

| BRFSS RISK FACTORS FOR RICHLAND COUNTY IN 2006   |  |                          |                      |
|--|--|--------------------------|----------------------|
|  | Richland County<br>2006<br>%<br>(95% CI) | ND 2005<br>%<br>(95% CI) | US<br>2004/2005<br>% |
| <b>Activity Limitation and Quality of Life</b>   |  |                          |                      |
| Percentage who reported a limitation in any activities due to an impairment or health problem.                                     | 17.6<br>(14.4-20.7)                      | 14.8<br>(13.6-16.1)      | 18.3<br>(2005)       |
| Percentage who reported 8 or more days in the past 30 when their physical health was not good.                                     | 10.2<br>(7.4-13.0)                       | 10.1<br>(9.0-11.1)       | NA                   |
| Percentage who reported 8 or more days in the past 30 when their mental health was not good.                                       | 9.9<br>(7.1-12.6)                        | 9.8<br>(8.6-11.0)        | NA                   |
| Percentage who reported 8 or more days in the past 30 when their physical or mental health keep from usual activities.             | 6.8<br>(4.3-9.3)                         | 5.6<br>(4.8-6.5)         | NA                   |
| <b>Alcohol Use</b>   |  |                          |                      |
| Percentage who reported heavy drinking (>2/day for men, >1/day women).   | 4.7<br>(2.8-6.6)                         | 5.0<br>(4.0-6.0)         | 4.9<br>(2005)        |
| Percentage who reported having five or more drinks on one occasion at least once in past month.                                    | 23.5<br>(19.5-27.5)                      | 18.9<br>(17.2-20.5)      | 14.4<br>(2005)       |
| <b>Asthma</b>  |  |                          |                      |
| Percentage age 18 and older who report ever having been told by a doctor, nurse or other health professional that they had asthma. | 11.0<br>(8.0-14.1)                       | 11.1<br>(9.9-12.4)       | 12.6<br>(2005)       |
| Percentage who reported current asthma.  | 8.6<br>(5.7-11.5)                        | 7.3<br>(6.2-8.4)         | 8.0<br>(2005)        |
| <b>Colorectal Cancer Screening</b>   |  |                          |                      |
| Percentage age 50 and older who reported that they have not had a fecal occult blood test in the past two years.                   | 79.2<br>(75.3-83.0)                      | 79.1*<br>(76.9-81.3)     | 73.5<br>(2004)       |
| Percentage age 50 and older who reported that they have not a sigmoidoscopy or colonoscopy in the past five years.                 | 49.6<br>(44.8-54.4)                      | 57.0*<br>(54.2-59.7)     | NA                   |
| Percentage age 50 and older who reported that they have never had a sigmoidoscopy.   | 38.3<br>(33.7-42.9)                      | 46.1*<br>(43.6-49.1)     | 47.0<br>(2004)       |

|  |                     |                     |                |
|--|---------------------|---------------------|----------------|
| <b>Diabetes</b>  |                     |                     |                |
| Percentage who reported that they had ever been told that they had diabetes, except during pregnancy only.   | 6.1<br>(4.4-7.7)    | 6.7<br>(5.8-7.5)    | 7.3<br>(2005)  |
| <b>Health Care Access</b>  |                     |                     |                |
| Percentage who reported no health insurance or other health care coverage.   | 7.6<br>(5.3-10.0)   | 11.5<br>(10.2-12.8) | 14.5<br>(2005) |
| Percentage who reported being unable to see a doctor due to cost one or more times during the past 12 months.                                      | 7.5<br>(5.2-9.8)    | 7.0<br>(6.0-8.0)    | NA             |
| Percentage who reported that they did not have one person that they considered to be their personal health care provider.                          | 18.7<br>(14.3-23.2) | 22.5<br>(20.8-24.2) | NA             |
| <b>Health Status</b>   |                     |                     |                |
| Percentage who reported that in general their health was fair or poor.   | 13.0<br>(10.4-15.6) | 12.0<br>(10.9-13.1) | 14.8<br>(2005) |
| <b>Heart Attack and Stroke</b>   |                     |                     |                |
| Percentage who reported ever being told by a doctor, nurse or other health professional that they had had a heart attack or myocardial infarction. | 4.2<br>(2.8-5.5)    | 4.4<br>(3.7-5.1)    | NA             |
| Percentage who reported ever being told by a doctor, nurse or other health professional that they had angina or coronary heart disease.            | 4.2<br>(2.9-5.5)    | 4.3<br>(3.6-4.9)    | NA             |
| Percentage who reported ever being told by a doctor, nurse or other health professional that they had had a stroke.                                | 2.4<br>(1.4-3.5)    | 2.0<br>(1.6-2.4)    | NA             |
| Percentage who report heart attack, heart disease or stroke.   | 7.5<br>(5.8-9.3)    | 7.8<br>(6.9-8.7)    | NA             |
| <b>Immunization</b>  |                     |                     |                |
| Percentage age 65 and older who reported that they had not had an influenza vaccine within the past 12 months.                                     | 23.2<br>(17.3-29.0) | 29.9<br>(26.9-33.0) | 34.5<br>(2005) |
| Percentage age 65 and older who reported that they had never have a pneumococcal vaccine.  | 27.4<br>(21.0-33.7) | 28.3<br>(25.3-31.4) | 34.1<br>(2005) |
| <b>Injury Control</b>  |                     |                     |                |
| Percentage who reported that they did not always use a seatbelt.   | 50.2<br>(45.5-54.8) | NA                  | NA             |
| Percentage age 65 and older who reported having fallen in the past three months.   | 16.2<br>(11.2-21.3) | 11.8†<br>(9.4-14.3) | NA             |

| Obese and Overweight  |                     |                      |                |
|---|---------------------|----------------------|----------------|
| Percentage who are either overweight or obese based on self-reported height and weight.   | 66.6<br>(62.1-71.2) | 64.1<br>(62.3-66.0)  | 61.5<br>(2005) |
| Percentage who are overweight but not obese based on self-reported height and weight.   | 39.7<br>(35.0-44.5) | 38.8<br>(36.9-40.6)  | 36.4<br>(2005) |
| Percentage who are obese based on self-reported height and weight.  | 26.9<br>(23.2-30.5) | 25.4<br>(23.7-27.0)  | 24.4<br>(2005) |
| Oral Health   |                     |                      |                |
| Percentage who reported that they had not visited a dentist or dental clinic within the past two years.   | 17.8<br>(14.4-21.2) | 19.0*<br>(17.3-20.5) | NA             |
| Percentage who reported that they had six or more permanent teeth removed due to tooth decay or gum disease.                                      | 13.6<br>(11.3-15.9) | 16.0*<br>(14.7-17.4) | NA             |
| Physical Activity   |                     |                      |                |
| Percentage who reported no leisure time physical activity.  | 20.8<br>(17.5-24.2) | 23.1<br>(21.6-24.6)  | 23.8<br>(2004) |
| Prostate Cancer   |                     |                      |                |
| Percentage of men age 60 and older who have not had a PSA test in the past two years.   | 53.8<br>(47.3-60.3) | 54.5*<br>(51.0-58.1) | 47.9<br>(2004) |
| Tobacco   |                     |                      |                |
| Percentage who reported current smoke cigarette smoking some days or everyday.  | 20.4<br>(16.6-24.2) | 20.1<br>(18.6-21.7)  | 20.5<br>(2005) |
| Percentage of smokers who reported that during the past 12 months they had stopped smoking for one day or longer because they were trying to quit | 39.7<br>(30.3-49.2) | 48.6<br>(44.2-53.0)  | NA             |
| Women's Health  |                     |                      |                |
| Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years.                                   | 25.4<br>(20.7-30.1) | 27.8*<br>(25.0-30.5) | 25.4<br>(2004) |
| Percentage of women ages 18 and older with a uterine cervix who reported that they have not had a pap smear within the past two years.            | 20.8<br>(16.8-24.7) | 16.7*<br>(14.2-19.2) | 14.1<br>(2004) |

\* Data from 2004

† Data from 2003