

BREASTFEEDING MOTHER OF INFANT AT NUTRITIONAL RISK (601)

PARTICIPANT TYPE.....PREGNANT, BREASTFEEDING WOMEN
HIGH RISK.....NO

RISK DESCRIPTION:

A breastfeeding woman whose breastfed infant has been determined to be at nutritional risk. Since a breastfed infant is dependent on the mother's milk as the primary source of nutrition, the mother must be the same priority class as her at-risk infant.

Examples follow:

- BF Mother of Priority 1 Infant - If the infant was found to be Priority 1 and the mother was determined to be Priority 3, this risk is assigned to align their priority assignments.
- BF Mother of Priority 2 Infant - If the infant was found to be Priority 2 and the mother was determined to be Priority 3, this risk is assigned to align their priority assignments.
- BF Mother of Priority 4 Infant - If the infant was found to be Priority 4 and the mother was determined to be Priority 6, this risk is assigned to align their priority assignments.

ASK ABOUT:

- Mother's breastfeeding management strategies as related to her infant's nutrition risks
- Primary care provider's recommendations related to her infant's nutrition risks
- Barriers to continued breastfeeding
- Sources of social support for continued breastfeeding

NUTRITION COUNSELING/EDUCATION TOPICS:

- Discuss breastfeeding management strategies relevant to the infant's nutrition risks and age.
- Review the basics of a healthy diet using MyPlate as a guide. Make appropriate suggestions based on her typical eating pattern. Keep in mind the increased calorie and nutrient needs for pregnant women who are currently breastfeeding.
- Provide health and nutrition education relevant to any lower priority risks identified for the mother. (See those risk guides for more information).

POSSIBLE REFERRALS:

- If she does not have a source of ongoing health care, refer to primary care providers in the community or the local public health department.
- If she has other identified needs for services, refer her to those community programs, organizations and providers.