

Registration Form

**Please submit by:
October 17th, 2014**

PLEASE PRINT CLEARLY

Name _____

Address _____

City _____

State/Province _____ Zip _____

Phone _____

Email _____

Agency _____

I am a: Nurse NP PA Dietitian Nutritionist

Lactation Consultant Other _____

Special Needs: (please circle if needed)

Breastfeeding/pumping room YES

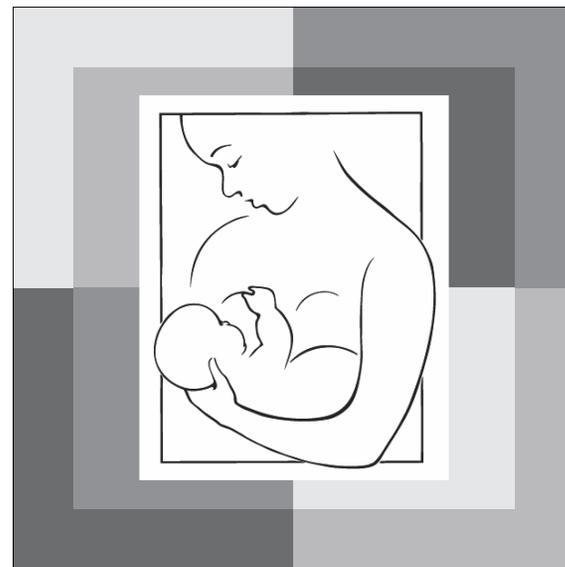
Vegetarian meal YES

Registration Fee\$75.00

Student Fee\$35.00

Enclosed amount \$ _____

Kim Vance
FCPH WIC Program
1102 43rd St S, Suite F
Fargo, ND 58103



Solving Breastfeeding Mysteries



Featured speaker:
Lisa Marasco, MA, IBCLC, FILCA



October 23, 2014
Ramada Plaza Suites
Fargo, North Dakota



Sponsored by:
Fargo Moorhead Area Breastfeeding Association
North Dakota Department of Health
Fargo Cass Public Health
North Dakota Board of Dietetic Practice

Thursday-October 23, 2014

7:45-8:15 Registration

8:15-8:30 Announcements/Welcome

8:30- 10:00 Why Can't That Baby Latch?

-How Tongue and Lip Mobility Restriction Can Affect Breastfeeding

10:00-10:30 Break

10:30-12:00 Hormones of Lactation: Too Much, Too Little?

12:00-1:00 Lunch

1:00-2:30 Counseling the High Need Mother

2:30-3:00 Break

3:00-4:15 Lactogenic Foods for Milk Production

4:15-4:30 Evaluation/ Wrap Up

Speaker:

Lisa Marasco, MA, IBCLC, FILCA

Lisa Marasco has been working with breastfeeding mothers for over 20 years and has been Internationally Board Certified since 1993. She holds a Master's degree in Human Development with specialization in Lactation, co-authored *The Breastfeeding Mother's Guide to Making More Milk* with Diana West (Oct 2009), and is a contributing author to the *Core Curriculum for Lactation Consultants*. Currently, Lisa is employed by WIC of Santa Barbara County while she continues to research, write, speak, and maintain her private practice, Expressly Yours Lactation Services. In addition, Lisa is an Associate Area Professional Liaison for La Leche League of So. California/Nevada, and serves on the Breastfeeding Coalition of Santa Barbara County.

Course Objectives:

Participant will be able to:

- Identify tongue mobility issues relating to ineffective latch and strategies to help
- Describe the normal curve for Prolactin, the role of androgens and the thyroid gland in lactation
- Identify the "high need" mother, understand the importance of boundaries and assist with conflict resolution
- Define functional food, list three nutrients essential for milk production and name two lactogenic foods

CE Contact hours:

You will receive a certificate of attendance. Contact hours are pending: IBLCE

ND Nurses Association

Commission on Dietetic Registration

Registration:

Fee is \$75.00 includes breaks and lunch. Student rate is \$35.00

Pre-registration is required. Registration fee of \$75 refunded if canceled by October 9th.

Please mail form with check made out to **FM Area Breastfeeding Association** to:

Kim Vance, LD
FCPH WIC Program
1102 43rd St S, Suite F
Fargo ND 58103

Questions to: kvance@cityoffargo.com

Register on-line at
<http://www.eventbrite.com/e/solving-breastfeeding-mysteries-with-lisa-marasco-ma-ibclc-filca-tickets-12247828585>

Accommodations:

Rooms are available at conference rate of \$94 single - \$114 suite until September 23. Request FM Area Breastfeeding Association block of rooms to get the rate.

Ramada Plaza Suites
4635 42nd Street South
Fargo ND 58103
(701) 277-9000