



NORTH DAKOTA
DEPARTMENT *of* HEALTH

DON'T FLUSH

unwanted household medications
or pour them down the drain.

Keep North Dakota's Water Clean!

Flushing or trash disposal of unused and unwanted medications can cause pollution of lakes, streams and water supplies.

What to do...

- » **Follow these steps for proper trash disposal.** (Use the same steps for the disposal of narcotics and other controlled substances.)
 - o **Remove** medications from their containers.
 - o **Mix** them with an undesirable substance like kitty litter or used coffee grounds.
 - o **Conceal or remove** personal information, including Rx number, on the empty medicine containers by covering it with black permanent marker or by scratching it off.
 - o **Wrap** the medication mixture and the empty containers in newspaper to help conceal them from children and pets and place them in the trash.

- » **Whenever possible**, return medications at take-back events or participating pharmacies:
[http://www.disposemy meds.org/index.php/
pharmacy-locator](http://www.disposemy meds.org/index.php/pharmacy-locator)

For more information,
visit <http://www.ndhealth.gov/wm>

