN (I.E. SIMILAR TO BANANA BARS, ZUCCHINI BARS WE DO NOT INCLUDE).

101-199 = PER DAY  201-299 = PER WEEK  300-399= PER MONTH

___ TIMES

555 NEVER
777 DON’T KNOW/NOT SURE
999 REFUSED
001 MIN
399 MAX

INTERVIEWER: YOU RECORDERED THAT THE RESPONDENT EATS ORANGE COLORED VEGETABLES {C09Q05 SHOWTIME}

IS THIS CORRECT?

1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION  SKP → C09Q05
Not counting what you just told me about, during the past month, about how many times per day, week, or month did you eat OTHER vegetables? Examples of other vegetables include tomatoes, tomato juice or V-8 juice, corn, eggplant, peas, lettuce, cabbage, and white potatoes that are not fried such as baked or mashed potatoes.

READ ONLY IF NEEDED:

“Do not count vegetables you have already counted and do not include fried potatoes.”

INTERVIEWER NOTE: INCLUDE CORN, PEAS, TOMATOES, OKRA, BEETS, CAULIFLOWER, BEAN SPROUTS, AVACADO, CUCUMBER, ONIONS, PEPPERS (RED, GREEN, YELLOW, ORANGE); ALL CABBAGE INCLUDING AMERICAN-STYLE COLE-SLAW; MUSHROOMS, SNOW PEAS, SNAP PEAS, BROAD BEANS, STRING, WAX-, OR POLE-BEANS. INCLUDE ANY FORM OF THE VEGETABLE (RAW, COOKED, CANNED, FROZEN).

DO NOT INCLUDE PRODUCTS CONSUMED USUALLY AS CONDIMENTS INCLUDING KETCHUP, CATSUP, SALSA, CHUTNEY, RELISH.

DO INCLUDE TOMATO JUICE IF RESPONDENT DID NOT COUNT IN FRUIT JUICE. INCLUDE CULTURALLY AND GEOGRAPHICALLY APPROPRIATE VEGETABLES THAT ARE NOT MENTIONED (E.G. DAIKON, JICAMA, ORIENTAL CUCUMBER, ETC.).

DO NOT INCLUDE RICE OR OTHER GRAINS.

101-199 = PER DAY  201-299 = PER WEEK  300-399= PER MONTH

___ TIMES

555  NEVER
777  DON’T KNOW/NOT SURE
999  REFUSED
001  MIN
399  MAX

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT EATS OTHER VEGETABLES {C09Q06 SHOWTIME}

IS THIS CORRECT?

1       YES, CORRECT AS IS, CONTINUE
2       NO, REASK QUESTION

SKP   →   C09Q06
Section 10: Exercise (Physical Activity)

**C10INTRO**

The next few questions are about exercise, recreation, or physical activities other than your regular job duties.

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

INTERVIEWER NOTE: IF RESPONDENT DOES NOT HAVE A “REGULAR JOB DUTY” OR IS RETIRED, THEY MAY COUNT THE PHYSICAL ACTIVITY OR EXERCISE THEY SPEND MOST OF THE TIME DOING IN A REGULAR MONTH.

1  YES
2  NO  SKP  →  C10Q08
7  DON’T KNOW/NOT SURE  SKP  →  C10Q08
9  REFUSED  SKP  →  C10Q08

**C10Q02**  IF - C10Q01=1

What type of physical activity or exercise did you spend the most time doing during the past month?

INTERVIEWER NOTE: IF THE RESPONDENT’S ACTIVITY IS NOT INCLUDED IN THE CODING LIST A, CHOOSE THE OPTION LISTED AS “OTHER”.

INTERVIEWER NOTE: HOUSEWORK MAY BE INCLUDED AS A PHYSICAL ACTIVITY OR EXERCISE SPENT AND CAN BE CODED AS “OTHER”.

___ (Specify) [See Coding List A]

77  DON’T KNOW/NOT SURE  SKP  →  C10Q08
99  REFUSED  SKP  →  C10Q08

**C10Q03**  IF - C10Q02>0 AND C10Q02<77

How many times per week or per month did you take part in this physical activity or exercise during the past month?

101-199 = PER WEEK  201-299 = PER MONTH

___ TIMES

777  DON’T KNOW/NOT SURE
999  REFUSED
C10Q03V

IF - (C10Q03>107 AND C10Q03<200) OR (C10Q03>231 AND C10Q03<300)

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT TAKES PART IN THE ACTIVITY RECORDED IN C10Q03 {C10Q03 SHOWTIME}

IS THIS CORRECT?
1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION SKP → C10Q03

C10Q04

IF - C10Q02>0 AND C10Q02<77 EXERHMM1

And when you took part in this activity, for how many minutes or hours did you usually keep at it?

EXAMPLE 1 HOUR 30 MINUTES ENTER AS “130”

___ HOURS AND MINUTES

777 DON’T KNOW/NOT SURE
999 REFUSED

C10Q04V

IF - C10Q04>430 AND C10Q04<777

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT KEEPS AT THIS ACTIVITY FOR {C10Q04 HOURMIN}

IS THIS CORRECT?
1 YES, CORRECT AS IS, CONTINUE SKP → C10Q04
2 NO, REASK QUESTION

C10Q05

IF - C10Q02>0 AND C10Q02<77 EXRACT02

What other type of physical activity gave you the next most exercise during the past month?

INTERVIEWER NOTE: IF THE RESPONDENT’S ACTIVITY IS NOT INCLUDED IN THE CODING LIST A, CHOOSE THE OPTION LISTED AS “OTHER”.

INTERVIEWER NOTE: HOUSEWORK MAY BE INCLUDED AS A PHYSICAL ACTIVITY OR EXERCISE SPENT AND CAN BE CODED AS “OTHER”.

___ (Specify) [See Coding List A]

88 NO OTHER ACTIVITY SKP → C10Q08
77 DON’T KNOW/NOT SURE SKP → C10Q08
99 REFUSED SKP → C10Q08
**C10Q05V**

IF - C10Q02=C10Q05

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT TAKES PART IN THE SAME ACTIVITY RECORDED IN C10Q02.

FIRST ACTIVITY (C10Q02) = {C10Q02}

SECOND ACTIVITY (C10Q05) = {C10Q05}

IS THIS CORRECT?

1. NO, CHANGE ACTIVITY IN QUESTION C10Q05
2. NO, CHANGE ACTIVITY IN QUESTION C10Q02
3. YES, CORRECT AS IS, CONTINUE

**C10Q06**

IF - C10Q05>0 AND C10Q05<77

EXEROFT2

How many times per week or per month did you take part in this activity during the past month?

101-199 = PER WEEK  201-299 = PER MONTH

___ TIMES

777 DON’T KNOW/NOT SURE

999 REFUSED

101 MIN

299 MAX

**C10Q07**

IF - C10Q02>0 AND C10Q02<77

EXERHMM2

And when you took part in this activity, for how many minutes or hours did you usually keep at it?

EXAMPLE 1 HOUR 30 MINUTES ENTER AS “130”

___ HOURS AND MINUTES

777 DON’T KNOW/NOT SURE

999 REFUSED

001 MIN

659 MAX
**C10Q07V**

IF - C10Q07>430 AND C10Q07<777

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT KEEPS AT THIS ACTIVITY FOR \{C10Q07 HOURMIN\}

IS THIS CORRECT?
1. YES, CORRECT AS IS, CONTINUE
2. NO, REASK QUESTION

SKP → C10Q07

---

**C10Q08**

STRENGTH

During the past month, how many times per week or per month did you do physical activities or exercises to STRENGTHEN your muscles? Do NOT count aerobic activities like walking, running, or bicycling. Count activities using your own body weight like yoga, sit-ups or push-ups and those using weight machines, free weights, or elastic bands.

101-199 = PER WEEK  201-299 = PER MONTH

T UNES

888  NEVER
777  DON’T KNOW/NOT SURE
999  REFUSED
101  MIN
299  MAX

**C10Q08V**

IF - (C10Q08>107 AND C10Q08<200) OR (C10Q08>231 AND C10Q08<300)

INTERVIEWER: YOU RECORDED THAT THE RESPONDENT TAKES PART IN STRENGTHENING EXERCISES \{C10Q08 SHOWTIME\}

IS THIS CORRECT?
1. YES, CORRECT AS IS, CONTINUE
2. NO, REASK QUESTION

SKP → C10Q08

---

**C10END**
Section 11: Disability

C11Q01

The following questions are about health problems or impairments you may have.
Are you limited in any way in any activities because of physical, mental, or emotional problems?
1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED

C11Q02

Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?
INTERVIEWER NOTE: INCLUDE OCCASIONAL USE OR USE IN CERTAIN CIRCUMSTANCES.
1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED

C11END
Section 12: Arthritis Burden

IF Q6.9 = 1(YES) THEN CONTINUE, ELSE GO TO NEXT SECTION.

**C12INTRO**  
**IF** C06Q09=1

Next I will ask you about your arthritis.

Arthritis can cause symptoms like pain, aching, or stiffness in or around a joint.

Are you limited in any way in any of your usual activities because of arthritis or joint symptoms?

INTERVIEWER NOTE: IF A QUESTION ARISES ABOUT MEDICATIONS OR TREATMENT, THEN SAY:

“Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment.”

1  YES  
2  NO  
7  DON’T KNOW/NOT SURE  
9  REFUSED

C12Q02 SHOULD BE ASKED OF ALL RESPONDENTS REGARDLESS OF EMPLOYMENT

**C12Q02**  
**IF** C06Q09=1

In this next question, we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do?

INTERVIEWER NOTE: IF RESPONDENT GIVES AN ANSWER TO EACH ISSUE (WHETHER WORKS, TYPE OF WORK, OR AMOUNT OF WORK), THEN IF ANY ISSUE IS “YES” MARK THE OVERALL RESPONSE AS “YES.” IF A QUESTION ARISES ABOUT MEDICATIONS OR TREATMENT, THEN THE INTERVIEWER SHOULD SAY:

“Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment.”

1  YES  
2  NO  
7  DON’T KNOW/NOT SURE  
9  REFUSED
C12Q03  IF - C06Q09=1  ARTHSOCI

During the past 30 days, to what extent has your arthritis or joint symptoms interfered with your normal social activities, such as going shopping, to the movies, or to religious or social gatherings?

IF A QUESTION ARISES ABOUT MEDICATIONS OR TREATMENT, THEN THE INTERVIEWER SHOULD SAY:

“Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment.”

PLEASE READ:

1  A lot
2  A little
3  Not at all

7  DON’T KNOW/NOT SURE
9  REFUSED

C12Q04  IF - C06Q09=1  JOINPAIN

Please think about the past 30 days, keeping in mind all of your joint pain or aching and whether or not you have taken medication. DURING THE PAST 30 DAYS, how bad was your joint pain ON AVERAGE? Please answer on a scale of 0 to 10 where 0 is no pain or aching and 10 is pain or aching as bad as it can be.

__ ENTER NUMBER [00-10]

88  ZERO
77  DON’T KNOW/NOT SURE
99  REFUSED
01  MIN
10  MAX

C12END
Section 13: Seatbelt Use

How often do you use seat belts when you drive or ride in a car? Would you say—

PLEASE READ:

1. Always
2. Nearly always
3. Sometimes
4. Seldom
5. Never

7. DON’T KNOW/NOT SURE
8. NEVER DRIVE OR RIDE IN A CAR
9. REFUSED
Section 14: Immunization

C14INTRO

C14Q01   FLUSHOT5
Now I will ask you questions about seasonal flu vaccine. There are two ways to get the seasonal flu vaccine, one is a shot in the arm and the other is a spray, mist, or drop in the nose called FluMist. During the past 12 months, have you had either a seasonal flu shot or a seasonal flu vaccine that was sprayed in your nose?

1 YES
2 NO  SKP   →   C14Q04
7 DON’T KNOW/NOT SURE  SKP   →   C14Q04
9 REFUSED  SKP   →   C14Q04

C14Q02   IF - C14Q01=1   FLSHTMY2
During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?
__/____   Month / Year

77/7777   DON’T KNOW/NOT SURE
99/9999   REFUSED
01/1900   MIN
99/2011   MAX
At what kind of place did you get your last flu shot/vaccine?

01 A doctor’s office or health maintenance organization (HMO)
02 A health department
03 Another type of clinic or health center (Example: a community health center)
04 A senior, recreation, or community center
05 A store (Examples: supermarket, drug store)
06 A hospital (Example: inpatient)
07 An emergency room
08 Workplace
09 Some other kind of place
10 RECEIVED VACCINATION IN CANADA/MEXICO (VOLUNTEERED – DO NOT READ)
11 At school
77 DON’T KNOW/NOT SURE (PROBE: “HOW WOULD YOU DESCRIBE THE PLACE WHERE YOU WENT TO GET YOUR MOST RECENT FLU VACCINE?”)
99 REFUSED

A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person’s lifetime and is different from the flu shot. Have you ever had a pneumonia shot?

1 YES
2 NO
7 DON’T KNOW/NOT SURE
9 REFUSED

C14END
Section 15: Alcohol Consumption

C15INTRO

C15Q01

During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

101-107 = DAYS PER WEEK
201-230 = DAYS PER MONTH

___ DAYS

888 NO DRINKS IN THE PAST 30 DAYS
777 DON’T KNOW/NOT SURE
999 REFUSED
101 MIN
230 MAX

C15Q02

One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

NOTE: A 40 OUNCE BEER WOULD COUNT AS 3 DRINKS, OR A COCKTAIL DRINK WITH 2 SHOTS WOULD COUNT AS 2 DRINKS.

___ NUMBER OF DRINKS

77 DON’T KNOW/NOT SURE
99 REFUSED
01 MIN
76 MAX

C15Q02V

IF - C15Q01<777

INTERVIEWER YOU INDICATED {C15Q02} DRINKS PER DAY IS THIS CORRECT?

1 YES, CORRECT AS IS, CONTINUE
2 NO, REASK QUESTION

SKP → C15Q02
C15Q03  
IF - C15Q01<777

Considering all types of alcoholic beverages, how many times during the past 30 days did you have {IF C08Q22=1, 5, 4} or more drinks on an occasion?

<table>
<thead>
<tr>
<th>__</th>
<th>NUMBER OF TIMES</th>
</tr>
</thead>
<tbody>
<tr>
<td>88</td>
<td>NONE</td>
</tr>
<tr>
<td>77</td>
<td>DON’T KNOW/NOT SURE</td>
</tr>
<tr>
<td>99</td>
<td>REFUSED</td>
</tr>
<tr>
<td>01</td>
<td>MIN</td>
</tr>
<tr>
<td>76</td>
<td>MAX</td>
</tr>
</tbody>
</table>

C15Q03V  
IF - C15Q03>15 AND C15Q03<77

INTERVIEWER YOU INDICATED {C15Q03} OCCASIONS WHEN THE RESPONDENT HAD 4/5 OR MORE DRINKS.

IS THIS CORRECT?

1  YES, CORRECT AS IS, CONTINUE
2  NO, REASK QUESTION

SKP → C15Q03

C15Q04  
IF - C15Q01<777

During the past 30 days, what is the largest number of drinks you had on any occasion?

<table>
<thead>
<tr>
<th>__</th>
<th>Number of drinks</th>
</tr>
</thead>
<tbody>
<tr>
<td>77</td>
<td>DON’T KNOW/NOT SURE</td>
</tr>
<tr>
<td>99</td>
<td>REFUSED</td>
</tr>
<tr>
<td>01</td>
<td>MIN</td>
</tr>
<tr>
<td>76</td>
<td>MAX</td>
</tr>
</tbody>
</table>

C15Q04V  
IF - C15Q04<77 AND ((C08Q22=1 AND C15Q04>=5 AND (C15Q03=88 OR C15Q03<5)) OR (C08Q22=2 AND C15Q04>=4 AND (C15Q03=88 OR C15Q03<4)))

INTERVIEWER YOU INDICATED {C15Q04} DRINKS IS THE LARGEST NUMBER OF DRINKS THE RESPONDENT HAD ON ANY OCCASION BUT THE NUMBER OF TIMES THE RESPONDENT HAD {IF C08Q22=1, 5, 4} IS {C15Q03}.

IS THIS CORRECT?

1  YES, CORRECT AS IS, CONTINUE
2  NO, REASK QUESTION

SKP → C15Q04
Section 18: Prevention Counseling—Alcohol Use Question

C18Q01

The next question is about counseling services related to prevention that you might have received from a doctor, nurse, or other health professional.

Has a doctor or other health professional ever talked with you about alcohol use?

IF YES, ASK:

“About how long ago was it?”

1  Yes, within the past 12 months
2  Yes, within the past 3 years
3  Yes, 3 or more years ago
4  No
7  DON’T KNOW
9  REFUSED

C18END
Section 16: HIV/AIDS

C16INTRO

C16Q01 HIVTST5

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don’t have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.

1 YES
2 NO  SKP   →   C16Q03
7 DON’T KNOW/NOT SURE  SKP   →   C16Q03
9 REFUSED  SKP   →   C16Q03

C16Q02 HIVTSTD2

Not including blood donations, in what month and year was your last HIV test?

NOTE: IF RESPONSE IS BEFORE JANUARY 1985, CODE “DON’T KNOW.”


__/____  CODE MONTH AND YEAR

777777  DON’T KNOW/NOT SURE
999999  REFUSED
I’m going to read you a list. When I’m done, please tell me if any of the situations apply to you. You do not need to tell me which one.

- You have used intravenous drugs in the past year.
- You have been treated for a sexually transmitted or venereal disease in the past year.
- You have given or received money or drugs in exchange for sex in the past year.
- You had anal sex without a condom in the past year.

Do any of these situations apply to you?

1  YES
2  NO

7  DON’T KNOW/NOT SURE
9  REFUSED
Next, I have just a few questions about some other health topics.
Module 10: Actions to Control High Blood Pressure

CATI NOTE: IF CORE Q4.1= 1(YES); CONTINUE. OTHERWISE, GO TO NEXT MODULE.

M10INTRO   IF - C04Q01=1

M10Q01   IF - C04Q01=1   BPEATHBT

Earlier you stated that you had been diagnosed with high blood pressure.
Are you now doing any of the following to help lower or control your high blood pressure?
(Are you) changing your eating habits (to help lower or control your high blood pressure)?
1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED

M10Q02   IF - C04Q01=1   BPSALT

(Are you) cutting down on salt (to help lower or control your high blood pressure)?
1  YES
2  NO
3  DO NOT USE SALT
7  DON’T KNOW/NOT SURE
9  REFUSED

M10Q03   IF - C04Q01=1   BPALCHOL

(Are you) reducing alcohol use (to help lower or control your high blood pressure)?
1  YES
2  NO
3  DO NOT DRINK
7  DON’T KNOW/NOT SURE
9  REFUSED
### M10Q04

<table>
<thead>
<tr>
<th>IF - C04Q01=1</th>
<th>BPEXER</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Are you) exercising (to help lower or control your high blood pressure)?</td>
<td></td>
</tr>
<tr>
<td>1 YES</td>
<td></td>
</tr>
<tr>
<td>2 NO</td>
<td></td>
</tr>
<tr>
<td>7 DON’T KNOW/NOT SURE</td>
<td></td>
</tr>
<tr>
<td>9 REFUSED</td>
<td></td>
</tr>
</tbody>
</table>

### M10Q05

<table>
<thead>
<tr>
<th>IF - C04Q01=1</th>
<th>BPEATADV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Has a doctor or other health professional ever advised you to do any of the following to help lower or control your high blood pressure?</td>
<td></td>
</tr>
<tr>
<td>(Ever advised you to) changing your eating habits (to help lower or control your high blood pressure)?</td>
<td></td>
</tr>
<tr>
<td>1 YES</td>
<td></td>
</tr>
<tr>
<td>2 NO</td>
<td></td>
</tr>
<tr>
<td>7 DON’T KNOW/NOT SURE</td>
<td></td>
</tr>
<tr>
<td>9 REFUSED</td>
<td></td>
</tr>
</tbody>
</table>

### M10Q06

<table>
<thead>
<tr>
<th>IF - C04Q01=1</th>
<th>BPSLTADV</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Ever advised you to) cut down on salt (to help lower or control your high blood pressure)?</td>
<td></td>
</tr>
<tr>
<td>1 YES</td>
<td></td>
</tr>
<tr>
<td>2 NO</td>
<td></td>
</tr>
<tr>
<td>3 DO NOT USE SALT</td>
<td></td>
</tr>
<tr>
<td>7 DON’T KNOW/NOT SURE</td>
<td></td>
</tr>
<tr>
<td>9 REFUSED</td>
<td></td>
</tr>
</tbody>
</table>

### M10Q07

<table>
<thead>
<tr>
<th>IF - C04Q01=1</th>
<th>BPALCADV</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Ever advised you to) reduce alcohol use (to help lower or control your high blood pressure)?</td>
<td></td>
</tr>
<tr>
<td>1 YES</td>
<td></td>
</tr>
<tr>
<td>2 NO</td>
<td></td>
</tr>
<tr>
<td>3 DO NOT DRINK</td>
<td></td>
</tr>
<tr>
<td>7 DON’T KNOW/NOT SURE</td>
<td></td>
</tr>
<tr>
<td>9 REFUSED</td>
<td></td>
</tr>
</tbody>
</table>
**M10Q08**

_IF - C04Q01=1_  
(BEver advised you to) exercise (to help lower or control your high blood pressure)?

1 YES  
2 NO  
7 DON'T KNOW/NOT SURE  
9 REFUSED

**M10Q09**

_IF - C04Q01=1_  
(BEver advised you to) take medication (to help lower or control your high blood pressure)?

1 YES  
2 NO  
7 DON'T KNOW/NOT SURE  
9 REFUSED

**M10Q10**

_IF - C04Q01=1_  
Were you told on **TWO OR MORE DIFFERENT VISITS** by a doctor or other health professional that you had high blood pressure?  

IF “YES” AND RESPONDENT IS FEMALE, ASK:  

“Was this only when you were pregnant?”

1 Yes  
2 Yes, but female told only during pregnancy  
3 No  
4 Told borderline or pre-hypertensive  
7 DON'T KNOW/NOT SURE  
9 REFUSED

**M10Q10V**

_IF - C08Q22=1 AND M10Q10=2_  
INTERVIEWER: YOU RECORDED THAT THE RESPONDENT WAS TOLD BY A DOCTOR DURING PREGNANCY THAT SHE HAD HIGH BLOOD PRESSURE. ARE YOU SURE?  

THE RESPONDENT SELECTED WAS THE {SRESP}  

IS THE PREVIOUS ANSWER CORRECT?  

1 YES  
2 NO  

SKP → M10Q10
Module 32: Random Child Selection

CATI NOTE: IF CORE Q8.7 = 88, OR 99 (NO CHILDREN UNDER AGE 18 IN THE HOUSEHOLD, OR REFUSED), GO TO NEXT MODULE.

**M32INTRO**

If \( C08Q07 < 88 \),

Previously, you indicated there was one child age 17 or younger in your household. I would like to ask you some questions about that child.

If \( C08Q07 > 1 \),

Previously, you indicated there were \( C08Q07 \) children age 17 or younger in your household. Think about those \( C08Q07 \) children in order of their birth, from oldest to youngest. The oldest child is the first child and the youngest child is the last. Please include children with the same birth date, including twins, in the order of their birth.

I have some additional questions about one specific child. The child I will be referring to is \{SHOWKID\} in your household. All following questions about children will be about \{SHOWKID\}.

**M32Q01**

What is the birth month and year of \{SHOWKID\}?  

__/____ Code month and year  

77/7777 DON’T KNOW/NOT SURE  
99/9999 REFUSED  

CATI INSTRUCTION: CALCULATE THE CHILD’S AGE IN MONTHS (CHLDAGE1=0 TO 216) AND ALSO IN YEARS (CHLDAGE2=0 TO 17) BASED ON THE INTERVIEW DATE AND THE BIRTH MONTH AND YEAR USING A VALUE OF 15 FOR THE BIRTH DAY. IF THE SELECTED CHILD IS < 12 MONTHS OLD ENTER THE CALCULATED MONTHS IN CHLDAGE1 AND 0 IN CHLDAGE2. IF THE CHILD IS > 12 MONTHS ENTER THE CALCULATED MONTHS IN CHLDAGE1 AND SET CHLDAGE2=TRUNCATE (CHLDAGE1/12).

**M32Q02**

Is the child a boy or a girl?  

1 Boy  
2 Girl  
9 REFUSED
Is the child Hispanic or Latino?
1 Yes
2 No
7 DON’T KNOW/NOT SURE
9 REFUSED

Which one or more of the following would you say is the race of the child?
CHECK ALL THAT APPLY

PLEASE READ:
1 White
2 Black or African American
3 Asian
4 Native Hawaiian or Other Pacific Islander
5 American Indian or Alaska Native or
6 Other [Specify]
7 No additional choices
7 DON’T KNOW/NOT SURE
9 REFUSED

CATI NOTE: IF MORE THAN ONE RESPONSE TO M32Q05, CONTINUE. OTHERWISE, GO TO Q6.

Which one of these groups would you say best represents the child’s race?

PLEASE READ:
1 White
2 Black or African American
3 Asian
4 Native Hawaiian or Other Pacific Islander
5 American Indian or Alaska Native or
6 Other [Specify]
7 DON’T KNOW/NOT SURE
9 REFUSED
How are you related to the child?

PLEASE READ:

1 Parent (include biologic, step, or adoptive parent)
2 Grandparent
3 Foster parent or guardian
4 Sibling (include biologic, step, and adoptive sibling)
5 Other relative
6 Not related in any way

7 DON’T KNOW/NOT SURE
9 REFUSED
Module 33: Childhood Asthma Prevalence
CATI NOTE: IF RESPONSE TO CORE Q8.7 = 88 (NONE) OR 99 (REFUSED), GO TO NEXT MODULE.

M33INTRO

M33Q01 IF - C08Q07>0 AND C08Q07<88 CASTHDX2
Now, I would like to ask you about {SHOWKID}.

Has a doctor, nurse or other health professional EVER said that the child has asthma?

1  YES
2  NO  SKP → M33END
7  DON’T KNOW/NOT SURE  SKP → M33END
9  REFUSED  SKP → M33END

M33Q02 IF - M33Q01=1 CASTHNO2
Does the child still have asthma?

1  YES
2  NO
7  DON’T KNOW/NOT SURE
9  REFUSED

M33END
State Added Section 01: Health Care Coverage

What is the name of the health plan you use to pay for most of your medical care?

READ IF NECESSARY

01 Medicare
02 Medicaid or Medical Assistance
03 Military, Tricare or CHAMPUS
04 Indian Health Service
05 Blue Cross/Blue Shield or Noridian
06 ND-PERS
07 Fortis Insurance
08 American Family Mutual
09 Medica Health Plans
10 Heart of America (HMO)
11 Altru Health Plan
12 Other
13 None
77 DON’T KNOW/NOT SURE
99 REFUSED
### ND02INTRO

#### ND02Q01
**IF -** C08Q03 = 5  
Do you live on a reservation or Indian Service Area?
1. Yes, reservation
2. Yes, Indian Service Area
3. No, neither
4. 7 DON’T KNOW/NOT SURE
5. 9 REFUSED

#### ND02Q02
**IF -** C08Q03 = 5  
Are you currently an enrolled tribal member?
1. YES
2. NO  
   - SKP  →  ND02END
3. 7 DON’T KNOW/NOT SURE  
   - SKP  →  ND02END
4. 9 REFUSED  
   - SKP  →  ND02END

#### ND02Q03
**IF -** ND02Q02 = 1 AND C08Q03 = 5  
Which tribe?

INTERVIEWER NOTE: THREE AFFILIATED TRIBES = MANDAN+ARIKARA+HIDATSA. CODE INDIVIDUAL TRIBE IF PROVIDED.

READ ONLY IF NECESSARY

<table>
<thead>
<tr>
<th>Code</th>
<th>Tribe</th>
</tr>
</thead>
<tbody>
<tr>
<td>01</td>
<td>MANDAN</td>
</tr>
<tr>
<td>02</td>
<td>ARIKARA</td>
</tr>
<tr>
<td>03</td>
<td>HIDATSA</td>
</tr>
<tr>
<td>04</td>
<td>THREE AFFILIATED TRIBES</td>
</tr>
<tr>
<td>05</td>
<td>SPIRIT LAKE SIOUX</td>
</tr>
<tr>
<td>06</td>
<td>STANDING ROCK SIOUX</td>
</tr>
<tr>
<td>07</td>
<td>OTHER SIOUX</td>
</tr>
<tr>
<td>08</td>
<td>CHIPPEWA</td>
</tr>
<tr>
<td>09</td>
<td>OTHER</td>
</tr>
<tr>
<td>77</td>
<td>DON’T KNOW/NOT SURE</td>
</tr>
<tr>
<td>99</td>
<td>REFUSED</td>
</tr>
</tbody>
</table>
How much of your health care do you obtain from an Indian Health Service, IHS clinic?

Would you say...

INTERVIEWER NOTE: IHS STANDS FOR INDIAN HEALTH SERVICE.

PLEASE READ

1  All
2  Most
3  Some
4  Little
5  None

7  DON'T KNOW/NOT SURE
9  REFUSED
State Added 03: Smoking Cessation

Previously you said you have smoked cigarettes. About how long has it been since you last smoked cigarettes?

01 Within the past month (anytime less than 1 month ago)
02 Within the past 3 months (1 month but less than 3 months ago)
03 Within the past 6 months (3 months but less than 6 months ago)
04 Within the past year (6 months but less than 1 year ago)
05 Within the past 5 years (1 year but less than 5 years ago)
06 Within the past 10 years (5 years but less than 10 years ago)
07 10 or more years ago
77 DON’T KNOW/NOT SURE
99 REFUSED

The next questions are about interactions you might have had with a doctor, nurse or other health professional. In the last 12 months, how many times have you seen a doctor, nurse or other health professional to get any kind of care for yourself?

Number of Times [01-76]

88 NONE
77 DON’T KNOW/NOT SURE
99 REFUSED
01 MIN
76 MAX
**ND03Q03**

IF - ((C07Q02 = 1 OR C07Q02 = 2) OR (ND03Q01 > 0 AND ND03Q01 <5)) AND (ND03Q02 > 0 AND ND03Q02 <> 88)

In the last 12 months, on how many visits were you advised to quit smoking by a doctor, nurse or other health professional?

__ Number of Visits [01-76]

88 NONE
77 DON'T KNOW/NOT SURE
99 REFUSED
01 MIN
76 MAX

**ND03Q04**

ND03Q04 IF - ((C07Q02 = 1 OR C07Q02 = 2) OR (ND03Q01 > 0 AND ND03Q01 <5)) AND (ND03Q02 > 0 AND ND03Q02 <> 88)

On how many visits did your doctor, nurse or other health professional recommend or discuss medication to assist you with quitting smoking, such as nicotine gum, patch, nasal spray, inhaler, lozenge, or prescription medication such as Wellbutrin/Zyban/Bupropion?

PRONUNCIATION: (WELL BYOU TRIN)/(ZEYE BAN)/(BYOU PRO PEE ON)

__ Number of Visits [01-76]

88 NONE
77 DON'T KNOW/NOT SURE
99 REFUSED
01 MIN
76 MAX

**ND03Q05**

ND03Q05 IF - ((C07Q02 = 1 OR C07Q02 = 2) OR (ND03Q01 > 0 AND ND03Q01 <5)) AND (ND03Q02 > 0 AND ND03Q02 <> 88)

On how many visits did your doctor or health provider recommend or discuss methods and strategies other than medication to assist you with quitting smoking?

__ Number of Visits [01-76]

88 NONE
77 DON'T KNOW/NOT SURE
99 REFUSED
01 MIN
76 MAX
### ND04INTRO

State Added 04: Hepatitis C

### ND04Q01 - HEPCTest

Have you ever been tested for Hepatitis C?

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>YES</td>
</tr>
<tr>
<td>2</td>
<td>NO</td>
</tr>
<tr>
<td>7</td>
<td>DON’T KNOW/NOT SURE</td>
</tr>
<tr>
<td>9</td>
<td>REFUSED</td>
</tr>
</tbody>
</table>

### ND04Q02 - HEPCEVER

Has a doctor, nurse or other health professional ever told you that you have Hepatitis C?

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>YES</td>
</tr>
<tr>
<td>2</td>
<td>NO</td>
</tr>
<tr>
<td>7</td>
<td>DON’T KNOW/NOT SURE</td>
</tr>
<tr>
<td>9</td>
<td>REFUSED</td>
</tr>
</tbody>
</table>

### ND04Q03 - HEPCRISK

Do any of the following apply to you: ever shared needles or drug works, ever received blood transfusion before 1992, ever received blood clotting factors prior to 1987 or ever been on long term hemodialysis?

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>YES</td>
</tr>
<tr>
<td>2</td>
<td>NO</td>
</tr>
<tr>
<td>7</td>
<td>DON’T KNOW/NOT SURE</td>
</tr>
<tr>
<td>9</td>
<td>REFUSED</td>
</tr>
</tbody>
</table>

### ND04END
Now I’ll read a list of terms people sometimes use to describe themselves — heterosexual or straight; homosexual, {IF C08Q22 = 1, gay, lesbian} and bisexual. As I read the list again, please stop me when I get to the term that best describes how you think of yourself.

PLEASE READ

1 Heterosexual or straight
2 Homosexual, gay or lesbian
3 Bisexual

7 DON’T KNOW/NOT SURE
9 REFUSED
We would like to call you again within the next 2 weeks to talk in more detail about your child's experiences with asthma. The information will be used to help develop and improve the asthma programs in {STATE}. The information you gave us today and any you give us in the future will be kept confidential. If you agree to this, we will keep your first name or initials and phone number on file, separate from the answers collected today. Even if you agree now, you may refuse to participate in the future. Would it be okay if we called you back to ask additional asthma-related questions at a later time?

1  Yes
2  No

Can I please have your first name, initials or nickname so we will know who to ask for when we call back?

1  ENTER FIRST NAME, INITIALS, OR NICKNAME
7  DON'T KNOW/NOT SURE
9  REFUSED

Can I please have your child's first name, initials or nickname so we can ask about that child's asthma history.

1  ENTER FIRST NAME, INITIALS, OR NICKNAME
7  DON'T KNOW/NOT SURE
9  REFUSED
**MOSTKNOW**  
IF - ADLTCHILD=2 AND ADLTPERM=1  
Are you the parent or guardian in the household who knows the most about {CNAME}’s asthma?  
1 YES  
2 NO  
7 DON’T KNOW/NOT SURE  
9 REFUSED

**OTHNAME**  
IF - MOSTKNOW=2  
You said someone else was more knowledgeable about the child's asthma. Can I please have this adult's first name, initials or nickname so we will know who to ask when we call back regarding your child.  
1 ENTER FIRST NAME, INITIALS, OR NICKNAME  
7 DON’T KNOW/NOT SURE  
9 REFUSED

**CBTIME**  
IF - ADLTPERM=1  
{If MOSTKNOW=2, What is a good time to call back and speak with {OTHNAME}, What is a good time to call you back?}  
For example, evenings, days or weekends?  
1 ENTER CALLBACK TIME  
7 DON’T KNOW/NOT SURE  
9 REFUSED

**AFUEND**
Closing Statement

That was my last question. Everyone’s answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.
### Activity List for Common Leisure Activities (To be used for Section 10: Physical Activity)

**Code Description (Physical Activity, Questions 10.2 and 10.5 above)**

<table>
<thead>
<tr>
<th>Code</th>
<th>Activity Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>01</td>
<td>Active Gaming Devices (Wii Fit, Dance Dance revolution)</td>
</tr>
<tr>
<td>02</td>
<td>Aerobics video or class</td>
</tr>
<tr>
<td>03</td>
<td>Backpacking</td>
</tr>
<tr>
<td>04</td>
<td>Badminton</td>
</tr>
<tr>
<td>05</td>
<td>Basketball</td>
</tr>
<tr>
<td>06</td>
<td>Bicycling machine exercise</td>
</tr>
<tr>
<td>07</td>
<td>Bicycling</td>
</tr>
<tr>
<td>08</td>
<td>Boating (Canoeing, rowing, kayaking, sailing for pleasure or camping)</td>
</tr>
<tr>
<td>09</td>
<td>Bowling</td>
</tr>
<tr>
<td>10</td>
<td>Boxing</td>
</tr>
<tr>
<td>11</td>
<td>Calisthenics</td>
</tr>
<tr>
<td>12</td>
<td>Canoeing/rowing in competition</td>
</tr>
<tr>
<td>13</td>
<td>Carpentry</td>
</tr>
<tr>
<td>14</td>
<td>Dancing-ballet, ballroom, Latin, hip hop, etc</td>
</tr>
<tr>
<td>15</td>
<td>Elliptical/EFX machine exercise</td>
</tr>
<tr>
<td>16</td>
<td>Fishing from river bank or boat</td>
</tr>
<tr>
<td>17</td>
<td>Frisbee</td>
</tr>
<tr>
<td>18</td>
<td>Gardening (spading, weeding, digging, filling)</td>
</tr>
<tr>
<td>19</td>
<td>Golf (with motorized cart)</td>
</tr>
<tr>
<td>20</td>
<td>Golf (without motorized cart)</td>
</tr>
<tr>
<td>21</td>
<td>Handball</td>
</tr>
<tr>
<td>22</td>
<td>Hiking – cross-country</td>
</tr>
<tr>
<td>23</td>
<td>Hockey</td>
</tr>
<tr>
<td>24</td>
<td>Horseback riding</td>
</tr>
<tr>
<td>25</td>
<td>Hunting large game – deer, elk</td>
</tr>
<tr>
<td>26</td>
<td>Hunting small game – quail</td>
</tr>
<tr>
<td>27</td>
<td>Inline Skating</td>
</tr>
<tr>
<td>28</td>
<td>Jogging</td>
</tr>
<tr>
<td>29</td>
<td>Lacrosse</td>
</tr>
<tr>
<td>30</td>
<td>Mountain climbing</td>
</tr>
<tr>
<td>31</td>
<td>Mowing lawn</td>
</tr>
<tr>
<td>32</td>
<td>Paddleball</td>
</tr>
<tr>
<td>33</td>
<td>Painting/papering house</td>
</tr>
<tr>
<td>34</td>
<td>Pilates</td>
</tr>
<tr>
<td>35</td>
<td>Racquetball</td>
</tr>
<tr>
<td>36</td>
<td>Raking lawn</td>
</tr>
<tr>
<td>37</td>
<td>Running</td>
</tr>
<tr>
<td>38</td>
<td>Rock Climbing</td>
</tr>
<tr>
<td>39</td>
<td>Rope skipping</td>
</tr>
<tr>
<td>40</td>
<td>Rowing machine exercise</td>
</tr>
<tr>
<td>41</td>
<td>Rugby</td>
</tr>
<tr>
<td>42</td>
<td>Scuba diving</td>
</tr>
<tr>
<td>43</td>
<td>Skateboarding</td>
</tr>
<tr>
<td>44</td>
<td>Skating – ice or roller</td>
</tr>
<tr>
<td>45</td>
<td>Sledding, tobogganing</td>
</tr>
<tr>
<td>46</td>
<td>Snorkeling</td>
</tr>
<tr>
<td>47</td>
<td>Snow blowing</td>
</tr>
<tr>
<td>48</td>
<td>Snow shoveling by hand</td>
</tr>
<tr>
<td>49</td>
<td>Snow skiing</td>
</tr>
<tr>
<td>50</td>
<td>Snowshoeing</td>
</tr>
<tr>
<td>51</td>
<td>Soccer</td>
</tr>
<tr>
<td>52</td>
<td>Softball/Baseball</td>
</tr>
<tr>
<td>53</td>
<td>Squash</td>
</tr>
<tr>
<td>54</td>
<td>Stair climbing/Stair master</td>
</tr>
<tr>
<td>55</td>
<td>Stream fishing in waders</td>
</tr>
<tr>
<td>56</td>
<td>Surfing</td>
</tr>
<tr>
<td>57</td>
<td>Swimming</td>
</tr>
<tr>
<td>58</td>
<td>Swimming in laps</td>
</tr>
<tr>
<td>59</td>
<td>Table tennis</td>
</tr>
<tr>
<td>60</td>
<td>Tai Chi</td>
</tr>
<tr>
<td>61</td>
<td>Tennis</td>
</tr>
<tr>
<td>62</td>
<td>Touch football</td>
</tr>
<tr>
<td>63</td>
<td>Volleyball</td>
</tr>
<tr>
<td>64</td>
<td>Walking</td>
</tr>
<tr>
<td>66</td>
<td>Waterskiing</td>
</tr>
<tr>
<td>67</td>
<td>Weight lifting</td>
</tr>
<tr>
<td>68</td>
<td>Wrestling</td>
</tr>
<tr>
<td>69</td>
<td>Yoga</td>
</tr>
<tr>
<td>70</td>
<td>Other</td>
</tr>
<tr>
<td>99</td>
<td>Refused</td>
</tr>
</tbody>
</table>