

Resource Booklet for Children With Autism Spectrum Disorders



NORTH DAKOTA
DEPARTMENT *of* HEALTH
Children's Special Health Services

Table of Contents

Specialty Health Services	1
Therapy Providers for Autism Spectrum Disorders	3
Resources for Treatment for Autism Spectrum Disorders	5
Family Support Services	9
Information and Referral Services	13
Organizations	14
Libraries and Education.....	17
Financial Help	18
Websites	22
Statewide Tribal Programs	23

Disclaimer

The content within this booklet is for informational purposes only. It is not intended to be a substitute for professional medical advice. Families are encouraged to discuss the information in this booklet with their child's doctor or other health-care providers.

Specialty Health Services

For nearly all children on the autism spectrum, evaluation by an experienced team of professionals is necessary for an accurate diagnosis and optimal treatment planning. Families are an essential partner to the team as they are the principle caregiver and the center of strength and support for the child. The link below provides access to a resource that offers guidelines for the care of children with an autism spectrum disorder: www.ohsu.edu/cdrc/medicalhome/docs/autism.pdf.

Multidisciplinary Clinics

For more information about CSHS clinics, review the following link:
www.ndhealth.gov/cshs/docs/clinic-schedule.pdf.

Great Plains Interdisciplinary Autism Diagnostic Clinic (GPIC):

Children's Special Health Services (CSHS) supports autism clinics in Jamestown and Minot. The purpose of these clinics is to provide diagnostic services, including screening and follow-up services, to families of referred children. Referrals most often are made by local providers but can also be made by families. Two children are screened at each clinic in an arena-style format. In this environment, the interdisciplinary team works in one room with the family present to perform screening and provide recommendations to the family.

The sites for the autism clinics are listed below:

Jamestown	Anne Carlsen Center 701 3rd Street Northwest Jamestown, ND 58401	Minot	Minot State University Campus 500 University Avenue West Minot, ND 58707
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For more information, contact Connie Irely, GPIC's Family Support Specialist at 800.233.1737 or connie.irely@minotstateu.edu.

Sanford Health's Pediatric Developmental Evaluation Clinic (Fargo):

This clinic is for any child (age 6 months and up) for whom a full developmental assessment is warranted. In the clinic, each child is evaluated fully by a speech therapist, occupational therapist, pediatrician and dietician. The families also are seen by a medical social worker and a registered nurse. Diagnosis of an autism spectrum disorder facilitates at least one follow-up visit with the child and family. These visits are intended to monitor the child's progress and ensure that appropriate services are in place for the child and family. For more information, contact Sanford Health's Coordinated Treatment Center at 800.828.2901.

Altru's Developmental Assessment Clinic (Belcourt and Fort Totten):

These clinics (sponsored by a grant through CSHS) provide annual developmental assessments for high-risk children in Belcourt and Fort Totten. A team of specialists perform comprehensive evaluations to determine the need for further services. For more information, call Tiffani Peterson at 701.780.2477.

Altru's Pediatric Developmental Clinic (Grand Forks):

This clinic serves children who are considered to be at risk for developmental issues. Located in Altru's Main Clinic, the Pediatric Developmental Clinic integrates physical and occupational therapy screenings as well as nutrition services with the child's physician appointment. Together, the team then determines if the child has a need for additional services. For more information, call Tiffani Peterson at 701.780.2477 or Altru Pediatrics at 701.780.6110.

GPAST

Great Plains Autism Spectrum Disorders Treatment Program (GPAST):

GPAST provides training, research and diagnostics to North Dakota children and youth suspected of having or diagnosed with autism spectrum disorders. GPAST services currently are being provided through community-based screening and diagnostic clinics, as well as a variety of research studies. GPAST supports infrastructure development and technology innovations for service delivery to rural families of children with autism in North Dakota. For more information, visit www.ndcpd.org/autism or call 800.233.1737.

Genetic Services

Genetic/Birth Defect Clinics are held periodically throughout the state. For clinic schedule information, call CSHS toll-free at 800.755.2714 or contact the following:



Division of Medical Genetics
Department of Pediatrics
School of Medicine and Health Sciences Room 5910
501 Columbia Road North STOP 9037
Grand Forks, ND 58201
Telephone: 701.777.4277 or 701.772.5301
www.med.und.nodak.edu/pediatrics/genetics

Sanford Health Medical Genetics
737 Broadway North
Fargo, ND 58102
Telephone: 701.234.2362
www.north.sanfordhealth.org/

Informed Medical Decisions (telehealth genetic counseling services)
North Dakota Contact - Marie Schuetzle, MS, CGC
Senior Genetic Counselor
Telephone: 760.230.4251
Fax: 760.203.1194
www.informedDNA.com

Therapy Providers for Autism Spectrum Disorders

Bismarck:

Medcenter One Pediatric Rehabilitation
701.323.6097
www.medcenterone.com

Red Door Pediatric Therapy
701.222.3175
www.reddoorpediatric.com

St. Alexius Pediatric Therapy
701.530.5550
www.st.alexius.org

Dickinson:

Rehabilitation Visions
701.483.9400

Fargo:

Beyond Boundaries Therapy Services
701.356.0062
www.beyondboundaries.us

Fargo-Moorhead Pediatric Therapy
701.261.4643
www.fargo-moorheadpediatrictherapy.com

Essentia Health Pediatric Therapy Services
701.364.6247
www.innovishealth.com

Sanford Health
701.234.6500
www.north.sanfordhealth.org/medicalservices

North Dakota Autism Center
701.277.8844
www.ndautismcenter.org

Pediatric Partners:
701.232.2340
www.pediatrictherapypartners.com

Grand Forks:

Altru Health System Pediatric Therapy Services
701.780.2477
www.altru.org

Little Miracles, Inc.
701.772.3851
www.littlemiraclesinc.com

Hettinger:

West River Health Services
701.567.4561
www.wrhs.com

Jamestown:

Jamestown Hospital
701.952.4842
www.jamestownhospital.com

Minot:

Trinity Health
701.857.5623
www.trinityhealth.org

Valley City:

Mercy Hospital
701.845.6580
www.mercyhospital.biz

Williston:

Mercy Medical Center
701.774.7436
www.mercywilliston.org



Anne Carlsen Center (ACC) offers a rich tradition of empowering individuals with disabilities and their families. Their experienced staff provides compassion, training, services and supports in homes and communities across North Dakota. On the Jamestown campus, they meet the educational, residential and therapeutic needs of children and young adults with autism, behavior disorders, medical fragility and other developmental disabilities. They also provide services in the home through customized supports for individuals from birth to age 21. In addition, through their community-based services (i.e. in-home supports and community day supports), Anne Carlsen accommodates individuals of all ages, including adults.

www.annecenter.org

Fargo:

1323 23rd Street South
Fargo, ND 58103
701.364.2663

Grand Forks:

2860 10th Avenue North
Suite 400
Grand Forks, ND 58203
701.757.4200
888.815.3770

Jamestown:

701 3rd Street NW
Jamestown, ND
701.252.3850
800.568.5175

Autism Waiver will give families access to an evaluation team that can validate their child's diagnosis and serve as a resource for the family's local service providers. Qualifying families will also receive training, help coordinating services, and access to in-home support staff to help provide structured activities focusing on communication, behavior, and other individual needs. The waiver will also provide financial help with the cost of equipment, supplies, and environmental modifications. To apply, contact the Developmental Disabilities Unit at one of the eight Regional Human Service Centers. www.nd.gov/dhs/locations/regionalhsc

Birth to Three Early Intervention is a support and service program designed to help families with children, from birth to age 3, with disabilities and/or developmental delays. The goal of this program is to improve a child's development and to increase involvement in family and community life. By partnering with families, ND Early Intervention provides them with the tools and support they need to help their child be successful. Qualifying families have access to a wide array of professionals, including case management and an experienced parent specialist. Anyone, including family members, can refer a child for a free developmental evaluation, with eligibility based on the following criteria:

- Displays a 50 percent delay in any area of development (cognition, communication, motor, self-help, or social emotional skills).
- Displays a 25 percent delay or more in any two areas of development.
- Has a diagnosis or disability that impairs typical development.
- Has a significant health condition that puts them at high risk for developmental delays.
- Has vision or hearing loss.

ND Early Intervention also includes a screening program called Right Track. This program offers free developmental screenings and parent information. To make a referral or to learn more, call 800.755.8529.

Resources for Treatments for Autism Spectrum Disorders

The Centers for Disease Control and Prevention (CDC) divides ASD treatments into four categories: behavior and communication approaches, dietary approaches, medication, and complementary and alternative medicine. Because potential autism treatments are evolving continuously, an “other” category also may be considered.

The National Institute of Mental Health and the Autism Society of America suggest a list of questions parents can ask when planning treatments for their child:

www.nimh.nih.gov/health/publications/autism/treatment-options.shtml

Behavior and Communication Approaches

Applied Behavior Analysis (ABA):

www.behavior.org/autism

www.abaresources.com

www.aba4autism.com

Different types of ABA include (but are not limited to):

- Discrete Trial Training (DTT)
www.polyxo.com/discretetrial
www.dtttrainer.com
- Pivotal Response Training (PRT)
www.autismspeaks.org/treatment/prt.php
www.dbpeds.org/articles/detail.cfm?TextID=229
- Early Intensive Behavioral Intervention (EIBI)
www.asaonline.org/intervention/procedures/early.htm
www.bcbs.com/blueresources/tec/vols/23/23_09.pdf
- Verbal Behavior Intervention (VBI)
www.teenagerswithautism.com
www.verbalbehaviorapproach.com/



Auditory Integration Training (AIT):

www.aithelps.com

www.aitinstitute.org



DIR®/Floortime™ Model:

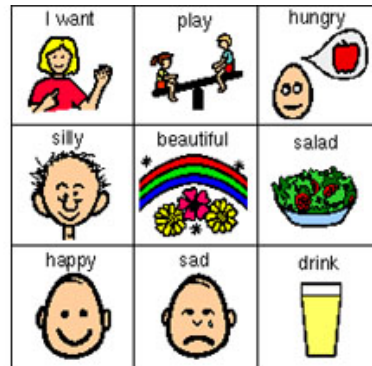
www.floortime.org

Occupational Therapy:

www.webmd.com/brain/autism/benefits-of-occupational-therapy-for-autism
www.aota.org/Consumers/WhatisOT/RDP/Facts/38517.aspx

Picture Exchange Communication System (PECS)

www.polyxo.com/visualsupport/pecs.html
www.pecs.com



Relationship Development Intervention:

www.rdiconnect.com

Sensory Integration Therapy:

www.sensory-processing-disorder.com
www.spdfoundation.net

Speech Therapy:

www.webmd.com/brain/autism/benefits-speech-therapy-autism
www.asha.org/uploadedFiles/public/speech/disorders/TESAutisticSpectrum.pdf

Treatment and Education of Autistic and related Communication-handicapped Children (TEACCH):

www.teacch.com

Dietary Approaches

www.gfcfdiet.com
www.autism-diet.com
www.autismndi.com
www.pecanbread.com
www.nutritionandautism.com



Medication

www.nimh.nih.gov/health/publications/autism/complete-index.shtml#pub4
www.neurologychannel.com/autism/medication.shtml



Complementary and Alternative Treatments (CAM)

From the National Institute of Health (within the U.S. Department of Health and Human Services), the National Center for Complementary and Alternative Medicine defines CAM as “a group of diverse medical and health care systems, practices, and products that are not generally considered to be part of conventional medicine. While scientific evidence exists regarding some CAM therapies, for most there are key questions that are yet to be answered through well-designed scientific studies — questions such as whether these therapies are safe and whether they work for the purposes for which they are used.” (This list is for informational purposes only. It is not intended to be inclusive of all CAM treatments nor does it promote the use of CAM treatments or the use of one over the other.)

Chiropractic Care

www.hopeforautism.us/
www.chiro.org/research/ABSTRACTS/Autism.shtml

Equine (Horse) Therapy:

www.aspeneducation.com/article-equine-aspergers-autism.html
www.horseboyfoundation.org



General Links:

www.talkaboutcuringautism.com
www.autism.com
www.autismone.org
www.generationrescue.org
www.amfoundation.org/autism.html

 Always
 Unique
 Totally
 Interesting
 Sometimes
 Mysterious

Homeopathy

www.recoveredfromautism.com
<http://homeopathy4autism.com>
www.homeopathysnc.org

Music Therapy

www.musictherapy.org/factsheets/bib_autism.pdf
www.musicforautism.org
www.songsforteaching.com/autisticchildren



Oxygen and Hyperbaric Oxygen Therapy

www.healing-arts.org/children/hyperbaric.htm
www.hbotreatment.com/autism

Water Therapy

www.recreationtherapy.com/articles/autismandquatictherapy.htm

www.washingtonpost.com/wp-dyn/content/article/2009/07/21/AR2009072101560.html

www.autismhelp.info/htm/community/sporting/aquatics.htm

Other Treatments

Social Stories™:

www.polyxo.com/socialstories

www.thegraycenter.org

www.sandbox-learning.com

Video Modeling

www.watchmelearn.com

www.modelmekids.com

www.special-kids.com/videolearning.cfm

www.teach2talk.com



As one can see, there are a number of behavioral and educational interventions currently available for individuals with ASD. Not every treatment may be appropriate for every child. One way to determine if a particular treatment may be effective is to evaluate the research. The National Standards Report from the National Autism Center (NAC) utilizes a Strength of Evidence classification system to demonstrate the NAC's confidence about the efficacy of a specific intervention. Ratings reflect the quality, quantity and consistency of the research findings. The 2009 National Standards Report can be found online at:

www.nationalautismcenter.org/pdf/NAC%20Standards%20Report.pdf



The Autism Awareness Ribbon:

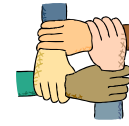
The puzzle pattern of this ribbon reflects the mystery and complexity of autism.

The different colors and shapes represent the diversity of those living with this disorder.

The brightness of the ribbon signals hope - hope through research and increasing awareness in people like you.



Family Support Services



Care Coordination for Children with Special Health-Care Needs meets the complex health needs of children and their families often requires special assistance in the form of care coordination. The Care Coordination Program through Children's Special Health Services (CSHS) helps eligible families access services and resources in their community and, when needed, across multiple service delivery settings. For more information, refer to the following websites:

- Medical Home –
www.medicalhomeinfo.org
- Grand Forks Public Health –
<http://grandforksgov.com/gfgov/Health.nsf/Pages/Care+Coordination>
- County Social Services –
www.nd.gov/dhs/locations/countysocialserv/index.html
- North Dakota Integrated Services –
www.ndcpd.org/ndis/

Child Care Assistance Program

North Dakota Department of Human Services
600 East Boulevard, Dept 325, Bismarck, ND 58505
701.328.2332 Public Assistance Toll Free Number: 800.755.2716
Services: Provides financial assistance to low-income families for child care costs.
www.nd.gov/dhs/services/financialhelp/childcare.html

Child Care Resource and Referral

Services: Assistance locating child care and other related services.
Bismarck – 701.223.1510 or 888.223.1510
Fargo – 218.299.7026 or 800.941.7003
Grand Forks – 701.772.3435 or 888.778.3435
Minot – 701.838.7800 or 800.450.7801
Jamestown – 701.252.0350 or 888.767.0350
www.ndchildcare.org



Disability Services Division provides services to North Dakota citizens of all ages with developmental disabilities. Call your regional Human Service Center or the Disability Services Division at 800.755.8529.

www.nd.gov/dhs/services/disabilities

- **Family Care Option** provides respite care to families through short-term foster home placement.
- **Family Subsidy Program** provides financial help needed by the family to care for the child at home.
- **Infant Development Program** provides intervention services in the home or other natural settings by trained professionals to promote optimum development of children from birth through age 2.
- **Respite Care Program** provides services of a specially trained caregiver to provide the family with occasional relief from the stress of providing care.
- **Right Track** provides child development consultations for children from birth to age 3. For more information, call 800.755.8529.
- **Supportive Home Care** assists with and teaches parents about the special care the child needs.
- **Experienced Parent Program** provides support services to parents with children enrolled in early intervention.

Family Voices of ND is a health-care information and education center, which includes the Parent to Parent Project, a program that offers emotional support to families.

701.493.2634 or 888.522.9654

www.fvnd.org

FamNet supports collaboration between family support organizations to improve health outcomes for families of children, youth and adults with special health-care needs and/or disabilities. Partner agencies have come together to develop a portal to help guide others to agencies that will best help meet family needs.

www.ndcpd.org/ndfamnet

Federation of Families provides support and advocacy for children's mental health.

701.250.1795 or 800.492.4951

www.fcsn.org

Legal Services of North Dakota

P.O. Box 1893
Bismarck, ND 58502-1893
701.222.2110 or 800.634.5263

National Alliance on Mental Illness North Dakota

P.O. Box 3215
Minot, ND 58702-3215
701.857.3345



National Dissemination Center for Children with Disabilities (NICHCY) is an information clearinghouse that provides free information about disabilities and disability-related issues. For more information, call 800.695.0285.

www.nichcy.org

Pathfinder Family Center, Inc.

Statewide Parent Training & Information
1600 2nd Avenue SW, Ste.19
Minot , ND 58701
701.837.7500 or 800.245.5840
www.pathfinder-nd.org

Protection and Advocacy Project

400 E. Broadway, Ste. 409
Bismarck, ND 58501
701.328.2950 or 800.472.2670
Fax: 701.328.3934
TTY: 800.366.6888
www.ndpanda.org

Regional Resource Centers for Independent Living provides services that help young people with disabilities with transition from home and school to the work place and independent living.

www.freedomrc.org/links.html

Dakota Center for Independent Living

311 East Broadway
Bismarck, ND 58501
701.222.3636 or 800.489.5013

Options Interstate Resource Center

318 3rd St NW
East Grand Forks, MN 56721
218.773.6100 or 800.726.3692

Freedom Resource Center

2701 9th Avenue S, Ste. H
Fargo, ND 58103
701.478.0459 or 800.450.0459

Independence, Inc.

300 3rd Avenue SW, Ste F
Minot, ND 58701
701.839.4724 or 800.377.5114

Ronald McDonald House Charities provides a temporary residence near the medical facility where family members can sleep, eat, relax and find support from other families in similar situations. In return, families are asked to make a donation, but if that isn't possible, the stay is free.

Bismarck: 609 N. 7th Street, Bismarck, ND 58501 701.258.5076 www.rmhcbismarck.com

Fargo: 1330 18th Ave South, Fargo, ND 58103 701.232.3980 www.rmhcfargo.org



Information and Referral Services

Children's Special Health Services (CSHS)

North Dakota Department of Health
State Capitol – Judicial Wing
600 East Boulevard Avenue, Dept 301
Bismarck, ND 58505-0200
701.328.2436
Toll-free: 800.755.2714
Relay TDD: 701.328.3975
E-mail: dohcshsadm@nd.gov

Children's Special Health Services is a program that helps children with special health-care needs and their families. Individuals are encouraged to call CSHS for free health-care information. CSHS can also help with referrals to health-care providers and special programs for children with chronic health conditions.

www.ndhealth.gov/cshs



County Social Services

Administers economic assistance and social service programs. To inquire about assistance, please check your local phone book under county government.

www.nd.gov/dhs/locations/countysocialserv

Pediatricians and Family Doctors

Lists of primary care doctors who practice in North Dakota are available upon request. All children benefit from a medical home. A medical home is not a building, but rather an *approach* to providing comprehensive medical care. In a medical home, a physician or other medical provider works in partnership with the family/patient to assure that the medical and non-medical needs of the child/youth are met. Through this partnership, the medical provider can help the family/patient access and coordinate specialty care, educational services, out-of-home care, family support, and other public and private community services that are important to the overall health of the child and family.

Public Health

Local public health units provide a variety of services such as immunizations, home visits, high-risk infant follow-up, general child health services, community wellness programs, and school health screenings.

www.ndhealth.gov

Organizations

Autism Society of North Dakota (AutismND)

Purpose: Increase public awareness; advocate for appropriate services; provide information regarding treatment, education, research and advocacy.

800.328.8476 (800.3AUTISM)

www.autism-society.org

www.autismnd.org

Autism Speaks

Purpose: Provides funding for research into the causes, prevention, treatments and a cure for autism; to increase awareness of autism spectrum disorders.

888.288.4762 (888.AUTISM2)

www.autismspeaks.org

National Autism Association of Central North Dakota

Purpose: To create direct-assistance programs for families affected by autism; to provide autism research funding, ongoing advocacy, support and education.

877.622.2884 (877.NAA.AUTISM)

www.nationalautismassociation.org

www.naacentralnd.org

North Dakota Autism Center, Inc. (NDAC)

Services: NDAC offers The *AuSome* Kids Day Program and AuSome Kids 1:1 Early Intervention Program. The Day Program is a center-based child care program for preschool and school age children with autism spectrum disorders and similar disabilities. The Early Intervention Program is a personalized program for children with autism spectrum disorders. The NDAC staff uses positive reinforcement, prompting and social stories to assist the development of communication skills, appropriate play skills, social interaction skills, academic skills, and self-help skills as well as the reduction of challenging behaviors.

4733 Amber Valley Parkway, Suite 200

Fargo, ND 58104

701.277.8844

www.ndautismcenter.org

Talk About Curing Autism (TACA)

TACA holds monthly meetings that feature educational speakers on important topics and allow family members to connect with one another and stay on top of the latest information in the autism world. Each TACA group maintains a resource library of the latest autism books and DVDs/CDs that can be checked out by members at no charge.

www.talkaboutcuringautism.org

www.groups.tacanow.org/north-dakota/index.html

Easter Seals Goodwill ND, Inc.

Services include, but are not limited to: Respite or relief care, personal care services and domestic homemaker services, equipment loan, advocacy for individuals with disabilities, and information and referral.

Dickinson: 2125 Sims Street
PO Box 361
Dickinson, ND 58602-0361
866.895.1587

Fargo: 15 South 21st, Suite 105
Fargo, ND 58103-1435
866.895.1588

Grand Forks: 3651 South Washington Street
Grand Forks, ND 58201-7201
866.876.1015

Jamestown: 203 Business Loop West
PO Box 756
Jamestown, ND 58402-0756
866.897.6004

Mandan: 211 Collins Avenue
PO Box 1206
Mandan, ND 58554-1206
701.663.6828
Toll-free: 800.247.0698
www.esgwnd.net

Minot: 800 12th Avenue South West
Minot, ND 58701-9114
866.895.1589



Interagency Project for Assistive Technology (IPAT)

Services: Information and referral, training, technical assistance to systems and individuals, equipment loan library, outreach activities, a link between state and private entities, resource development, alternative loan program, and dissemination of assistive technology materials based on consumer input.

P.O. Box 743	3509 Interstate Boulevard	400 East Broadway
Cavalier, ND 58220	Fargo, ND 58103	Bismarck, ND 58501
701.265.4807 or	701.365.4728 or	701.355.4615 or
800.265.4728	800.895.4728	888.540.4728

www.ndipat.org

North Dakota Center for Persons with Disabilities

Minot State University
500 University Avenue West
Minot, ND 58707
701.858.3000 or 800.777.0750

www.ndcpd.org

North Dakota Chapter of the March of Dimes Birth Defects Foundation

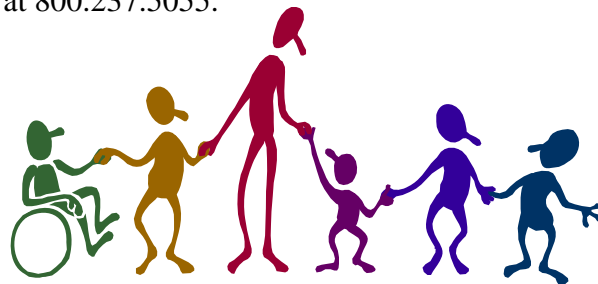
1330 Page Drive, Ste. 102
Fargo, ND 58103
701.235.5530

www.marchofdimes.com/northdakota/northdakota.asp

Shriners Hospitals for Children-Twin Cities

Services: Provides care for children (17 and younger) with orthopedic problems and burns. Some of the common orthopedic problems treated at Shriners include scoliosis, osteogenesis imperfecta, orthopedic problems of cerebral palsy, hand problems, back problems, limb deficiencies and growth problems, orthopedic problems of spina bifida with myelodysplasia, club foot and dislocated hip, leg-length discrepancies, orthopedic problems resulting from neuromuscular disorders, legg-perthes disease, rickets, and juvenile rheumatoid arthritis. Evaluation clinics are offered throughout North Dakota. For more information, call Shriners Hospital for Children –Twin Cities at 888.293.2832 or the patient referral line at 800.237.5055.

www.shrinershq.org



The Arc of North Dakota



Services: The Arc is a member and volunteer-driven nonprofit organization that offers advocacy, education and family support to children and adults with intellectual disabilities and related developmental disabilities and their families.

Bismarck: The Arc of Bismarck
1211 Park Avenue
Bismarck, ND 58504
701.222.1854
www.thearcofbismarck.org/

Dickinson: The Arc of Dickinson
PO Box 1421
Dickinson, ND 58601
701.483.4272

Fargo: The Arc of Cass County
255 North University Drive
Fargo, ND 58102
701.293.8191
www.arccassnd.com

Grand Forks: Arc, Upper Valley, Inc.
2500 Demers Ave
P.O. Box 12420
Grand Forks, ND 58208-2420
701.772.6191
[www thearcuppervalley.com](http://www.thearcuppervalley.com)

Valley City: The Arc of Barnes County
700 11th Street NW #135
Valley City, ND 58072
701.845.5845



Libraries

North Dakota State Library – 701.328.4622 or toll-free at 800.472.2104

www.library.nd.gov

Children’s Special Health Services Library – toll-free at 800.755.2714

www.ndhealth.gov/cshs/docs/cshs-resource-catalog.pdf

Pathfinder Services of North Dakota Library – toll-free at 800.245.5840

www.pathfinder-nd.org/lib.html

Prevention Resource Center – toll-free at 800.642.6744

(topics in mental health, substance abuse, aging and disabilities)

<http://odinlibrary.org/ndspr.html>



Education



Head Start

Head Start and Early Head Start are comprehensive child development programs. Regular Head Start programs are for children ages 3 and 4. Some communities offer a program specifically for families with children younger than 3 and pregnant women. A variety of services are provided through Head Start programs, including health, education, parent involvement, family literacy, social services and services for children with disabilities. Call the Head Start State Collaboration office at 800.245.3736 or your local Head Start program.

www.nd.gov/dhs/services/childfamily/headstart

School Nursing

The purpose of school nursing is to support the educational process by contributing positively and significantly to the health, health attitudes and health behaviors of today's children, and consequently, tomorrow's adults. Contact the Department of Health at 701.328.2493 or your local school nurse.

www.ndhealth.gov/school-nursing

Special Education

It is important to locate and identify children who are in need of special services as early as possible. Screening and assessment opportunities offered at school help identify possible areas of difficulty that could interfere with a child’s learning or academic performance. Some children with disabilities may require special education services to address their unique educational needs. Contact the Department of Public Instruction at 701.328.2260 or your local special education unit.

www.dpi.state.nd.us



Financial Help



Bridge to Benefits is a multi-state project sponsored by the Children’s Defense Fund – Midwest Region focused on improving the well-being of families and individuals by linking them to public work support programs and tax credits.

nd.bridgetobenefits.org

Caring for Children provides free health and dental coverage to children of low-income working parents. Children are eligible if they are North Dakota residents, birth through age 18, and are not covered by other health insurance or not eligible for Medicaid or Healthy Steps. Parents must meet income requirements. For more information or to apply, call 701.277.2227 or toll-free at 800.342.4718.

www.ndcaring.org

Children’s Special Health Services (CSHS)

Diagnostic Services – CSHS pays for health-care visits and tests needed to diagnose many chronic health conditions seen in children. To qualify, children must be suspected of having a CSHS-eligible condition. There is no financial eligibility requirement for diagnostic services; however, insurance or other sources of health-care coverage are used when available. Health-care visits must be made with a specialist who is approved to provide services through CSHS.

Treatment Services – In North Dakota, several programs are available that provide health care coverage for children. CSHS is a program specifically for children with special health-care needs. CSHS pays for specialty care that is needed to treat a CSHS-eligible condition. To qualify, families must meet income eligibility guidelines currently set at 185 percent of the federal poverty level. Families with incomes higher than 185 percent still may be eligible with a cost share. Insurance or other sources of health-care coverage are used when available. Health-care visits must be made with a specialist who is approved to provide services through CSHS.

Families apply for CSHS diagnostic and treatment services at their local county social service office. In order to ensure coverage, contact CSHS toll free at 800.755.2714, as provider restrictions and time limits may affect the eligibility start date.

www.ndhealth.gov/cshs/docs/cshs-diagnostic-and-treatment-services-fact-sheet.pdf

Comprehensive Health Association of North Dakota (CHAND) provides comprehensive health insurance to residents of the state who are denied health insurance or are considered high risk. Individuals must be a resident of North Dakota continuously for at least six months and have written evidence from at least one insurance carrier that within the last six months they have been denied health-care coverage or offered coverage which substantially restricts benefits for specific conditions. For more information, call 800.737.0016.

www.chand.org/

Vision Coverage

Vision USA provides basic eye health and vision care services free of charge to uninsured, low-income people and their families.

701.258.6766

www.aoa.org/visionusa.xml

VSP Sight for Students is a charity that provides free vision exams and glasses to low-income, uninsured children.

888.290.4964

www.sightforstudents.org

Prescription Coverage

ND Prescription Drug Repository Program collects and distributes donated medications from hospitals, hospices and other facilities so that pharmacies and physicians can dispense them to those who struggle paying for prescriptions regardless of insurance coverage. The medications and supplies are unopened and secure but cannot be resold to patients.

www.nodakpharmacy.com



Prescription Connection for North Dakota is a program of the North Dakota Insurance Department that connects kids and families with free and discounted prescription drugs direct from the pharmaceutical manufacturer.

888.575.6611

www.rxconnectnd.org

Health-Care Program

United Health Care Children's Foundation embraces and supports the concept of facilitating access to health-related services that have the potential to significantly enhance either the clinical condition or the quality of life of the child and that are not fully covered by the available commercial health benefit plan. The Foundation provides financial assistance toward the family's share of the cost of medical services.

www.uhccf.org

Scholarships

The Social Key is a nonprofit children's charity alliance among families, therapists, educators, social workers, physicians, and the community. The organization supports the unique communication, sensory, behavioral, and social needs of children. The Social Key offers scholarships to families to assist with the financial burdens of raising a socially successful child. The scholarships are awarded annually. Applications are due October 1 and awarded in December.

701.222.3175

www.socialkeynd.org



Dental Coverage



Safety Net Dental Clinics are programs that usually see patients who do not have other access to dental care. The patients typically are covered by Medicaid or the clinic offers sliding fee schedules or reduced fees.

- Bridging the Dental Gap is a nonprofit community dental clinic serving low-income and uninsured individuals in the Bismarck-Mandan area.
701.221.0158
- Family Healthcare Center Dental Clinic is a federally qualified community health center serving low-income and uninsured individuals within the Fargo Red River Valley Region.
701.271.3332
- Red River Valley Dental Access Project serves low-income, uninsured and Medicaid-eligible individuals who have urgent dental pain and do not have access to a dentist in Fargo-Moorhead.
701.364.5364
- Valley Community Health Center Dental Clinic is a federally qualified health center serving low-income, uninsured and insured individuals of all ages in the Northern Red River Valley.
701.757.2100

North Dakota Donated Dental Services is a network of volunteer dentists who provide dental care to the state's most vulnerable people: disabled, elderly or medically compromised individuals who cannot afford necessary treatment nor get public aid.

866.572.9390

www.ndhealth.gov/oralhealth/Publications/Fact_Sheet_Dental%20Access.pdf

Jerene's Wish is a program that provides orthodontic treatment at a minimal cost to eligible children. For more information contact, Warford Orthodontics.

701.255.1311

info@warfordorthodontics.com



Medicaid pays for health services for qualifying families with children and people who are pregnant, elderly or disabled. Screening, diagnosis and treatment for children younger than 21 is provided through the Health Tracks Program. For more information or to apply, contact your county social service office.

www.nd.gov/dhs/services/medicalserv/medicaid

ND Healthy Steps is for children age 18 or younger who do not have health insurance, do not qualify for North Dakota Medicaid and live in families with qualifying income. Call 877.543.7669 for an application.

www.nd.gov/dhs/services/medicalserv/chip



North Dakota Association for the Disabled, Inc. (NDAD) may provide some financial assistance for individuals with disabilities. For more information, call the office nearest you:

- Grand Forks 2660 South Columbia Road, Grand Forks, ND 58201
701.775.5577 or 800.532.6323
- Minot 1808 20th Avenue SE, Minot, ND 58701
701.838.8414 or 888.999.6323
- Williston 309 Washington Avenue, Williston, ND 58801
701.774.0741 or 877.777.6323
- Bismarck 400 E Broadway Avenue, Ste. 306, Bismarck, ND 58501
701.355.4615 or 888.540.4728
- Fargo 3509 Interstate Boulevard, Fargo, ND 58103
701.281.8215 or 888.363.6323

Services: Information and referral, advocacy, equipment donations and financial assistance.
www.ndad.org/

Supplemental Security Income (SSI) provides monthly payments for children who meet disability and financial eligibility requirements. For more information, contact the Social Security Administration.

North Dakota toll-free: 877.319.6044 or National toll-free: 800.772.1213
www.ssa.gov

Women, Infants and Children (WIC) provides nutritious foods, offers information about how to feed your family, and helps you participate in other important health programs. Pregnant women, breastfeeding women and children up to age 5 who meet WIC's liberal income guidelines are eligible to participate. For more information, contact 800.472.2286 or your county WIC office as listed in the phone book.

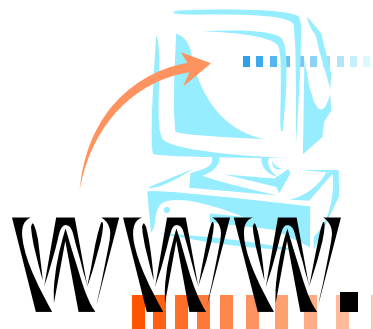
www.ndhealth.gov/wic



Websites

Condition-Specific Websites:

American Academy of Pediatrics: www.aap.org
Anne Carlsen Center: www.annecenter.org
Autism 101 for EMS Providers: <http://www.papremisealert.com/id71.html>
Autism Speaks: www.autismspeaks.org
Autism Web: www.autismweb.com
Autism Society of America: www.autism-society.org
Autism Society of North Dakota: www.autismnd.org
Autism Research Institute: www.autism.com
Autism Today: www.autismtoday.com
Autism Link: www.autismlink.com
C.A.R.D.: www.centerforautism.com
Changing Behavior: www.youcangrowtoday.com
First Signs: www.firstsigns.org
National Autism Association: www.nationalautismassociation.org
North Dakota Autism Center: www.ndautismcenter.org
Red River Valley Asperger Network: www.rivasperger.org
Sound Advice on Autism: www.aap.org/audio/autism



Additional Websites for Families of Children With Special Health-Care Needs:

Bright Futures: www.brightfutures.org
Dr. Greene's House Calls: www.drgreene.com
CDC Parent Portal: www.cdc.gov/parents
Early Intervention: www.nd.gov/dhs/services/disabilities/earlyintervention
Family Village: www.familyvillage.wise.edu
Gillette Children's Specialty Healthcare: www.gillettechildrens.org
Healthy & Ready To Work (HRTW): www.hrtw.org
Institute for Child Health Policy (ICHP): www.ichip.edu
Kids As Self Advocates (KASA): www.fvkasa.org
Mayo Health Clinic: www.mayoclinic.com
Medical Home National Center: www.medicalhomeinfo.org
Medical Home Portal: www.medicalhomeportal.org
MUMS (parent support): www.netnet.net/mums
Need to Know: www.ndcpd.org/n2k
National Organization for Rare Disorders (NORD): www.rarediseases.org
ParentsPlace: <http://parenting.ivillage.com>
Social Security Administration: www.ssa.gov
Starlight/Starbright Children's Foundation: www.starlight.org
University of Minnesota Children's Center: www.uofmchildrenshospital.org

Statewide Tribal Programs

Fort Berthold Indian Reservation

www.mhanation.com/main/main.html

Three Affiliated Tribes

- MinneTohe Health Center 701.627.4701
- Community Health Representative
 - New Town 701.627.3653
 - Mandaree 701.759.3441
 - Parshall 701.862.3872
 - Twin Buttes 701.938.4574
 - White Shield 701.743.4178

Standing Rock Indian Reservation

www.standingrock.org

- Public Health Service Hospital 701.854.3831
- IHS Clinics – Cannonball, ND 701.854.3453
- Community Health Representative
 - Fort Yates 701.854.3856
 - Cannonball 701.854.9926
- Tribal Health 701.854.7206

Fort Totten Indian Reservation

www.spiritlakenation.com

Spirit Lake Nation

- Indian Health Service Clinic 701.766.1600
- Maternal Child Health 701.766.1251
- Tribal Health 701.766.4236
- Community Health Representative 701.766.4238
- Early Childhood Tracking 701.766.1232

Trenton Indian Service Area

www.ndhealth.gov/localhd/TISA

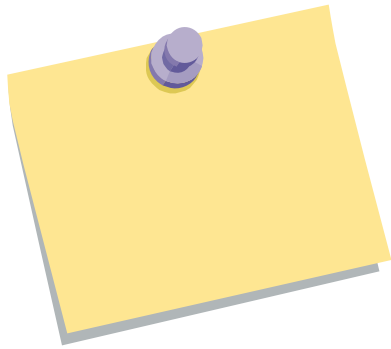
- Trenton Community Clinic 701.774.0461
- Community Health Representative Coordinator 701.774.0303
- Tribal Health 701.774.0461

Turtle Mountain Indian Reservation

www.tmbci.net

- Quentin Burdick Health Facility 701.477.6111
- Community Health Representative 701.477.5696
- Tribal Health 701.477.8469





Notes:





NORTH DAKOTA
DEPARTMENT *of* HEALTH
Children's Special Health Services

600 East Boulevard Avenue, Dept. 301

Bismarck, N.D. 58505-0200

701.328.2436 or 800.755.2714

Fax: 701.328.1645

E-mail: dohcshsadm@ndgov

www.ndhealth.gov/cshs/

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