

Breastfeeding

North Dakota State Law

In 2009, the North Dakota Legislature passed legislation to protect a woman's right to breastfeed her child in any location, public or private, where the woman and child are otherwise authorized to be (ND Century Code: 23-12-16, 2009).

This legislation also states an employer may use the designation "infant-friendly" on its promotional materials if the employer adopts a workplace breastfeeding policy that includes the following:

- Allowing flexible break times for expression of milk
- Providing a clean, private space (other than a restroom) for pumping/nursing
- Access to a clean water source for washing hands and cleaning breast pump equipment
- Providing a place for storing breast milk, such as a refrigerator or a cooler brought by the employee (ND Century Code: 23-12-17, 2009).



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Workplace support for Breastfeeding

Federal Law

Federal law now requires employers to provide reasonable break time for an employee to express breast milk for her nursing child for one year after the child's birth each time such employee has need to express the milk. Employers also are required to provide a place, other than a bathroom, that is shielded from view and free from intrusion from coworkers and the public, which may be used by an employee to express breast milk.

(P.L. 111-148; amends Section 7 of the Fair Labor Standards Act, 2010)



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