

## **Central Avenue Pharmacy, Inc.**

“Having our workplace ‘Infant Friendly’ means our staff doesn’t have to choose between working and breastfeeding. This allows the infant to be healthier, resulting in less sick leave for the staff and, therefore, a smoother run environment. It is a win/win/win situation for the baby, the employee and the employer.”

Doreen M. Sayler, R.Ph.

We allow a quiet, private area for our staff to express milk. A refrigerator is available for staff use.

### **Program Components:**

#### **Private Area to Express Milk:**

Several counseling rooms and offices are available for our staff to use to express milk.

#### **Breastfeeding Equipment:**

Employees are expected to provide their own lactation-related equipment and supplies.

#### **Milk Expression Scheduling:**

Time to express milk is flexible to meet the needs of the mother.

#### **Education:**

Resources are available if it is needed by the staff.

#### **Support:**

We do our best to provide a relaxing atmosphere conducive to healthy milk expression.

#### **Program Impact:**

- Valuable employees are able to be more productive and have time away from work with our policy. It is a win/win/win situation for the baby/mom/employer.

#### **Contact:**

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