

North Dakota State University (NDSU)

“NDSU is continuously striving to recruit and retain the best possible students and employees. Having been approved as an “Infant Friendly” employer is another step in that direction. The response has been phenomenal. As an NDSU alumna and employee, it gives me one more reason to be proud to be a Bison.”

Brittnee Steckler

Private mother’s rooms are located in various areas throughout the campus. Our goal is to make it as easy as possible for returning mothers to feel comfortable pumping at NDSU.

Program Components:

Private Area to Express Milk:

NDSU offers private rooms to be used for expressing breastmilk. There are multiple locations on campus.

Breastfeeding Equipment:

Employees are expected to provide their own lactation-related equipment and supplies.

Milk Expression Scheduling:

Paid work time for milk expression.

Education:

NDSU policies are in place to notify employees that they are allowed time to express breastmilk as needed. Online information and room descriptions also are given.

Support:

Our staff, faculty and students are encouraged to use the mother’s rooms on campus. Our goal is to make it as easy as possible for returning mothers to feel comfortable pumping at NDSU.

Program Impact:

- The updated breastfeeding policies, the addition of the mother’s rooms and the “Infant Friendly” designation have all had a positive impact on the environment at NDSU. Our mother’s rooms have been getting a lot of use and the feedback has been wonderful.



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