

## Agenda

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7:30-8:00am

Registration & Continental Breakfast

8:00-8:15am

Welcome & Introductions

8:15-9:30am

Concerns About Low Milk Production

9:30-10:30am

Breastfeeding & Substance Abuse

10:30-10:45am

Snack Break-provided

10:45-12:15pm

Nipple & Breast Pain

12:15-1:15pm

Lunch-provided

1:15pm-2:45pm

Understanding Breastfeeding Behaviors

2:45-3:00pm

Snack Break-provided

3:00-4:15pm

Milk Sharing: From Milk Banks to Craigslist

4:15-4:30pm

Closing and Evaluations

## CE Contact hours:

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You will receive a certificate of attendance.

Contact hours are pending:

IBLCE

ND Nurses Association

Commission on Dietetic Registration

## Accommodations:

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A block of rooms has been reserved at the Grand Hotel at the state rate for Minot (\$89.95). Request [Minot Area Breastfeeding Coalition](#) block of rooms.

They will be reserved until October 5, 2016.

Grand Hotel

1505 N. Broadway

Minot, ND 58703

(701) 852-3161 or 1-800-735-4493

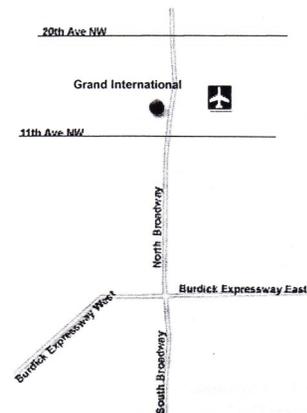
[www.grandhotel.com](http://www.grandhotel.com)

## Questions:

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[lorvik@nd.gov](mailto:lorvik@nd.gov)

[sara.samulenok@trinityhealth.org](mailto:sara.samulenok@trinityhealth.org)



Nancy Mohrbacher, IBCLC, FILCA is author or coauthor of several books for professionals and parents, including Breastfeeding Answers Made Simple and its pocket guide edition, Breastfeeding Solutions, and Breastfeeding Made Simple: Seven Natural Laws for Nursing Mothers (with Kathleen Kendall-Tackett). Her go-everywhere Breastfeeding Solutions smartphone app is available for Android & iPhones. Nancy has been helping breastfeeding families since 1982. Board-certified as a lactation consultant in 1991, she ran a large private lactation practice in the Chicago area from 1993 to 2003. In 2008 Nancy was in the first group of 16 to be awarded the designation Fellow of the International Lactation Consultant Association (FILCA) for her lifetime achievements in breastfeeding.

# Registration Form

PLACE  
STAMP  
HERE

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Agency: \_\_\_\_\_

Position: Nurse NP PA Dietitian

Nutritionist Lactation Consultant

MD Other: \_\_\_\_\_

Special Needs: (please circle if needed)

Breastfeeding/Pumping Room Yes

Dietary Needs: Yes

Please mail form along with payment  
by October 5, 2016 to:

Loa Orvik-FDHU  
PO Box 1268  
Minot ND 58702

Registration Fee.....\$80

Student Fee.....\$35

(Fees include meal & Snacks)

Amount Enclosed \_\_\_\_\_

Make checks payable to: FDHU

Payments can be made with credit cards:

Name: \_\_\_\_\_

Card # \_\_\_\_\_

Expiration Date: \_\_\_\_ / \_\_\_\_

Loa Orvik  
FDHU WIC Program

PO Box 1268  
Minot, ND 58702



## Topics and Trends in Breastfeeding 2016 North Dakota Biennial Breastfeeding Conference

October 20, 2016

Featured Speaker:

**Nancy Mohrbacher, IBCLC, FILCA**

Grand Hotel  
1505 N. Broadway  
Minot, North Dakota

Sponsored by :

Minot Area Breastfeeding Coalition  
First District Health Unit  
North Dakota Department of Health  
Trinity Health