SUMMARY
Determining eligibility for the WIC Program is a four-step process that examines categorical, residential, income, and nutritional eligibility.

CATEGORICAL ELIGIBILITY
Pregnant women, breastfeeding women, not breastfeeding women, infants, and children under 5 years of age may apply for WIC benefits.

RESIDENTIAL ELIGIBILITY
Applicants must reside in North Dakota (an exception is made for some migrant agricultural workers and some participants living in border towns without existing WIC services). Applicants from migrant farm worker or homeless families are special participant categories with different residency criteria.

INCOME ELIGIBILITY
Families and individuals must have gross incomes under 185% of poverty (the same guidelines used by USDA for reduced price school lunches).

NUTRITIONAL ELIGIBILITY
Applicants must have a nutrition assessment completed with nutritional risk(s) identified by a WIC Competent Professional Authority (CPA).

MIGRANCY AND HOMELESSNESS
Applicants, who are members of a homeless or migrant farm worker family and meet no other eligibility requirement, are determined WIC-eligible for nutritional risk solely because their status predisposes them to inadequate nutrition.

INELIGIBILITY
Applicants and participants who do not meet the requirements for WIC are notified in writing.