

First Session Sorted by Votes

<i>Room</i>	<i>Facilitator</i>	<i>Votes</i>	<i>Snow Card Idea</i>
	Brynhild Haugland		<i>Nancy Vogeltanz-Holm</i>
		5	Increase physical activity in K-12
		4	promote consortium of ND foods processors, growers, educators, and scientists to establish the nutritional value of ND food products and create the Dakota Diet?
		3	advocate increased tobacco tax with revenues dedicated to smoking education smoking cessation and alternative health programs
		2	reduce mortality from cancer by reducing smoking changing norms of community acceptance and increasing the number of smoke free pla in the community
		2	school nurses in every school
		2	market ND make videos to promote our health goals etc
		2	educate all health care providers on the lifelong benefits of breastfeeding
		2	PE can be non jock teams emphasis on life long activities: walking, biking, running, climbing, skiing, swimming
		2	Collect info from various groups on what they are doing so we have a clearing house of resources and replicable ideas
		2	culturally appropriate diet and phys activity and other behaviors-health on reservations
		2	Develop healthful environments: "team nutrition" implementation that is a program to reduce vending machines etc in schools
		2	decrease type two diabetes in ND by adoption of healthful behaviors including increased physical activity and improved diet
		1	change school schedules and work schedules so that children are less often unsupervised
		1	collect data to characterize what ND eats and why
		1	encourage insurance cos to pay for preventive services such as counseling etc
		1	Reduce child obesity through healthier school lunch programs
		1	reduce suicide and depression on reservations
		1	support behavioral health parity for mental health ie mental health availability for all
		1	reduce obesity through increased physical activity through community family wellness programs that emphasize physical activity with eating five a day fruits and veggies
		1	Reduce ? obesity in the community through increased worksite wellness programs
		1	advocate for a living wage to ensure families have adequate economic support w/o sacrificing time spend with children time to prepare nutritious meals etc

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		1	Provide continuing statewide educational opportunities that define stats of chronic diseases and proper interventions that can reduce the ri of death ie so people understand
		1	acknowledge feelings: tobacco alcohol and food used to regulate mood school environments can work on bylling issues other self esteern issues
		0	make it easy to move "community bikes" for next persons use
		0	reducing obesity in children by advocating nutritional educations in schools with parental involvement
		0	Girls body image, teens smoke for weight control counter anorexic media "ideal"
		0	determine food insecurity in ND in relation to obesity mental health and school performance
		0	have community sessions to connect the dots between practices and outcomes eg open campus schools=burger king and access to substances
		0	use community resources and buildings to make places for children/families to go
		0	develop better ways of conflict resolution in communities
		0	use public spaces to promote health messages
		0	get partners from all industries find a way to make them involved with wellness activites
		0	market plans suited to all size comminities
		0	inside places to exercise
		0	develop a life skills program for various developmental levels
		0	put smoking cessation programs into schools and require use for offenders
		0	create life skills programs for assisting pregnant couples to make lifestyle changes
		0	get healthy info out there by putting it on busses etc.
Ft. Lincoln	<i>Elizabeth Nichols</i>	6	Sponsor healthy lifestyle programs that would be included in our health insurance premiums.
		5	Implement physical education in all K-12 schools. Establish statewide physical education curriculum to be used in all schools.
		4	Implement coordinated school health in all schools statewide.
		4	Increase the tax on all tobacco products.
		3	Increase number of worksites with tobacco free policies.
		3	Support policies for tobacco free schools including school campuses.
		3	Encourage/establish wellness programs in all business.
		3	Improve the wage scale for ND population-economic development.
		3	As an outcome of this summit, form a permanent coalition charged with coordination and strategic planning in the statewide wellness area.

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		2	Incentive programs for those who lead healthy lifestyles.
		2	Focus on all dimensions of wellness-physical, mental, social, etc.
		2	Limit the hours of operations of school vending machines (afterschool only). Offer only healthy food and beverage choices in school vending machines.
		1	Eliminate disparities between whites and Native American populations.
		1	Zero tobacco tolerance at the state capitol and 1000 feet from all entrances.
		1	Ensure that people who provide early childhood care have knowledge of nutrition/physical activity requirements for children and incorporate them into their program (parents/role modeling).
		1	Improve the nutritional content of school lunches.
		1	Develop a wellness score sheet at the state level to be initiated in schools. Kids would earn points for healthy choices. Receive certificate signed by the governor.
		1	Develop a common health mission across agencies/organizations that will lend itself to improved understanding of issues. Develop statewide media communications plan with consistent messages on tobacco, physical activity and nutrition.
		1	Decrease tobacco exposure and consumption.
		1	Support and encourage public and private schools toward the adoption of school-wide nutrition and physical activity policies.
		1	Spread the message oral health is part of total overall health.
		0	Increase immunization rates and levels of screening.
		0	Health/nutrition education based on what is portion size. (Supersize is not a portion for one person.)
		0	Eating 5-8 fruits and vegetables per day.
		0	Focus on comprehensive state-wide evidence-based programs.
		0	Decrease alcohol consumption.
		0	Offer mobile screening units for cancer prevention.
		0	Decrease levels of obesity, drug and alcohol abuse, accident rates, cancer, heart disease, hypertension.
		0	Develop/form local wellness organizations-make business contacts, etc., promotion.
		0	Involve all the appropriate stakeholders-medical community, insurers, employers, educators, legislators, etc.
		0	Alternative school/training options for school dropouts.
Ft. Totten	<i>Stacy Johnson</i>	6	Establish pre-employment "wellness" checks to screen for 1)D.M. 2)Obesity 3)HTN 4)CA
		6	To increase the number of smoke-free worksites and public places in ND
		4	Provide adequate or equal services (cessation, counseling) to the ND population to make a healthy life change
		4	Decrease smoking in teens, young adults & adults

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		4	Decrease incidence of oberweight/obesity in all segments of the population
		3	Provide incentive programs for all citizens of ND
		3	Provide incentives for people to stop smoking, increase exercise & wt. loss (cheaper insurance policies, tax breaks)
		2	Improve nutrition in schools - remove vending machines
		2	Lobby legislatures for increased spending to implement healthy ND
		2	Decrease incidence of alcohol use by teenagers
		1	Increase awarenewss of risk factors for heart disease
		1	Improve quaiity esp. health and safety in child care setting
		1	To increase knowledge of healthy eating among school-aged children
		1	Increase ownership and awareness of making our lives healthier
		1	Increase awareness and support for breastfeeding
		1	To involve youth in the decision-making process - in community welness programs
		1	Increase local invovement in process
		1	Increase participation in cancer screening programs
		1	To increase knowledge of the benefits of physical activity and to change behavior to more closely match current recommendatons (30 MIN/5+DAys/week)
		1	Educate adults and their families on proper nutrition and exercise
		1	lcnrease awareness of facts and stats of health concerns to help educate public to provide motivation
		0	Mandate insurance coverage for interventions known to : save lives, increase QOL, decrease tx (in regards to cancer
		0	Identify "high risk" groups and focus or targe tstrategies to address their particular health concern
		0	Increase intake of whole grains - promote ND products
		0	Reduce injuries and violence, especially in youth, including suicide
		0	Improve/maintain child and adult immunizations
		0	Reduce insurance cost to non-smokers
		0	To increase fruit and vegetable intgake among ND of all ages
		0	Develop fitness programs throughout the state
		0	Develop wellness programs for empyoers to utilize an doffer on incentive to using them
		0	Insurance companies should pay for prevention programs, test, etc,
		0	To increase knowledge of the symptoms of diabetes
		0	promoting to parents their habits are a model of their chidren's habits

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		0	To increase access of minorities to adequate health care
		0	Improve access to frontier areas for health care
		0	Increase the nubmer of children who have health insurance (medicaid-SCHIP caring program
		0	Make North Dakota smoke free
		0	State Capital will become smoke free
		0	Promote families completing activities together
		0	Use Minot as a model to obtain smokefree ordinanac es for all restaurants in North Dakota
		0	Educate,Educate, Educate the pubic
		0	Reduce cancer rates by providing prevention education through marketing agencies and the media outlet
		0	Reduce the rate of lung disease through prevention, education counseling, and medical services, etc.
		0	To increase awareness of the warning signs of cancer
		0	Increase wellness and preventative medical services by youth. Well child check-ups
		0	Increase awareness of tobacco hazards to prevent smoking from getting started
Ft. Union	<i>Susan Mormann</i>	7	Implement "Tell Ten" process of people change - Each person tells 10 people chosen issues and sound bites.
		6	Provide school based physical education programs.
		6	Implement Dr. Combs Dakota Diet Pyramid idea based on DPPRL program.
		5	Work with 3rd party payors to cover "wellness programs".
		4	increase tobacco taxes - use for tobacco control and healthy ND initiative
		4	Any health initiative focusing on issue of Native Americans - as a matter of policy. Include high level political leadership in planning.
		4	Institue a state-wide nutritional/phys act. surveillance program.
		4	Mandatory seat belt use.
		4	Develop community-wide "healthy ND" programs (involving diet information, PA opportunities, etc., etc.)
		3	Obesity: Removal of junk food, vending machines and pop machines from schools.
		3	Provide weight management programs for adults and children.
		3	Appoint liasion person in ND Dept. of Health for Native American Health.
		2	fat tax - tax on fast food
		2	Decrease smoking among pregnant women.
		2	Reduce number of people smoking, by providing programs for adults and children

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		2	Development of insurance discounts for health lifestyles
		1	Address the issue of disparities of tobacco use and focus, support, funding.
		1	Encourage use of Best Practices in tobacco programs across the state
		1	Cancer Program: Work to make it mandatory for 3rd party payors to cover more screening programs.
		1	Improve access to care for all persons in ND - financial support.
		1	Obesity- Parenting classes on proper nutrition for children also education of 11 & 12 year students on nutrition.
		1	Do tobacco and cancer programs on reservations.
		1	Assist ND teens in making healthy lifestyle choices.
		1	Increase the number of mothers of newborns to breast feed their infants.
		0	family unity, decrease divorce rate.
		0	Identify the need for wellness to be a whole-mind, body, spirit.
		0	Identify or target and educate those ages 25-45 for high blood pressure.
		0	Lower total cholesterol for those at risk (educate on diet and activity).
		0	No pop in schools.
		0	Tax on pop to pay for health costs.
		0	Substance Abuse: More in school education of end results.
		0	Decrease use of alcohol and other drugs among pregnant women.
		0	Walk to work day each month.
		0	To decrease tobacco use among ND adults.
		0	Support efforts to expand use of "chronic care model" to more providers in state.
		0	To increase consumption of reduced-fat or low-fat milk among children in schools.
		0	Evaluate healthy dakota diet pyramid
		0	Address issues/causes of mental health conditions prevalent in our state-particularly depression.
		0	Create a smoke-free environment in all public facilities in ND.
		0	Increase the number of ND women to receive breast and cervical exams.
		0	Trains to Fargo/Minneapolis to reduce road deaths.
		0	Partnership between Federal, State, Tribal agencies and health care agencies to support a mobile mammogram for the state.
		0	Decrease access to ND youth to tobacco.
		0	Increase the use of ND children wearing bike helmets.

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		0	Assist ND youth in making healthy lifestyle choices.
		0	Substance Abuse: At least one high quality in-patient treatment facility in ND with tax support so all may receive treatment when needed.
		0	To enroll all ND eligible children for the CHIP program.
		0	Improved school lunch programs with no transfat.
		0	5 a day education to children in all grades, material sent home for parent.
		0	Substance abuse, more physicians, social workers, nurse, lawyers and teachers, clergy education on recognition of abuse.
		0	Decrease th hours of TV by children and adults.
		0	Mass-media campaign to promote wise nutritional choices.
		0	Decrease street lights to improve visibility of pedestrians & non auto traffic.
		0	Make health issues prominent in schools and university curricula.
		0	Increase walking.
		0	Increase biking in urban areas.
		0	Organize ND restrants/food stores to promote healthy menus.
		0	Public Transportation to decrease traffic/pollution deaths.
		0	Join hands across al entities to continue the efforts of this summit-get to the stage of true collaboration.
		0	Decrease the number of ND youth who start to smoke.
		0	Increase seat belt usage in adults to 80%
		0	Increase number of communities with smoke free business ordinances.
		0	Increase the amount of tobacco settlement dollars for use in medical and treatment issues, as well as, primary prevention.
		0	Improve school nutritional choices
		0	increase the % of women receiving prenatal medical care
		0	achieve 2010 goals related to children's obesity rate
		0	As a matter of policy and procedure - focused interventions include community and sustained efforts.
		0	implement a social marketing campaign regarding underage alcohol consumption in an effort to curb/reverse th ND statistics
		0	achieve 2010 goals for adult obesity
		0	Increase healthy eating among pregnant women.
		0	Increase number of adults with greater than or equal to 5 days of physical activity per week.
		0	Coordinate a wellness message to all citizens through grovenment agencies, medical providers and insurance companies.
		0	Provide incentives for employers to have on site wellness programs

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Lewis & Clark	<i>Jill Leppert</i>	0	Provide expanded drivers training for kids and consider increasing minimum age.
		0	Ensure all ND children under 60 pounds have proper car seats.
		6	decrease obesity
		5	decrease tobacco use in our state
		4	increase the role of prevention of disease and reduce role of acute medical model in dollars spent
		4	increase number of adults being screened for cancer
		4	increase nutrition knowledge of North Dakotans
		3	increase capacity of communities to solve own health problems
		3	reduce fat consumption
		3	promote physical activity
		2	increase number of people young and old who consume five fruits and vegetables daily
		2	change adult attitudes towards teen drinking
		2	increase community awareness and action for diabetes education and reduction of complications
		1	decrease domestic violence and other violence against women
		1	reduce health disparities for race, sex, economic subgroups in the state
		1	inform individuals about health issues so they can make informed medical decisions
		1	reduce alcohol use/abuse among adults, eliminate use among youth
		1	increase percentage of women who breastfeed
		1	decrease suicide among teens
		1	improve quality of care for persons with diabetes and other chronic diseases
1	improve attitudes for positive lifestyles		
1	decrease poverty level in the state		
0	increase access to medical care (i.e. reservations/rural areas)		
0	improve health environment in schools i.e. nutrition and physical activity		
0	decrease impact of food industry and diet supplement dollars on health related legislation (public policy)		
0	reduce the incidence of food insecurity (hunger)		
0	promote a smoke free state		
0	inform public of alternatives available for their health needs (i.e. SNF, home health care, etc.)		

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		0	mass media campaigns for healthy lifestyles
		0	decrease youth access to tobacco
		0	increase the knowledge of patients on how to access health needs
		0	prevent 3 leading causes of death in North Dakota
		0	provide healthy lifestyle education and any risk factors identified at clinic visits
		0	reduce pop consumption and increase milk consumption
		0	cover preventative services by payer
		0	decrease motor vehicle crash deaths
		0	increase school lunch participation
Missouri River	<i>Rodger Wetzel</i>	5	Eliminate all smoking at state capitol (in building). Enforce one area outside as designated smoking.
		4	Interdisciplinary course on college campuses for students in health care and behavioral science curriculum related to wellness/prevention
		4	State universities and colleges include at least 2 courses of health/wellness promotion in general education requirements
		4	Return PE to the curriculum of every student every year
		3	Develop a new model for delivering health care and health services to rural areas in ND
		3	Encourage healthy food and drink choices in schools by pricing them lower than less healthy choices
		3	Present obesity data to the public in a consumer-friendly manner
		2	Develop a statewide tobacco prevention program targeted at ND youth. (comprehensive)
		2	Create incentives for lifestyle changes in health insurance policies
		2	Encourage youth voice on wellness
		2	Develop community fitness or activity challenges - people who reach certain milestones receive some recognition
		2	All buildings associated with state agencies or receiving state funding are smoke free by July 1, 2003
		2	Physical therapy as an entry level practitioner for musculoskeletal and cardiovascular screening
		1	Develop a plan for coordinated preventive and health services for the elderly population
		1	Have state agencies report annually on their wellness activities
		1	Implement a public awareness campaign to accompany all Healthy ND strategies
		1	Build healthy ND programs on facts - not half truths misconceptions or PC ideas
		1	Develop a mental health awareness campaign for schools, colleges and communities
		1	Develop a marketing program to push unique/healthy N. Dakota food products

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		1	Conduct focus group sessions and get community level input on healthy ND methods
		1	Develop and implement a comprehensive health education curriculum for ND schools
		1	Increase collaboration between health ministry groups throughout the state to incorporate spirituality prevention wellness
		1	Increase activity level of persons 50 and older
		1	Encourage communities to develop group/family activity options (e.g. walking/biking paths, mall walking, nature trails)
		1	Coordinate with schools "No TV" week - publish calendar of alternate activity ideas
		1	Provide basic nutrition and exercise info/recommendations in a variety of venues e.g. state web site, church bulletins, organization newsletter
		1	Encourage appreciation of the diversity in ND peoples
		0	Reduce the availability of carbonated beverages (machines) in schools
		0	Promote wellness in ND workplaces
		0	Reduce percent of adolescents and adults who binge drink
		0	Reduce incidence of smoking in adolescents and adults in ND
		0	Nurture connections and partnerships
		0	Encourage religiously and spiritually diverse conversation
		0	Create a wellness mentoring
		0	Increase number of MDs and advanced practice RNs assessing all risk factors during physical exams
		0	Increase health insurance coverage for preventive services
		0	Develop a minimum of 40 county health coalitions to address all types of prevention health promotion including tobacco, AOD, Diabetes, coronary diseases, etc.
		0	Rejuvenate interest and participation in the Prairie Rose Games
		0	Build nutritional programs on facts - not half truths misconceptions or PC ideas
		0	Build the wellness program on facts - not half truths misconceptions or PC ideas
		0	Identify and name special "resource gifts" of individuals and organizations
		0	Increase the use of nurse practitioners as primary healthcare providers
		0	Increase physical activity in middle age population: bike paths, fun exercise sessions @ workplace
Peace Garden	<i>Tracy Miller</i>	5	incentivize people to choose healthy behaviors. Help employers worksite and businesses to support a more healthy lifestyle, to get more exercise, no smoking, etc. Design insurance incentives for families with healthy lifestyles. Increase the number of
		3	establish policy for daily activities in schools. Increase number of schools that delay starting until 9:00 am. Increase number of schools with closed lunch hour. Increase number of schools that implement comprehensive school health programs. establish

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		3	use more of the tobacco money for cessation
		3	regulate access to junk foods and soft drinks in schools and provide healthier alternatives
		3	strengthening school physical education requirements so that each grade level receives it as well as making it practical and as a guide for continuing physical activity once out of school.
		2	increase the number of health care facilities using effective patient reminder systems. increase the number of people getting age appropriate and proven effective screening .
		2	increasing tobacco tax and dedicate the dollars to prevention strategies that are proven effective
		2	increase walking and bike trails in ND communities
		1	provide data on nutritional value of ND food products.
		1	reduce tobacco use in all ND citizens (youth, pregnant women, Am Indian population.
		1	survey Indian people for malnutrition and intervene when it is found - decrease the amputation rate
		1	survey elderly people for malnutrition and intervene when it is found: improve activities of daily living
		1	identify malnutrition in school age children
		1	Provide incentive programs/groups for overweight children/teens that could meet regularly and not be too costly.
		1	address the legislative smoking offenders in the capitol building. increase the number of workplaces and grounds that are tobacco-free.
		1	have each community responsible for the health in their community. provide better data for local communities. State wide data is not as relevant.
		0	development of a plan for smoke-free dining
		0	help employers in the workplace the opportunity for their employees
		0	increase the number of health care providers that discuss healthy behaviors with patients
		0	rollout a progressive plan to change community norms or acceptance of youth risks as being ok. Also include the role model by adults component. Get tough on lack of rural and city policy of bars serving kids. Strengthen the penalties for parent and teen
		0	lack of organized opposition to non-FDA regulation of food/health products (the amount of misinformation allowed. Regulate food product advertising during children shows
		0	there should be a policy for physical activity in school, not necessarily in physical education. Ex. Students would walk at least 15 minutes during the day
		0	regulate the food industry. Is there a need for such large portions, pop containers or offer two sizes with two different prices.
		0	help employers/businesses support breastfeeding moms by providing space and time for pumping
		0	mental health - increase coverage of services for children/teens
		0	provide incentive programs/groups for overweight children
		0	increase the number of communities that offer effective parenting programs and support.
		0	develop a more collaborative effort to work with tribal organizations
		0	put back physical education and health as an elective toward a major in colleges/universities .

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		0	help create areas in communities that promote physical activity especially in ND with long cold winters.
		0	educate legislature about the costs of chronic versus preventive or primary care
		0	state government and employees should set the example.
		0	more efforts to be spent on prevention rather than treatment, ex. smoking , teen pregnancy
		0	build health leadership and capacity in the local community
		0	restructure Medicaid to encourage use of preventive medicine
Red River	<i>Terry Bohn</i>		
		4	Establish a system for local communities to form coalitions and develop their own local action plans
		3	Develop a state wide management system and sustainable council of players to maintain the effort.
		3	Include tribal councils and tribal chairmen in the wellness planning process
		3	The governor should institute a youth council made up of teenagers to address issues teenagers face
		3	Improve the health of North Dakotans - improve health outcomes in health indicators eg, physical activity, tobacco use, obesity, etc.
		2	Statewide comprehensive CDC-based tobacco program
		2	The financial benefits of wellness must be promoted. WWE must get the message out that wellness directly translates into more money in pockets
		2	Decrease the alcohol and tobacco use of adults, striving to change community norms
		2	Include broad involvement in a state wellness program, including govt agencies, local govt, employers, health groups and professions, insurers, etc.
		1	I support ND being a tobacco free state. Tobacco users are a price sensitive group and a special tax only in ND with the proceeds going to ND ag subsidies
		1	One data center for ND
		1	Increase the number of bicycle paths /walking paths in each municipality, area. Promote cross country ski trails, any kind of movement
		0	ND should discourage the use of tobacco products by expanding ___ programs, restricting public use of tobacco and initiating other ----- to eliminate tobacco use
		0	Promote healthy weight at any size and "whole person" approach to wellness
		0	Mentoring adolescents to create a positive network
		0	Accurate data access to ND-specific information relating to wellness
		0	ND should promote responsible alcohol use by encouraging alcohol abstinence during pregnancy, eliminate driving under the influence, encouraging moderation in alcohol consumption and eliminate programs that -----alcohol use
		0	Provide a mechanism for networking state wide services and resources related to wellness-a framework for health improvement
		0	Rural communities utilize mental health services as a healthy outlet
		0	Collaborate with other health/wellness plans being generated in the state. eg the governor's/ Attorney Gen substance abuse plan

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Roosevelt Park	<i>H. David Wilson</i>	0	ND will improve the fitness of its citizen by encouraging learning about safe exercise regimes and participation in self directed programs
		0	ND should encourage proper nutrition for its people by establishing a nutrition education program teaches how to identify, select and prepare healthful foods
		10	Tobacco (was 'smoke') free public places
		9	Eliminate pop machines from public school buildings
		8	Reduce tobacco use among youth
		6	To make physical education a mandatory component of curriculum from K through 12
		5	Healthy Choices for school lunch programs
		5	Decrease the number of youth who are overweight
		4	Educate state policymakers/legislators regarding healthy North Dakota
		4	To decrease binge drinking; especially among teens and young adults
		4	Locally grown food like beef & grain for North Dakota
		2	Reduce / decrease number of suicides
		2	Implement AED program in all public buildings
		2	Special emphasis on Native Americans - to increase their quality of life
		2	Reduce tobacco use among adults
		2	Worksite Employee incentive programs
		1	To prepare for the continued graying of North Dakota through Health promotion
		1	Educate North Dakotans on the state of health of Native Americans
		1	Auditing of health programs, to ensure the inclusion of Native Americans
		1	Enhance PE - include education on Health, Fitness, Wellness
		1	Eliminate disparities in tobacco use (ie., Native American, low income)
		0	Exercise policy for group organizations
		0	Educate families on diabetes: a.) intervention, b) prevention
		0	Improve the translation of science into practice in all facets of health
		0	Increase number of tobacco free worksites
		0	Mandatory drug testing for public officials
0	Statement of Health - "ND Declaration of Health"		

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		0	Role Model Programs - Fit Govenor, Fit Leaders, Fit Kids, Fit Elderly
		0	Implement Wellness - Programs for state workers (as an example for other employers)
		0	Increase enforcement of ND Seatbelt Law
		0	Decrease the number of adults who are overweight
		0	Challenge among organizations on losing weight
		0	Access, greater access to quality healthcare services
		0	Implement program to identify/award halthy businesses, ie Welcoa Model
		0	Reduce the number of youth who begin using tobacco products
		0	Increase number of health providers who promote /use effective tobacco cessationh models. (Institutionalize the model - include in Med sc curriculum)
		0	Promote health insurance coverage of tobacco counseling & cessation
		0	Reinstate Physical education as a requirement for general ed in university systems across the state
		0	Increase public awareness regarding mental health issues
		0	investigate the feasibility of holding k-12 school from 10:00 am - 5:00 pm : decrease tobacco/alcohol use; decrease PG ; increase consumption of breakfast
		0	Investigate the possibility of pre-tax \$\$\$ for halth/wellness activities ie., fitness memberships, smoking cessation classes
Sakakawea	<i>Mary Ann Foss</i>	7	Make physical education a top priority in schools.
		6	Partner with tribal governments to develop programs for Indian people.
		5	Work with individuals employers on developing on site wellness programs with incentives for decreasing health risks.
		5	Advocate for more insurance coverage for preventive services.
		3	Invest in prevention research & ND prevention products.
		3	Establish community wellness programs at the local level.
		2	Support for breastfeeding for employed women.
		2	Establish representative consumer advisory panel to guide plan.
		2	Reduce the poverty level of AI reservations in the state by creating economic incentives to create and sustain jobs on the reservations.
		2	Provide reduced workmen's comp. premiums to businesses that offer worksite wellness programs
		2	Reward ND hospitals that meet 'baby friendly' criteria for breastfeeding promotion/support.
		2	Increase collaboration with "non-traditional" partners. Education, justice, transporation, labor, housing, etc.
		1	Set nutritional standards for school vending and other fund raising activities.

<i>Room</i>	<i>Facilitator</i>	<i>Votes</i>	<i>Snow Card Idea</i>
		1	Provide and fund smoking cessation clinics.
		1	Align education resources and communication/outreach funding for key health enhancement goals.
		1	Advance the health of 37000 college students attending higher education in the state of ND by adopting behavioral and harm reduction strategies regarding sex, alcohol, drugs, nutrition, exercise, etc.
		1	Assure inclusion by race/ethnicity, gender, age, orientation
		1	Zoning to require sidewalks, trails, and open space in new housing developments.
		1	Influence/mandate more healthy choices for school lunch programs and eliminate unhealthy vending on school campus.
		1	Implement statewide secondary prevention "Champ" tracking
		0	Draw on the wisdom of the older adult, how did they become old and what can we use from their experience. Since we have a lot of elders not use their knowledge.
		0	Actively engage tribal nations in ND to develop their own plans.
		0	Develop good info graph, crib notes to effectively communicate "Healthy ND"
		0	Use every opportunity to educate public of risks of inactivity and high-fat diets - mailings, media, campaigns, one to one.
		0	Develop a strong prevention focus.
		0	Paid maternity leave.
		0	Promote healthier ND and ethnic food choices, especially in rural ND cafes and for ND hospitality industry.
		0	Improve the way we recognize entities/individuals for work to enhance health & network to share best practices across ND.
		0	Set nutritional standards for a la carte school food service items.
		0	Develop comprehensive and integrated plan.
		0	Increase physical activity of youth and adults.
		0	Reduce youth smoking by increasing surveillance and prevention funding and raising taxes on cigarettes.
		0	Include a strong evaluation component - process, outcome, economic.